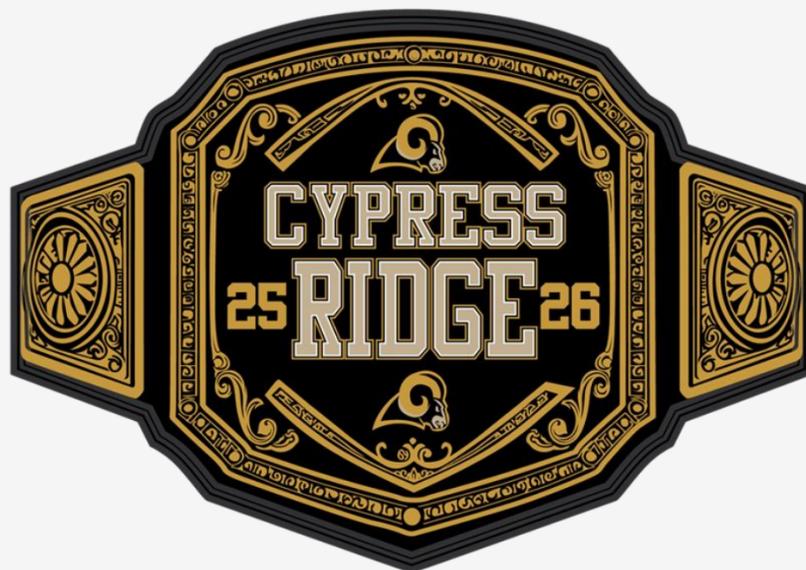


# COUNSELOR CONNECTION

CYPRESS RIDGE HS

PRESENTED BY CYPRESS RIDGE COUNSELING TEAM



# MEET THE TEAM

25-26

## CYPRESS RIDGE COUNSELING TEAM



**Brandi Blomquist**  
Lead Counselor



**Dr. Monica Iles**  
A-Car  
EASE (Homeless) Students



**Erica Bell**  
Cas-F  
Teen Parenting



**Robert Zemel**  
G-Ja  
NAC/International



**Dominique Thomas**  
Je-Men  
CTE/Technology



**Angelica Izaguirre**  
Meo-P  
NAC/International



**Ashley Golden**  
Q-Sol  
AP Testing



**Stacey Fernandez**  
Som-Z  
Dual Credit



**Nancy Corona**  
Secretary



**Chelsea Little**  
Secretary

# CONTACT INFO

25-26

Name	Alphabet Assignment	Extension
Brandi Blomquist	Lead Counselor	*010115
Dr. Monica Iles	A – Car	*010120
Erica Bell	Cas-F	*010122
Robert Zemel	G-Ja	*010119
Dominique Thomas	Je-Men	*010116
Angelica Izaguirre	Meo-P	*010121
Ashley Golden	Q-Sol	*010117
Stacey Fernandez	Som-Z	*010118
Chelsea Little	Secretary	*010163
Nancy Corona	Secretary	*010164
Britney Brown	CYS Worker	*010154
Abbey Bryan Rm. #2410	College & Career Specialist	*010139

Counseling Office 281-807-8001

# WHO TO CONTACT

25-26

- **Teen Pregnancy**
  - ◆ Erica Bell
- **Homeless Students (FIT)**
  - ◆ Dr. Monica Iles
- **CTE**
  - ◆ Dominique Thomas
- **Pass/Fail**
  - ◆ Lesley Ward & Brandi Blomquist
- **Brautigam Representative**
  - ◆ Ashley Golden
- **Dual Credit**
  - ◆ Stacey Fernandez & Abbey Bryan
- **NAC & ESL**
  - ◆ Mindy Simmons, Robert Zemel & Angelica Izaguirre
- **Military**
  - ◆ Robert Zemel

