Physical Education (PE)



2025-2026

We Our A School of Excellence

Welcome to the 2025-26 School Year! In this Course Physical Education is designed to introduce students to the fundamentals of a variety of Kinetic Activities. Physical Education provides cognitive content and instruction designed to develop motor skills, knowledge, and behaviors for physical activity, physical fitness, and confidence to be physically active for a lifetime.

Contact Information

Girls P.E.
Coach Romeiser
Mary.romeiser@midlandisd.net
432-557-1490

Boys P.E.
Coach Green
Terrance.green@midlandisd.net

Class Description

This class will focus on lifetime fitness, goal setting, and a variety of activities such as walking, jogging, sit-ups, push-ups , volleyball, basketball, football, aerobics exercises, healthy eating habits, and other games. Goddard Junior High believes that physical activity and participation are important for all students , regardless of the level of skill or ability.

Classroom Expectations:

- Students are expected to responsibly listen and follow directions.
- Respect other people, their feelings, and their personal space.
- Maintain a safe environment for everyone.
- **No Boots** or **Hard sole** shoes on volleyball / basketball Court
- Use the equipment properly.
- **Use appropriate language ABSOLUTELY NO** profanity (no warning parent will be called)
- Use restrooms and drinking fountains before and after class. You will not be allowed to go in my class UNLESS it is an emergency so please take care of business before class.
- Students are expected to hustle, display effort, show good sportsmanship and a positive attitude.
- No student is to leave class,or gym without permission from their coach
- Follow MISD Student HandBook
- Participate in class by **DOING YOUR BEST!**

NO CELL PHONES / ELECTRONIC DEVICES (ear buds, Apple watches) ARE NOT ALLOWED IN THE GYM . CELL PHONES ARE TO BE POWERED OFF AND PLACED IN YOUR BACK PACK, STUDENTS WILL NOT BE ALLOWED TO CARRY THEIR CELL PHONES IN THEIR POCKETS OR TO BE USED ANYTIME DURING THE SCHOOL HOURS (State Law)..

A fee of $15.00 will be collected if a personal cell phone or other electronic devices are confiscated by the campus. The student's parent/guardian may retrieve the device after paying the fee, and after school.

1st Time Student or parent may pick up phone and pay the fee

2nd time Only the parent will be allowed to pick up the phone and pay the fee

Only CLEAR WATER BOTTLES are allowed in the GYM no Stanley Cups or other form of containers, no food, candy and NO GUM.

“ The Raider Way”

RESPECT - RAIDERS are RESPECTFUL

ACCOUNTABILITY - RAIDERS are ACCOUNTABLE

INTERGRITY - RAIDERS have INTERGRITY

Engaged - RAIDERS are ENGAGED

Responsibility - RAIDERS are RESPONSIBLE

Grading Policy

Girls/Boys

Grade of 100 - Participation Grade (Student is active in class and is participating in the activity on hand).

0 - 50 Does not participate in class.

A Journal grade will count as 2 major grades, one at 3wks and at 6wks. Students will need to purchase a composition book **and will be responsible for bringing it to class everyday.**

I have read and understand the rules and regulations set by MISD and the Coaches of Physical Education. Please sign and return it to your P.E. Coach.

Coach Romeiser **Coach Green**

Student _____
Date_____

Parent_____
Date_____

