

COUNSELOR CORNER

August 2025

Where the School Counselor Connects with the Community



Welcome!

Who is the School Counselor?

Hello and welcome to the new school year Commonwealth families! I am excited to introduce myself as the CCSPP School counselor, PPS serving Commonwealth Elementary: Mrs. Laura Streavel (Guadarrama). I look forward to supporting your students, families, and the community at large. Best wishes!

What do School Counselors Do?

As counselors, we support students in the domains of academics, social/emotional, college & career. At the elementary level, we focus on social emotional learning skills, with a solution focused approach. We work to provide a safe and inclusive space for students to learn and grow and be successful.

What Services are Provided?

- School Based Counseling
 - Short term intervention
 - Generally 6-8 weeks
 - Individual Sessions
 - Small Groups/ Lunch Bunches
- Classroom Guidance Lessons
- Crisis Intervention/ Prevention
- Alternative Recess/ Yoga
- Consultations with Parents/ Staff
- Referral Assistance for Outside Care

Need Assistance?

If you feel you or your child needs help, please reach out and I would be happy to work with you to find the best and appropriate counseling support or resource for the need at hand.

Back to School

Back to School time can create a mixed bag of emotions for students, including everything from excitement to anxiety. Remember to check in with your child & help them adjust to the new school year. The transition from summer can be challenging & extra support can help them be successful in the fall.

Resources

Please click the links!

CARE SOLACE

- Referrals for in person counseling
- For students or family members

[Back to School Tips](#)

DAYBREAK

- Referrals for online counseling
- One to One Sessions-Ages 10+
- Family Model Sessions-Ages 5-12

[Understanding Changes in Behavior](#)

➔ Free Webinar: Wed. Aug. 20 5:00pm

HAZEL

- Referrals for online counseling
- One to One Sessions-Ages 5+

[Ease Back to School Transition](#)

Contact Information

Commonwealth Elementary School



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Mrs. Streavel: laura_guadarrama@myfsd.org
Schedule: Mondays & Tuesdays, Alt. Wednesdays