25-26

- **Foreign Exchange Students**
  - ◆ Angelica Izaguirre
- **Counselor Tech Support/Media**
  - ◆ Dominique Thomas
- **PSAT**
  - ◆ Cheryl Black
- **Advanced Placement (AP) Testing**
  - ◆ Brandi Blomquist & Ashley Golden
- **Crisis**
  - ◆ Counselors & Brittany Brown
- **College & Financial Aid Questions**
  - ◆ Abbey Bryan & Counselors
- **504**
  - ◆ Theresa Embody

# WHAT YOU NEED TO KNOW WHEN STUDENTS ARRIVE

25-26

- Schedules are being completed and corrected
- Advanced Level Classes **Entrance**
  - ◆ 75+ in Advanced Level or 85+ in L Level class previous year to qualify
  - ◆ Must be placed in the first 8 days of FIRST SEMESTER for full year classes
- Advanced Level Classes **Removal**
  - ◆ F for any grading period
  - ◆ C- or F average at semester
  - ◆ Teachers must complete the form and contact the guardian
- **Athletics/ROTC/Dance Team**: if students are removed, are required to go to PE after the 90% Rule.
  - ◆ All directors/coaches MUST fill out the schedule change form

# WHAT YOU NEED TO KNOW THE 1ST DAY

25-26

- **Welcome all students in your classroom**
  - ◆ Check students schedule to make sure they are in your class that period
- **All students will have **Green Schedules** the first week of school**
  - ◆ If you need extra chairs, call the AP's office
- **If a class is **missing** on a student's schedule...**
  - ◆ Send the student to the Counseling Office during THAT PERIOD ONLY
- **Students with schedule questions?**
  - ◆ Students can visit with counselors during assigned lunch outside of the cafeteria
- **Lost schedule...**
  - ◆ Assistance will be available in front of AP's office
  - **New students will be enrolling daily** - many new students do not provide school records and counselors are placing students the best they can with limited information.

# WHAT YOU NEED TO KNOW THE FOLLOWING DAYS

25-26

- **Course changes are only available for programs and incorrect placements**
  - ◆ Example: Student took summer school for Algebra and is sitting in it again
- **Ongoing Level Changes will occur through **August 22nd****
- **All course changes must occur by **August 22nd****
  - ◆ 90% attendance policy = credit awarded
- **Please be patient as we are balancing and making changes- especially during the first week**
  - ◆ Discuss class concerns with your Department Chair
- **Email any student placement concerns to assigned counselor and include student's ID number**

# OVERVIEW OF THE COUNSELING OFFICE'S YEAR

## FALL

- Registration (ongoing)
- Class balancing and checking schedules/credits
- Fall Conferences for 10th-12th grade
- FAFSA opens October 1st
- College applications
- Letters of recommendation
- Grading period failures and level changes
- PSAT
- AP Registration
- Parent Night
- Ongoing crisis intervention

## SPRING

- Spring registration
- EOC Testing
- Free SAT for Juniors
- AP Testing
- Credit recovery options
- Grading period failures and level changes
- Summer school registration
- Senior credit check for graduation
- Ongoing crisis intervention

# 504 SERVICES

24-25

## → Documentation

- ◆ A Google folder for each 504 student you have will be shared with you by Chelsea Little or Nancy Corona, Counselor Secretaries
- ◆ The 504 folder will include 3 things:
  - Student Accommodation Plan
  - Google Teacher Form to record documentation of accommodations every 9 weeks and the data is used in the 504 meetings
  - Teacher Resources

## → Accommodations **MUST** be implemented & documented

- ◆ It is required by Federal Law
- ◆ Examples: Oral Testing can be completed through a variety of technology platforms (PDF screen reader) or screen reader in Schoology

# COLLEGE & CAREER CENTER

COLLEGE & CAREER SPECIALIST-ABBIE BRYAN

## CENTER SERVICES

RM 2410

- College application assistance
- College and career exploration
- Scholarship information
- College readiness information
- Dual Credit advising and registration
- Financial Aid/FAFSA information

## CARE ACADEMY

- Senior students in English 4 L and/or Advanced Algebra who can earn a TSI exemption at Lone Star College with a 80+ spring semester average

