Volleyball

General Match Format

PBVUSD follows a modified rally scoring format to ensure matches are completed within one hour, different from the high school system.

- Best two-out-of-three (2/3) games.
- First two games are played to 21 points (cap at 23).
- Third game, if necessary, played to 15 points (cap at 17).
- Rally scoring will be used for all games.

Junior High Volleyball Format

- Each junior high school fields four (4) teams: 7th grade girls, 7th grade boys, 8th grade girls, and 8th grade boys.
- Junior high teams must have at least 12 players present at each game or face forfeiture; larger rosters are allowed.
- The home team selects its bench side (new rule).
- **Warm-ups**:
    - Begin around 4:00 p.m. when possible.
    - Five (5) minutes of on-court warm-up per team, followed by five (5) minutes off-court.
    - Teams will share two (2) minutes of serving time.
    - The first team on the court is determined by a coin toss; if no referee is present, the toss will be conducted by the home team coach or gym supervisor.
- Matches start 15 minutes after the beginning of warm-ups.
- If one team is warming up early, the opposing team must be allowed equal time provided their coach is present.
- Boys' games are scheduled to run quickly; girls' games will begin immediately after, typically between 4:30 and 5:00 p.m.
- **Out-of-District Games** (NOR or Stockdale Christian): 7th grade girls' games start at 4:00 p.m., 8th grade girls' games start at 5:00 p.m.
- **Officiating**:
    - Adult officials are assigned to junior high games.
    - If no official is available, coaches may officiate.
- **Special Note**: The use of a "libero" player is permitted in junior high if a team chooses to utilize one.

Volleyball

Elementary Volleyball Format

- The elementary season consists of six (6) league games with no playoffs.
- Teams are composed of 5th and 6th-grade girls only.
- **Warm-ups**:
    - Begin as close to 4:00 p.m. as possible.
    - Four (4) minutes of on-court warm-up and four (4) minutes off-court per team.
    - Two (2) minutes of shared serving time.
    - Coin toss determines the first team on the court; if no official is present, the toss is the responsibility of the home team coach or gym supervisor.
- Matches begin 10 minutes after the start of warm-ups (target ~3:45 p.m.).
- If a team warms up prior to official warm-ups, the opposing team must be given equal time, provided a coach is present.
- **Roster Requirements**:
    - Minimum of 12 players must be present at each game; failure to meet this number may result in forfeiture.
    - All players on the bench must play a meaningful amount of game time during either of the first two games of the match.
- **Officiating**:
    - Junior high student officials will officiate elementary games.
    - One adult supervisor must be present to oversee student officials at the score table.
- **Special Note**: No "libero" player is permitted at the elementary level.