

WARWICK VALLEY CENTRAL SCHOOL DISTRICT



WVHS SCHOOL COUNSELING NEWSLETTER



Quarter 1: September- November

WELCOME BACK!

We hope everyone had a restful and relaxing summer break to refuel for the 2025-2026 school year. We are excited to welcome all of our returning students back into the building as well as our new freshmen class!

Reminders

- Students have until September 12th to add any new courses to their schedules (After that date if students drop a class they will only be able to add a study hall to replace the elective).
- Students have until the end of quarter 1 to drop a half year elective (If they drop the course after that point they will receive a "W" on their transcript indicating a failure).

Tips for the School Year

- *If you begin to struggle in any subject area ask your teachers, counselor or parents for help!*
- *Get involved by joining clubs or sports teams.*
- *Stay organized and DO NOT PROCRASTINATE!*



Upcoming Guidance Events

PSAT Registration Deadline

- September 19th (By 3:00pm)
- Counselors went into all 10th and 11th grade classrooms for presentations on 9/8 & 9/9

Homecoming Events

- Spirit week begins September 15th
- Homecoming Parade, Game and Dance are on September 20th

Senior Class SchoolLinks Kickoff Class Presentations

- September 24th & 25th during Seniors Social Studies classes

Senior Appointments Begin with Counselors

- September 29th - October 31st

Club Fair

- September 26th (During Unit Lunch)

Freshman Counseling Presentations Begin

- September 29th- January 31st

Standardized Testing Dates

- **SAT-** sat.org
 - October 4th (WVHS)---Registration Deadline is 9/23
 - November 8th (Out of District)---Registration is 10/28
- **ACT-** act.org
 - October 18th (Out of District)---Registration Deadline is 9/12
- **PSAT**
 - October 18th (8:00am @ WVHS)

College Fair & Financial Aid Night

- October 29th @ 6:00pm

Parent Teacher Conferences

- October 9th & 22nd (5:00pm-8:00pm)

Incoming 9th Open House

- November 12th (7:00pm)

End of Marking Period 1

- November 7th

Seniors

Senior Appointments

Senior appointments will begin September 29th. The meetings will be taking place until the end of October. This meeting is for counselors and students to sit down and build on the conversations from junior meetings in the spring. Post High School plans will be discussed and for the students interested in college the application process will be reviewed.

Students will be scheduled by their counselor during a free period or unit lunch. Students can make an appointment with their counselor. All meetings will be in person and students will receive a calendar invite to their school email with the details.

College Information

All Students who will be applying to colleges in the next several months should be starting the following:

- Create a Common Application Account ([Click here](#))
 - Common Application workshops will take place during the week of 9/29 at unit lunch
- Match SchoolLinks Account with Common Application Account
- Speak with your teachers in person about letters of recommendation and request it through SchoolLinks by adding colleges to your application list
- Fill out transcript request forms for **EVERY** school you apply to (This must be completed 2 weeks prior to colleges application deadlines)
 - [Transcript Request Form](#)
- Come visit college admissions representatives during unit lunch in the guidance conference room when schools visit

Free SUNY Application Week is October 20th- November 3rd (If you plan on applying to SUNYs wait until these dates to apply to up to 5 SUNY schools for FREE!)

Free CUNY Application is November 4th - November 15th (If you plan on applying to CUNYs wait until these dates to apply to up to CUNY schools for FREE!)



Juniors

College Planning

It is never too early to start planning ahead. Get a head start on looking up colleges using SchoolLinks. College representatives visit our high school during unit lunch nearly everyday in the fall. Come stop by and meet with admissions counselors that will one day be reviewing your applications. This is a great way to get more information about schools and ask any questions you may have!

PSATs

PSATs are available to all juniors for FREE! This is an opportunity for your student to get prepared to take the SATs in the spring. The exam will take place on Saturday October 18th at 8:00am. The registration deadline for the PSATs is Friday September 19th. Juniors are eligible to receive scholarships through the NMSQT based on how well they do with scores. Students should sign up for the exam by going to their Guidance Google Classroom Class of 2027. Go to the PSAT/ NMSQT section to find the registration form that needs to be completed.

Tips for Making the Most Out of a College Fair

- Do your homework in advance
- Make connections
- Take notes
- Prepare and know what you want out of a college
- Ask questions

College Fair at Warwick Valley High School

- Wednesday October 29th 6:30pm-8:00pm
- Located in the New Gym



Sophomores

PSATs

Counselors will be going into all 10th grade classrooms to present the information on the digital PSATs.

Counselors will go over registration deadlines, test date, materials needed for the exam and an overview of the digital format. School issued chrome books will also be checked to make sure they have the bluebook app on them. The bluebook app is needed to take the exam.

The PSATs are FREE for all Warwick 10th and 11th Graders. Students must register in order to be signed up for the exam. Students have until September 19th to register through the Guidance Google Classrooms. The google form must be submitted to sign up.

Freshmen

Freshman Counseling Lessons

Counselors will begin to push into Freshman Science Advisory classes at the end of September to begin our monthly presentations with the Class of 2029.

The following topics will be covered during the sessions:

- Getting to know you lesson
- Stress management/ Mental Health
- Goal Setting
- Introduction to SchoolLinks
- 4 year plans/ Future Letters to Self



Counselor Contact Information

Mary Fox

Director of Counseling

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Grade 9: U-Z; Grade 10: U-Z; Grade 11: U-Z; Grade 12: U-Z (plus all Foreign Exchange students)

845-987-3050, Ext. 12601,

[Click Here To Make An Appointment with Me](#)

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Guidance Office

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