Competitive Athletics: La Mirada High School

School Year 2025-2026

Total Enrollment: 1693

Total Number of Students Who Participated in Competitive Athletics:	
Male: 526	Female: 427

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 14

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	133	Varsity/JV/Freshman	Flag Football	38	Varsity
Water Polo	17	Varsity/JV	Water Polo	16	Varsity/JV
Cross Country	29	Varsity/JV	Cross Country	14	Varsity/JV
Soccer	60	Varsity/JV/Freshman	Soccer	64	Varsity/JV/Freshman
Basketball	39	Varsity/JV/Freshman	Basketball	22	Varsity/JV/Freshman
Wrestling	49	Varsity/JV	Wrestling	22	Varsity/JV
Volleyball	20	Varsity/JV	Volleyball	44	Varsity/JV
Tennis	18	Varsity/JV	Tennis	21	Varsity/JV
Golf	16	Varsity	Golf	12	Varsity
Baseball	59	Varsity/JV/Freshman	Softball	36	Varsity/JV/Freshman
Swim	17	Varsity/JV	Swim	26	Varsity/JV
Track	69	Varsity/JV	Track	47	Varsity/JV
			Cheer	51	Varsity/JV/Freshman
			Comp. Dance	14	Varsity/JV

Competitive Athletics: La Mirada High School

School Year 2024-2025

Total Enrollment: 1726

Total Number of Students Who Participated in Competitive Athletics:	
Male: 482	Female: 368

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 14

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	128	Varsity/JV/Freshman	Flag Football	35	Varsity
Water Polo	16	Varsity/JV	Water Polo	11	Varsity/JV
Cross Country	31	Varsity/JV	Cross Country	16	Varsity/JV
Soccer	45	Varsity/JV/Freshman	Soccer	46	Varsity/JV/Freshman
Basketball	36	Varsity/JV/Freshman	Basketball	19	Varsity/JV/Freshman
Wrestling	47	Varsity/JV	Wrestling	6	Varsity/JV
Volleyball	15	Varsity/JV	Volleyball	38	Varsity/JV
Tennis	18	Varsity/JV	Tennis	23	Varsity/JV
Golf	16	Varsity	Golf	12	Varsity
Baseball	57	Varsity/JV/Freshman	Softball	33	Varsity/JV/Freshman
Swim	17	Varsity/JV	Swim	23	Varsity/JV
Track	56	Varsity/JV	Track	47	Varsity/JV
			Cheer	46	Varsity/JV/Freshman
			Comp. Dance	13	Varsity/JV

Competitive Athletics: La Mirada High School

School Year 2023-2024

Total Enrollment: 1740

Total Number of Students Who Participated in Competitive Athletics:	
Male: 404	Female: 332

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 14

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	95	Varsity/JV/Freshman	Volleyball	38	Varsity/JV
Water Polo	15	Varsity/JV	Tennis	33	Varsity/JV
Cross Country	27	Varsity/JV	Golf	11	Varsity
Soccer	49	Varsity/JV/Freshman	Cross Country	25	Varsity/JV
Basketball	39	Varsity/JV/Freshman	Basketball	20	Varsity/JV/Freshman
Wrestling	36	Varsity/JV	Wrestling	4	Varsity/JV
Volleyball	18	Varsity/JV	Soccer	40	Varsity/JV/Freshman
Tennis	12	Varsity/JV	Water Polo	12	Varsity/JV
Golf	10	Varsity	Softball	29	Varsity/JV/Freshman
Baseball	53	Varsity/JV/Freshman	Track	20	Varsity/JV
Swim	20	Varsity/JV	Swim	23	Varsity/JV
Track	30	Varsity/JV	Cheer	39	Varsity/JV/Freshman
			Comp. Dance	18	Varsity/JV
			Flag Football	20	Varsity

Competitive Athletics: La Mirada High School

School Year 2022-23

Total Enrollment: 1751

Total Number of Students Who Participated in Competitive Athletics:	
Male: 398	Female: 311

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 13

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	111	Varsity/JV/Freshman	Volleyball	35	Varsity/JV
Water Polo	16	Varsity/JV	Tennis	28	Varsity/JV
Cross Country	31	Varsity/JV	Golf	11	Varsity
Soccer	37	Varsity/JV/Freshman	Cross Country	25	Varsity/JV
Basketball	44	Varsity/JV/Freshman	Basketball	23	Varsity/JV/Freshman
Wrestling	25	Varsity/JV	Wrestling	4	Varsity/JV
Volleyball	17	Varsity/JV	Soccer	47	Varsity/JV/Freshman
Tennis	11	Varsity/JV	Water Polo	14	Varsity/JV
Golf	10	Varsity	Softball	28	Varsity/JV/Freshman
Baseball	46	Varsity/JV/Freshman	Track	20	Varsity/JV
Swim	20	Varsity/JV	Swim	24	Varsity/JV
Track	30	Varsity/JV	Cheer	35	Varsity/JV/Freshman
			Comp. Dance	17	Varsity/JV

