



SYOSSET HIGH SCHOOL COLLEGE APPLICATION WORKSHOP

SEPTEMBER 10, 2025

GUIDANCE DEPARTMENT

PARENT BRAG SHEET

Dear Parent/Guardian,

Please help your counselor prepare your child's letter of recommendation by responding to the following:

1. If you had the opportunity to write to admissions about your child, what makes them stand out amongst their peers? Please share a paragraph to support this.
2. What strengths and/or personality traits does your child possess? Please share examples of when they demonstrated this.
3. Describe specific events from high school that have made you particularly proud of your child.
4. If applicable, provide an explanation of any family, health or other circumstance that has affected your child or their secondary school performance.

Please type your responses and return to me via email.

Thank you,
Your School Counselor

STUDENT BRAG SHEET

Dear Student,

Please help your counselor prepare your letter of recommendation by responding to the following questions with great detail. Please only include information you want your counselor to disclose to a college.

1. What are you most proud of (personal or academic) from high school?
2. What are your possible future career goals/college majors? What have you done outside of class to pursue them, i.e., internships, part-time jobs, community service, etc.?
3. Which extracurricular activities/community activities have been most meaningful to you and why? Have you assumed a leadership position?
4. Is there anything you would like me to communicate to a college on your behalf? Extenuating circumstances, things I don't know about you, special talents.

Please type your responses and return them to me via email.

Thank you,

Your School Counselor

**First Name**[illegible]



Syosset High School

Community Service/Volunteer Work:

Position	Name of Organization	Grade	Hours	Description
EX: Volunteer	Jones Beach Nature Center	11-12	10	Beach clean up

Work Experience:

Employer	Grades	Job Title/Position	Duties
EX: Ralph's Ice	11-12	Cashier	Responsible for customer service, register

The above information is true and accurate to the best of my knowledge.

Signature

Date

SUPPLEMENTAL COMMENT FORM

STUDENT: This form can be given to the **Elective Teacher, Advisor, Employer or Coach** of your choice.

STUDENT _____ **COUNSELOR** _____ **DATE DUE** _____

TEACHER/ADVISOR/COACH _____

COURSE/ACTIVITY _____ **GRADE WHEN TAUGHT** _____

- *Please provide any anecdotes or examples that demonstrate the student's strengths, achievements or notable qualities. Thank you.*

EMAILED RESPONSES ARE WELCOME! THANK YOU.

2025-2026 ESSAY PROMPTS

COMMON APPLICATION

Choose one essay question which will go to every school (650 words maximum). Individual colleges may require additional supplements of similar length.

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?.
5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

“Through the Common App essay prompts, we want to give all applicants, regardless of background or access to counseling, the opportunity to share their voice with colleges. Every applicant has a unique story. The essay helps bring that story to life.”

Meredith Lombardi, Associate Director,
Outreach and Education for The Common Application

COLLEGE APPLICATION PROCESS CHECKLIST

Junior Year

- ☐ Student Brag Sheet
- ☐ Parent Brag Sheet
- ☐ Extracurricular Profile
- ☐ Activities Resume
- ☐ Supplemental Comment Form (optional)
- ☐ Ask two teachers to write a formal recommendation
- ☐ Research Colleges – Fairs, SHS College Night, Naviance
- ☐ Campus Tours, Info Sessions
- ☐ Attend Naviance Counselor Groups
- ☐ Attend College Essay Presentation

Summer

- ☐ *Create a Common Application account*
www.commonapp.org
- ☐ MATCH Naviance and Common App after completing FERPA in Common Application
- ☐ Create a balanced list of colleges
- ☐ Keep track of all deadlines
- ☐ Attend College Boot Camp in August, if desired (registration information emailed late July)
- ☐ Start writing essays and supplemental essays if required by specific colleges

SENIOR YEAR

- ☐ Finalize College List
- ☐ Keep track of all deadlines
- ☐ Attend Interview Skills Workshop if desired
- ☐ Attend the College Essay Workshop, if desired

SHS TRANSCRIPT REQUEST FORM 2025-2026

*This form must be submitted to your counselor ***in-person***, during a scheduled meeting.

