



# AF RI Providence High School

## Lunch , September 2025



Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05
Closed	<b>Chicken Nuggets with Baked Beans</b> <b>Whole Wheat Dinner Roll</b> <b>Fresh Banana</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Meatloaf with Gravy &amp; Mashed Potatoes</b> <b>Pretzel</b> <b>Fresh Pear</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Cheese Pizza</b> 🌱 <b>Baby Carrots</b> <b>Fresh Apple</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Turkey Ham and Cheese on WW Bread</b> <b>Cucumber Coins</b> <b>Raisins</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>
Monday 08	Tuesday 09	Wednesday 10	Thursday 11	Friday 12
<b>Beef Meatballs with Spaghetti &amp; Broccoli</b> <b>Applesauce</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Jerk Chicken with Brown Rice and Black Beans</b> <b>Fresh Banana</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Beef Patty with Cheese on WW Bun</b> <b>Fresh Pear</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Fluffy Whole Grain Waffles</b> 🌱 <b>Crispy Turkey Sausage Links</b> <b>Baby Carrots</b> <b>Fresh Apple</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Turkey and Cheese on WW Bun</b> <b>Cucumber Coins</b> <b>Raisins</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<b>General Tso's Chicken w/ Brown Rice &amp; Broccoli</b> <b>Applesauce</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Beef Meatballs Sweet &amp; Sour Brown Rice Green Beans</b> <b>Fresh Banana</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Chicken Tenders with Roasted Potatoes</b> <b>Whole Wheat Dinner Roll</b> <b>Fresh Pear</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Chicken Corn Dog</b> <b>Baked Beans Salad</b> <b>Fresh Apple</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Turkey Ham and Cheese on WW Bread</b> <b>Cucumber Coins</b> <b>Raisins</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<b>Pasta in Alfredo Sauce with Chicken &amp; Broccoli</b> <b>Applesauce</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Chicken with Spanish Style Rice &amp; Beans</b> <b>Fresh Banana</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Salisbury Steak with Gravy &amp; Potatoes</b> <b>Whole Wheat Dinner Roll</b> <b>Fresh Pear</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Sunbutter and Jelly Sandwich</b> <b>Baby Carrots</b> <b>Fresh Apple</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Turkey and Cheese on WW Bun</b> <b>Cucumber Coins</b> <b>Raisins</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>
Monday 29	Tuesday 30			
<b>Macaroni &amp; Cheese with Broccoli</b> <b>Applesauce</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	<b>Chicken Nuggets with Baked Beans</b> <b>Whole Wheat Dinner Roll</b> <b>Fresh Banana</b> <b>Unflavored Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>	No Menu Available	No Menu Available	No Menu Available

\* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.