## COLLEGE ACADEMY

- Cohorts seeking the STEM endorsement working towards earning an Associate's Degree from Lone Star College upon graduation

# OUR DOOR IS ALWAYS OPEN

WHEN IN DOUBT PLEASE ASK QUESTIONS

## THINGS TO WATCH OUT FOR

### PREGNANCY

- Suspicion of pregnancy, chatter or confirmation
- Contact Erica Bell in the Counseling Office

### CUTTING

- Long sleeves in warm months
- Visible marks or scars
- Contact student's counselor

### SUICIDE

- Drawings/writings, social media, discussion, plans
- Contact student's counselor IMMEDIATELY
- **Do not wait until the end of the day**

### CHILD ABUSE

- Neglect, Emotional, Sexual, Physical
- Student shares with you or journals about it
- Required to report within 48 hours
  - ◆ 1-800-252-5400
  - ◆ [www.txabusehotline.org](http://www.txabusehotline.org)

# CRISIS INTERVENTION

## WHAT IS A CRISIS?

- Suicidal or Homicidal ideation (discussion or plan)
- Abuse of ANY kind (physical, verbal, sexual, etc.)
- Runaway
- Homeless student or family (See Dr. Monica Iles)
- Self-harm
- Noticeable change in student behavior/appearance

## NOTIFICATION

- Make face-to-face contact with a counselor or AP as soon as you know about the crisis
  - ◆ DO NOT WAIT UNTIL THE END OF THE DAY
- Do not rely on email as the only form of communication

## OUTCRY WITNESS

- If a student shares information with you as an educator, you will have the responsibility to report
- Counselors can assist you with the process

# OUTCRY OF ABUSE

REMEMBER

WHEN A  
CHILD  
MAKES AN  
OUTCRY OF  
ABUSE....

DO NOT

TELL THE FAMILY OF THE REPORT

DO NOT

SHARE CONFIDENTIAL INFORMATION WITH THE  
EXCEPTION OF  
COUNSELOR/ADMINISTRATION/SCHOOL NURSE

DO NOT

ASK LEADING QUESTIONS OR INVESTIGATE THE FACTS  
BEYOND WHAT THE CHILD DESCRIBES

# CPS REPORTING

## REMEMBER

CPS reporting is no longer anonymous but it always is confidential

Reports can be shared with parent/guardian. Be mindful of identifying details you use in your report.

EX: class period, subject, time of day

#1

Do not try to investigate

#2

Do report reasonable suspicion within **24 hours**

**1-800-252-5400**

**[www.txabusehotline.org](http://www.txabusehotline.org)**

#3

Reporting suspected child abuse or neglect makes it possible for a child to get help

# WHO MAKES THE CPS REPORT

## CPS REPORTING

State law requires anyone who has reasonable cause to believe abuse, neglect, or exploitation has taken place to report to the Texas Department of Family and Protective Services (DFPS) or to a local law enforcement.

## CPS REPORTING

By law, professionals may not delegate the duty to report to another person or entity or rely on another person or entity to make the report.

## CPS REPORTING

**Although the first person the child tells his/her story to is considered the “outcry witness,” everyone who has reasonable cause to believe a child is being abused, neglected, or exploited is a mandatory reporter in Texas.**

# SIGNS OF HUMAN TRAFFICKING

## PHYSICAL

- Branding tattoos
- Motel Keys/Cards
- Prepaid cell phones

## BEHAVIORAL

- Older friend/boyfriend
- Truancy/Runaway/Homeless
- High # of sexual partners for age

## SCHOOL

- Use of street language: exit fee, track, trick. Etc.
- Peer conversations
- Offering a place for partying/living
- Hooking up with someone they met online

# IT TAKES A TEAM TO KEEP STUDENTS SAFE

## STAFF ROLE

- Stay informed about mental health concerns
- Get to know your students and report any changes in behavior
- Listen to your gut
- Submit CPS reports within 24 hours.  
Must include:
  - Reporting person's full name
  - Address - 7900 N. Eldridge Pkwy  
Houston, TX 77041
  - Phone #: 281-807-8000