****DO NOT*** email this form or leave it in your counselor's door box.

APPLICATION DEADLINE	TRANSCRIPT REQUEST FORM DUE DATE
OCTOBER 15	SEPTEMBER 23
NOVEMBER 1	OCTOBER 9
DECEMBER 1	NOVEMBER 4
JANUARY 1	DECEMBER 3
Rolling Admissions	Minimum 10 school days prior to deadline

PRIOR TO SUBMITTING THIS FORM, PLEASE COMPLETE THE FOLLOWING STEPS:

- Sign the FERPA Waiver found on the Common Application
- Match your Naviance and Common Application accounts
- Officially submit your SAT and/or ACT scores to your colleges (**if sending**)

Your Name:

Your Counselor:

TR Form Submission Date:

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Formal Teacher Letters of Recommendation (in order of preference):

1. teacher	2. teacher	3. teacher
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Name, City & State of College:

Deadline

Application Option: :

Ex.: SUNY Cortland, Cortland, NY	11/15	EA/ED/RD/rolling
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		

Student Signature_____

Parent Signature_____

College Admissions

Representative Visits



How To Register:

- Log into your Naviance account.
- Scroll over to “Colleges”
- Click on “College Visits”
- Then click “Register Now” to register.

Research Colleges

♥ Colleges I'm Thinking About

College Visits

College Compare

Acceptance History

College Maps

Apply to College

Colleges I'm Applying to

Letters of Recommendation

Test Scores

What's New



Dartmouth College will be visiting your school on Tuesday, September 19th, 2023 Tuesday at 8:27am.



Colgate University will be visiting your school on Tuesday, September 19th, 2023 Tuesday at 12:12pm.



University of Chicago will be visiting your school on Thursday, September 21st, 2023 at 12:12pm.



Stevens Institute of Technology will be visiting your school on Friday, September 22nd, 2023 at 12:57pm.



Hofstra University will be visiting your school on Tuesday, September 26th, 2023 at 12:12pm.

*Students will receive a notification in their Naviance account when a school signs up for a visit **IF** that school is listed in their “Colleges I’m Thinking About” tab.

*Check weekly for updates!

**SYOSSET HIGH SCHOOL
GUIDANCE DEPARTMENT**

COLLEGE TESTING CALENDAR
2025-2026

IT IS ADVISABLE TO REGISTER WELL IN ADVANCE OF THE REGULAR REGISTRATION TO ENSURE THAT YOU ARE ASSIGNED TO YOUR FIRST CHOICE TEST CENTER.

<u>TEST</u>	<u>TEST DATE</u>	<u>REGULAR REGISTRATION DEADLINE</u>
SAT *	August 23, 2025	August 8, 2025
ACT & Writing Option *	September 6, 2025	August 1, 2025
SAT*	September 13, 2025	August 29, 2025
SAT	October 4, 2025	September 19, 2025
PSAT	October 11, 2025	Info coming in September
ACT *	October 18, 2025	September 12, 2025
SAT *	November 8, 2025	October 24, 2025
SAT *	December 6, 2025	November 21, 2025
ACT *	December 13, 2025	November 7, 2025
ACT *	February 14, 2026	January 7, 2026
SAT *	March 14, 2026	February 27, 2026
ACT	April 11, 2026	March 6, 2026
SAT	May 2, 2026	April 17, 2026
SAT	June 6, 2026	May 22, 2026
ACT	June 13, 2026	May 8, 2026
ACT *	July 11, 2026	June 5, 2026

* THESE TESTS ARE NOT GIVEN AT SYOSSET HIGH SCHOOL

Syosset School Code.....335-443
SAT Test Center Number.....33-906
ACT Test Center Number.....199590

Apply online at: www.collegeboard.org and www.act.org.

Students must report to the Test Center at 7:30 a.m. with an admissions ticket, photo I.D., FULLY CHARGED school issued CHROMEBOOK, calculator and pen or pencil

5/14/2025

September 2025 College Visits

Monday September 15

Period 2- Union College

Period 3- Molloy University

Period 6- Syracuse University

Tuesday September 16

Period 3- University of South
Carolina- Columbia

Period 5- University of Pittsburgh

Period 8- St. Lawrence University

Wednesday September 17

Period 4- Saint Anselm College

Period 6- Pace University

Period 8- Bryant University

Thursday September 18

Period 3- University of Chicago

Period 4- University of Maryland-
College Park

Period 6- SUNY Oneonta

Friday September 19

Period 2- College of Charleston

Period 4- Fordham University **Period**
6- Boston University

Period 8- Coastal Carolina University

Monday September 22

Period 2- Quinnipiac University

Period 3- University of Minnesota- Twin
Cities

Period 5- Roger Williams University

Period 8- University of Scranton

Thursday September 25

Period 3- University of Delaware

Period 4- Ohio State University- Main
Campus

Period 8- Lynn University

Friday September 26

Period 3- Utica University

Period 4- Ithaca College

Period 6- University of Vermont

Period 8- Villanova University

Monday September 29

Period 3- The George Washington
University

Period 6- Muhlenberg College

Period 8- Johnson & Wales University-
Providence