

BRICKIE CONNECTIONS

BRICKIE CONNECTIONS # 6: Self Confidence ~ Be Who You Are

Being authentic and true to yourself is the best gift you can give yourself and others. When we worry about what others will think, we're second guessing our own true nature and short-changing both them and ourselves.

CHOOSE A THEME SONG THAT SUMS UP WHO YOU ARE AND PLAY IT.

WHAT SONGS WOULD YOU HAVE ON YOUR PLAYLIST TO MATCH YOUR FEELINGS?

Be Yourself; everyone else is already taken. -Oscar Wilde

WHAT MAKES YOUR AUTHENTIC?

AFFIRM YOUR STRENGTHS, UNIQUE QUALITIES, AND INTERESTS BY DRAWING OR DESCRIBING THEM BELOW