## COUNSELOR ROLE

- Contact parent/guardian so that appropriate action may be taken
- Complete a screening for suicidal/self-harm concerns
- Consult with SRO and Mental Health Team
- Make referrals to community resources

# SUICIDE PREVENTION

## #1 Detect

Suspicious include:

- Writing
- Verbal
- Drawings
- Behaviors/Actions

## #2 Monitor

Student may not be left unattended & limit access to self-destructive objects

## #3 Refer

Refer all suicide suspicions to counselor immediately in-person and document time, date, student's exact words and behaviors

## #4 Counselor

Counselors are required to notify the guardian/parent, conduct an assessment, and provide referral services if necessary.

# CFISD Digi Safe

## REMEMBER

Please consider the Digi Safe initiative as an extra measure to help our students stay safe.

## What is it?

It is a system in place that monitors the searches for students who utilize a CFISD issued device or a personal device logged into our router. A daily report is generated to provide a list of students who have searched flagged/concerning topics (trigger words).

## What is the process?

Each morning (during school hours), the list of student names, their specific searches, and time stamps are reviewed by a district team. If a predetermined criteria is met for a particular student, an email notification from [digisafe@cfisd.net](mailto:digisafe@cfisd.net) will be sent to the campus personnel.

## Trigger Words

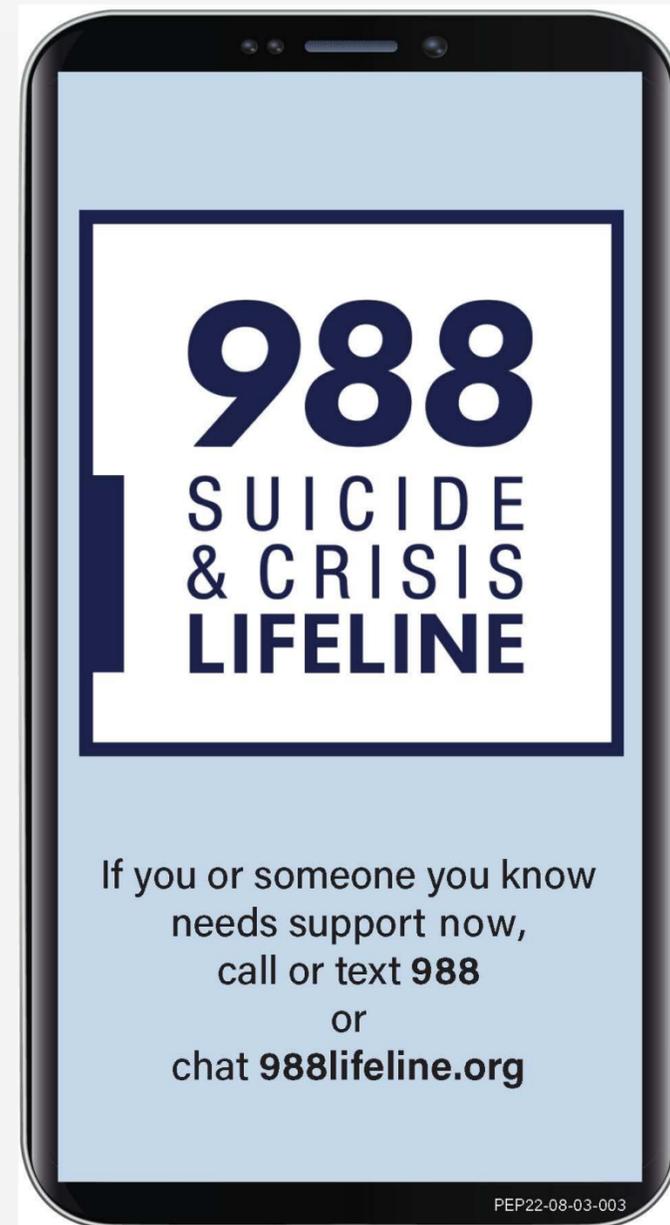
gun, ways to die, KMS, KYS, hate myself, shoot, kills, AK47, glock, ruger, drown, unlive, suicidal, panic, & many more.....