School Year 2021-22

Total Enrollment: 1786

Total Number of Students Who Participated in Competitive Athletics:	
Male: 442	Female: 334

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 13

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	144	Varsity/JV/Freshman	Volleyball	41	Varsity/JV
Water Polo	13	Varsity/JV	Tennis	15	Varsity/JV
Cross Country	27	Varsity/JV	Golf	6	Varsity
Soccer	51	Varsity/JV/Freshman	Cross Country	26	Varsity/JV
Basketball	37	Varsity/JV/Freshman	Basketball	19	Varsity/JV/Freshman
Wrestling	16	Varsity/JV	Wrestling	6	Varsity/JV
Volleyball	11	Varsity/JV	Soccer	63	Varsity/JV/Freshman
Tennis	11	Varsity/JV	Water Polo	24	Varsity/JV
Golf	11	Varsity	Softball	38	Varsity/JV/Freshman
Baseball	58	Varsity/JV/Freshman	Track	31	Varsity/JV
Swim	20	Varsity/JV	Swim	23	Varsity/JV
Track	43	Varsity/JV	Cheer	26	Varsity/JV/Freshman
			Comp. Dance	16	Varsity/JV

School Year 2019-2020

Total Enrollment: 1923

Total Number of Students Who Participated in Competitive Athletics:	
Male: 429	Female: 343

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 11

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	113	Varsity/JV/Freshman	Volleyball	37	Varsity/JV
Water Polo	24	Varsity/JV	Tennis	31	Varsity/JV
Cross Country	25	Varsity/JV	Golf	13	Varsity
Soccer	57	Varsity/JV/Freshman	Cross Country	17	Varsity/JV
Basketball	45	Varsity/JV/Freshman	Basketball	25	Varsity/JV/Freshman
Wrestling	24	Varsity/JV	Wrestling	9	Varsity/JV
Volleyball	15	Varsity/JV	Soccer	65	Varsity/JV/Freshman
Tennis	12	Varsity/JV	Water Polo	18	Varsity/JV
Golf	14	Varsity	Softball	50	Varsity/JV/Freshman
Baseball	60	Varsity/JV/Freshman	Track	37	Varsity/JV
Swim	33	Varsity/JV	Swim	41	Varsity/JV
Track	32	Varsity/JV			

School Year 2018-2019

Total Enrollment: 1938

Total Number of Students Who Participated in Competitive Athletics:	
Male: 418	Female: 336

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 11

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	83	Varsity/JV/Freshman	Volleyball	24	Varsity/JV
Water Polo	24	Varsity/JV	Tennis	23	Varsity/JV
Cross Country	14	Varsity/JV	Golf	11	Varsity
Soccer	55	Varsity/JV/Freshman	Cross Country	10	Varsity/JV
Basketball	46	Varsity/JV/Freshman	Basketball	31	Varsity/JV/Freshman
Wrestling	26	Varsity/JV	Wrestling	14	Varsity/JV
Volleyball	10	Varsity/JV	Soccer	70	Varsity/JV/Freshman
Tennis	14	Varsity/JV	Water Polo	30	Varsity/JV/Freshman
Golf	11	Varsity	Softball	45	Varsity/JV/Freshman
Baseball	60	Varsity/JV/Freshman	Track	36	Varsity/JV
Swim	25	Varsity/JV	Swim	42	Varsity/JV
Track	50	Varsity/JV			

School Year 2017-2018

Total Enrollment: 1917

Total Number of Students Who Participated in Competitive Athletics:	
Male: 454	Female: 355

Total Number of Boy's Teams / Girl's Teams	
Male: 12	Female: 11

Total Number of Boy's Teams and Girl's Teams, Classified by Sport and by Competition Level					
Male		**Level**	**Female**		**Level**
Football	87	Varsity/JV/Freshman	Volleyball	24	Varsity/JV
Water Polo	25	Varsity/JV	Tennis	23	Varsity/JV
Cross Country	24	Varsity/JV	Golf	6	Varsity
Soccer	56	Varsity/JV/Freshman	Cross Country	20	Varsity/JV
Basketball	49	Varsity/JV/Freshman	Basketball	35	Varsity/JV/Freshman
Wrestling	33	Varsity/JV	Wrestling	5	Varsity/JV
Volleyball	18	Varsity/JV	Soccer	80	Varsity/JV/Freshman
Tennis	13	Varsity/JV	Water Polo	32	Varsity/JV
Golf	9	Varsity	Softball	51	Varsity/JV/Freshman
Baseball	63	Varsity/JV/Freshman	Track	42	Varsity/JV
Swim	26	Varsity/JV	Swim	37	Varsity/JV
Track	51	Varsity/JV			