

Why We Use the Panorama Life Skills Assessment

We want to help students grow not just in academics, but also in how they manage emotions, interact with others, and believe in themselves. The Panorama Life Skills Assessment helps us understand how students feel about things like handling stress, staying focused, building friendships, and having a positive mindset.

Who Sees the Results

Only school staff who work closely with your child, like their counselor, will see the results. It's private and does **not** affect grades. The purpose is to better understand how students are doing and how we can help.

How We Use the Results

We use students' responses to better support their needs. For example, if a student says they are having trouble staying organized or handling emotions, we can provide tools, lessons, or extra support to help. It also helps us see how well our current programs are working and where we can improve.

What the Assessment Looks At:

- **Growth Mindset:** Believing you can improve with effort.
- **Self-Management:** Staying organized and in control.
- **Emotion Regulation:** Managing big feelings in healthy ways.
- **Social Awareness:** Understanding others and getting along.
- **Supportive Relationships:** Knowing you have people you can count on.

How It Works

We are trying this assessment out in some grade levels this year: 3rd, 6th, and 9th grade (some schools are providing it to all 3rd, 4th, and 5th graders). Younger students will get about 30 minutes to complete it with a counselor. Older students will need around 15–20 minutes.

Why This Matters

We care about your child's full development. These assessments help us see how students are doing socially and emotionally, so we can celebrate their strengths and support their challenges. The goal is to build a school environment where every student feels confident, capable, and cared for.