# 988 SUICIDE & CRISIS LIFELINE

## 988 Information

- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- They are committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

## CALL OR TEXT

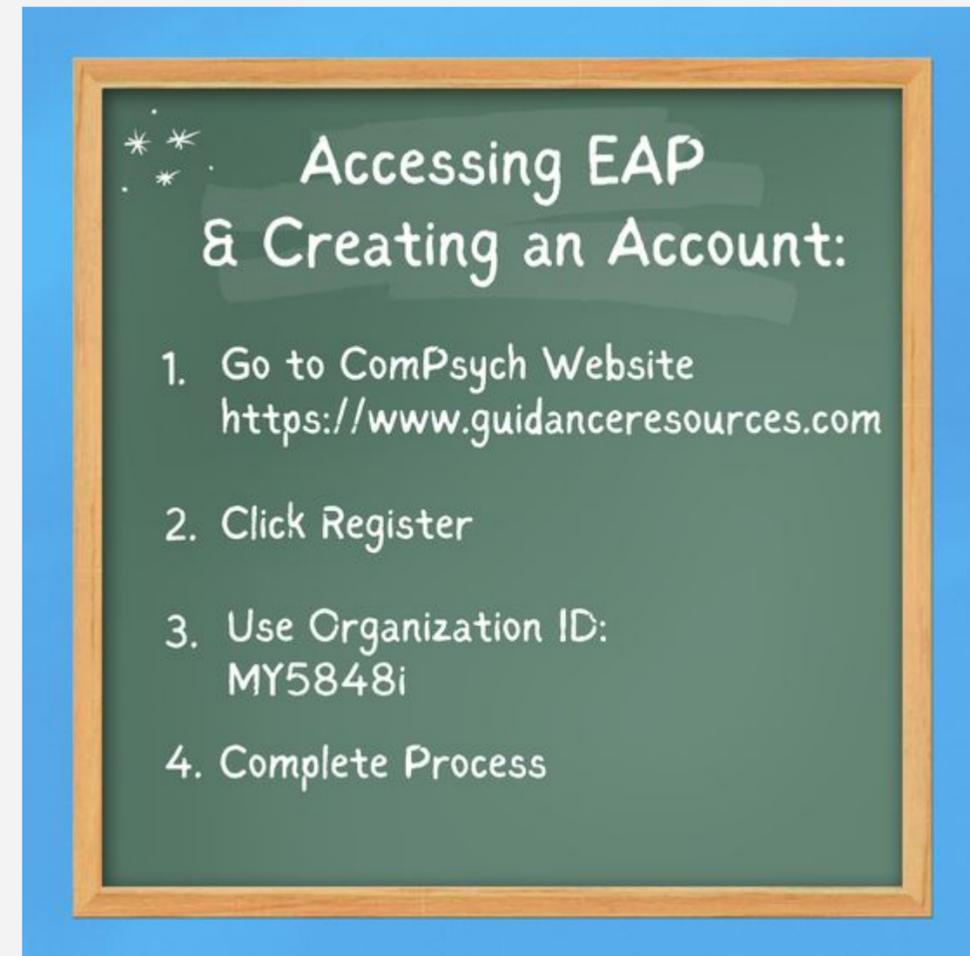


# EMPLOYEE ASSISTANCE PROGRAM

## SUPPORT

- CONFIDENTIAL EMOTIONAL SUPPORT
  - ◆ Counseling available in person or via telehealth
    - Anxiety, depression, stress, grief, and life adjustments, relationship/marital conflicts
- WORK LIFE SOLUTIONS
  - ◆ Provides referrals and resources for:
    - Finding care and elder care, hiring movers, home repair contractors, planning events, locating pet care
- LEGAL GUIDANCE
  - ◆ Talk to attorneys for practical assistance with divorce, adoption, family law, trust and more
  - ◆ Need representation? Get a 30 minutes consultation and a 25% reduction in fees
- FINANCIAL RESOURCES
  - ◆ Financial experts can assist with retirement planning, mortgage insurance, budgeting, debt, bankruptcy, and more
- ONLINE SUPPORT
  - ◆ GuidanceResources Online is your 24/7 link to vital information, tools and support. Log on for:
    - On-demand trainings, podcast, videos, “ask the Expert” personal responses to your questions

