

Cuero Independent School District

School Health Advisory Council

Minutes

April 8, 2025

The Cuero ISD School Health Advisory Council held their April 8, 2025 meeting at the CISD Boardroom at 12:30 p.m. The agenda was posted in compliance with SHAC meeting requirements.

Board members present were:

Tami Brzozowski, President

Tamara Kainer, Secretary

Members present were:

Wanda Hays, CISD District Nurse

Ruby Rodriguez, CISD Coordinator

Sandra Hernandez, CISD Food Service

Mary Beth Atzenholffer, Counselor

Bridgette Cerny, Principal

Jessica Hernandez, Parent

Monica Guevara, Student Services

Nora Garcia, Student Services

Lacy Timpone, CHS-LPC/SCS

Kim Fleener, CHS Deputy-Supt.

Crystal Rice, Teacher/Parent

Mary Beth Wagner, HS Counselor

Courtney Kallinowski, SCS-LFC

Kathy Scott – SCS – LMSW

Crystal Rice, Parent/Teacher

Danielle Laird, Family Engagement

Stephanie Egg, Principal/French

Gerald Garza, Counselor French

Megan Castillo, Counselor Jr. High

Tami called the meeting to order at 12:33 p.m. She welcomed everyone to introduce themselves to the group and reminded them the meeting was being audio recorded.

The minutes from the February 11, 2025 meeting were reviewed. Nora Garcia motioned that the minutes be approved, and Monica Guevara seconded the motion. All in favor, no one opposed, the minutes were approved.

At this time, Updates were given on the agenda.

The President had nothing new to report.

Vice President, Denise Goebel was absent, with nothing to report.

CISD School Climate Specialists, Kathy Scott, Courtney Kalinowski, and Lacy Timpone reported on the services provided. Kathy reports 44 students received services. Hunt Elementary has been successful with their Bully Buster Club and support group lunches. French has been successful with the Kindness club recently making flowers with kind words to decorate the school. Lacy reports services given at the HS level and the bully prevention training they have received. Drug and alcohol counseling is also being given to students who are testing positive during random drug screenings. Courtney reported that JH has received recent mental health education along with test taking strategies to help the kids.

Nutrition Update was given by Sandra Hernandez. Sandra reported on the summer feeding program she is currently organizing to offer drive thru meal pick up, as an added service. Hoping to reach more children and families in need. Anyone ages 0-18 can benefit from the summer meal program.

Student Services, Nora Garcia reported 25-30 students have been through their services. Monica reported that the food bags have been utilized and thanked the local churches who are supporting that program.

Family engagement report was given by Ruby Rodriguez and introduced Danielle Laird as the new administrator. Pilot Club is hosting, along with CISD, a Mental Health Awareness event on April 27th, from 4-6pm at Gobbler stadium. May 29, 2025 from 4-6pm will be the Summer Kick Off Foam Party, camps and resource information will be available to share. It was mentioned that SHAC have a presence there. Back to School Bash plans are also in the works.

Safety Update was given by Ruby Rodriguez. Updates were given on the new emergency system that has been installed and upcoming testing of the system will help everyone get acquainted with the new system.

Tamara Kainer; Upcoming Wellness/Health events. Nothing new to report, but did discuss the details for CISD employees able to see any provider, regardless of their chosen provider through their insurance has been a huge win for access when their provider isn't available. Jessica Hernandez will make sure this is properly communicated to their employees.

Wanda Hays, reports on the school health update. Officers are scheduled to speak to HS students regarding internet and drug safety. Sex Ed is being taught in HS through the chosen curriculum. Stop the bleed classes are being held. She warns of snakes at campuses and to be on the lookout. She also brought up the issue of students overheating and requiring medical services from EMS due to wearing hoodies outside on playgrounds and field trips. This opened a discussion around additional issues with hoodies in the classroom. It has been suggested that this be put on the school board agenda to address to see about having "hoodies" taken off the dress code and allowing sweatshirts without the hood instead, and providing education to students and parents on the dangers of heat related illness due to overdressing.

The meeting moved to old business, none to discuss.

New Business to discuss was:

Employee Wellness Update given by Jessica Hernandez. She shared information from BCBS and will be sending out a survey to staff to see what their interest is.

A monthly calendar was also shared with monthly “fun” topics to keep good health a priority. These ideas were compiled by Tami, Tamara and Wanda.

2025 SHAC Goals were reviewed. A SHAC newsletter wasn’t achieved this year, but has been discussed and will set as a goal for next school year. Other opportunities found was the lack of parent and student participation. Many ideas were shared on how to improve that next year, including reaching out to “groups” around the campuses to invite and involve them in our program.

The next meeting will be September 9, 2025.

With no further discussion, Crystal Rice moved to adjourn the meeting. Ruby Rodriguez seconded the motion and the motion was approved. Meeting adjourned at 1:37p.m.

Minutes respectfully submitted by

Tamara Kainer, 2024-2025 SHAC Secretary