



AHS Parent Newsletter

September 12 2025

Principal's Message

Monday September 15	Tuesday September 16	Wednesday September 17	Thursday September 18	Friday September 19
	Women's Flag vs. Berkeley @ Thompson JV: 6:30, Var 7:45 Women's Volleyball Vs. San Lorenzo @ AHS JV 4:30 and Var 5:30	Women's Golf Vs. Castro Valley @ Redwood Canyon @3pm Women's Tennis Vs. Hayward @ Hayward@3:30pm	Women's Flag vs. Encinal @ Thompson JV: 6:30, Var 7:45 Water Polo Vs. James Logan@ James Logan HS starting at 4pm Women's Tennis vs Berkeley @ San Pablo Park 3:30pm Women's Volleyball Vs. San Leandro @ SLHS-F/S 4:30 JV 5:30 and Var 6:30	Football vs. Mt Diablo – JV 4pm, Var 7pm @ Mt Diablo
Periods: 0-6	Periods: 0,1,2,5,SMART,6	Periods: 0,1,3,4,6	Periods: 0,2,3,4,SMART, 5	Periods: 0-6
3:30pm Dismissal	3:30pm Dismissal	2:27pm Dismissal *AHS Staff Meeting	3:30pm Dismissal	3:30pm Dismissal

School Site Council

I am pushing the ballot out to next week so I can gather information about our folks – this will help you with the ballot. Please look forward to that next week.

Exciting News: Challenge Day Coming to Alameda High School!

If you would like to sign your student up for Challenge Day, [please fill out and submit the following form](#). We are sending this to students as well so they can sign themselves up.

We're excited to announce that we'll be bringing **Challenge Day** to our high school on **October 9th!** This powerful, nationally recognized program is designed to build connection, empathy, and a stronger sense of community among students. In the coming weeks, we'll share more details about how students and families can **opt in** to participate. While we have space for only **100 students** in this first event, we encourage you to [watch videos](#) and [explore more](#) about Challenge Day to see the impact it can have. We may also reach out to families individually to gauge interest. For now, we just wanted to give you a heads-up about this exciting opportunity as part of our ongoing commitment to fostering a supportive, inclusive school culture. Stay tuned for more information!

A Word from Our Counselors

This week all parents of senior year students shall receive a letter from their student's counselor. This letter will provide information about the student's academic standing in terms of meeting the Alameda Unified School District's

graduation requirements. If your student is applying to 4 year college there are additional requirements that need to be met. A copy of your student's transcript will be attached to the letter. Please review this letter carefully and contact your student's counselor if you have any questions or concerns.

On September 16th, 17th and 18th counselors will be visiting all 12th grade English classes to present information to our seniors. These presentations will cover important information in regards to meeting the Alameda Unified School District's graduation requirements and the 4 year colleges A-G requirements. The college application process, requirements for community college applications and 4 year college applications will be reviewed as well. This presentation will be posted on our website under 'Counseling Office Grade Level Curriculum'. If your student is absent during these presentations, please have them check in with their counselor.

College and Career Corner

City Wide College Night will be October 6th from 6-8pm at CoA (College of Alameda) in the Gym. This is a joint effort of AHS, EHS, ASTI and St Joes and is a great opportunity to connect.