## ACCESSING EAP



# SOCIAL SERVICES

## FOOD

- If you or a student need help getting food immediately, call 211 or visit your local 211's website to find locally available food programs and resources like food pantries, hot meal programs, and meal delivery options.

## PAYING BILLS

- Whether you need help paying one bill or many, or are looking for information to help someone else, you are not alone.
  - Your local 211 agency has the most up-to-date information about local assistance that may be available to you.



## MENTAL HEALTH

- If someone needs assistance locating long-term mental health resources, talking through a problem, or exploring mental health treatment options
  - 211 conversations are confidential, can be made anonymously, and are available in 180 languages upon request.

## SUBSTANCE ABUSE

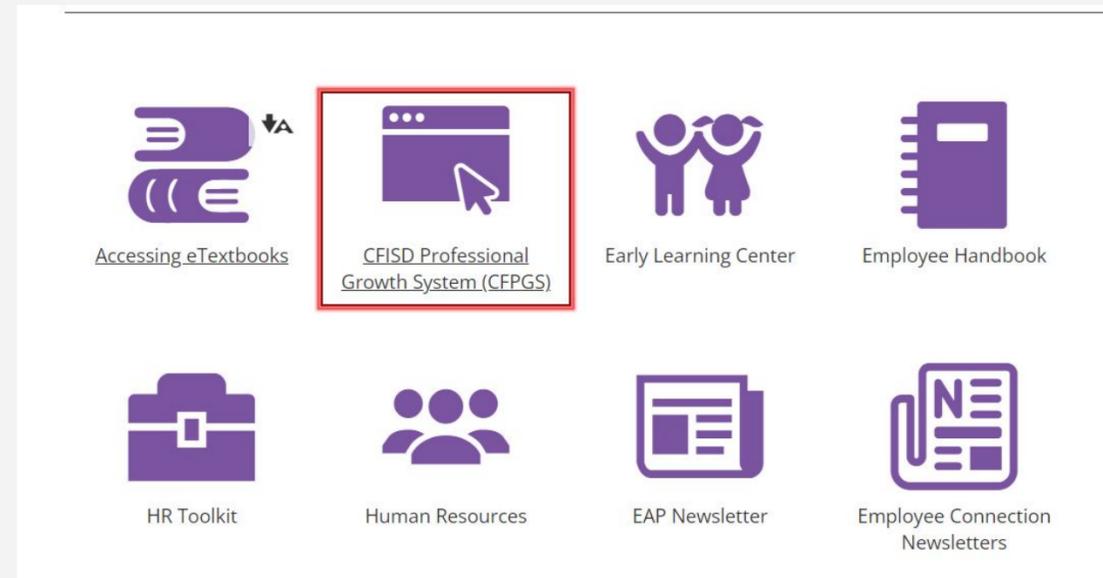
- Your local 211 can help you identify available services, including counseling or substance use disorder treatment programs.
  - Whether you know that you or someone you care about needs help, or are unsure, reach out to 211.

# COMPLIANCE TRAININGS

## UPCOMING TRAININGS

- Health Emergencies
- Child Abuse: Mandatory Reporting
- Youth Suicide: Awareness, Prevention and Postvention
- Bloodborne Pathogen Exposure Prevention
- TBA

## CFPGS



# HAVE A GREAT YEAR!

## CYPRESS RIDGE HS

PRESENTED BY CYPRESS RIDGE COUNSELING TEAM

