San Bernardino Valley College

ISHS High School Early College-SPRING 2026



Valley Now Classes

ART 103: Art Appreciation

An introduction to two- and three-dimensional art from a multicultural perspective. Topics include art in historical and worldwide contexts, the function of art in society, art processes, and visual vocabulary. Students will gain appreciation of similarities and differences in world art styles, content, and expression.

- ***Format: Online Asynchronous***
- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Fine Art***
- ***College Units: 3***

ASL 109: American Sign Language I

Develop communication skills in ASL including the alphabet, vocabulary, and grammar. Emphasizes both receptive and expressive abilities. Includes study of Deaf community and culture.

- ***Transfers to: UC/CSU***
- ***HS Credit: 20 Language other than English***
- ***College Units: 4***

ASL 110: American Sign Language II

Continuation of ASL I, with deeper development of vocabulary, grammar, and cultural understanding. Builds fluency in expressive and receptive communication.

- ***Transfers to: UC/CSU***
- ***HS Credit: 20 Language other than English***
- ***College Units: 4***

ADJUS 101: Intro to Administration of Justice

Covers philosophy and history of the criminal justice system, including law enforcement, courts, and corrections. Examines crime causation, correctional theory, and the social impact of crime.

- ***Format: Online Asynchronous***
- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

ASTRON 120: Introduction to Astronomy

Explores the universe, including the night sky, Sun, Moon, planets, stars, galaxies, and the origin of the universe. Focuses on scientific methods and cosmic phenomena.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Science Elective***
- ***College Units: 3***

BUSAD 100: Introduction to Business

Introduces business fundamentals including economics, management, marketing, accounting, finance, ethics, and globalization.

- ***Format: Online Asynchronous***
- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

CD 105: Child Growth and Development

Examines physical, psychosocial, and cognitive development from conception through adolescence. Emphasizes developmental theories, research, and child observation.

- ***Format: Online Asynchronous***
- ***Transfers to: UC/CSU***

- ***HS Credit: 10 Elective***
- ***College Units: 3***

CD 108: Early Childhood Development

Focuses on development from ages 2–8, covering theories, developmental milestones, and contextual influences on children.

- ***Format: Online Asynchronous***
- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

CD 126: Child, Family, and the Community

Explores child development within family, school, and community contexts. Emphasizes socialization, identity development, and sociocultural influences.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

DANCE 100: Dance History and Appreciation

A survey of dance from ancient times to today. Examines dance as an art form and its connections to culture, politics, and other arts.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

HIST 139: African American Experience in U.S. History from 1877

Covers Reconstruction through the 21st century, including the Great Migration, Harlem Renaissance, Civil Rights Movement, and contemporary struggles and achievements.

- ***Transfers to: UC/CSU***

- ***HS Credit: 10 Elective***
- ***College Units: 3***

HEALTH 100: Introduction to Public Health

Introduces public health practices, epidemiology, disease prevention, health disparities, environmental health, global health, and policy.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

MATH 108/608: Introduction to Probability and Statistics with Support

Covers probability, descriptive and inferential statistics, and applications across sciences and business. Includes prerequisite support (Math 608).

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Math***
- ***College Units: 4***

MUS 104: History of Rock and Roll

Chronological study of Rock and Roll, its origins, major artists, and its cultural impact.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Fine Art***
- ***College Units: 3***

POLIT 100: American Politics

Introduction to U.S. and California government. Covers democracy, Constitution, political institutions, parties, and state politics.

- ***Transfers to: UC/CSU***

- ***HS Credit: 10 Elective***
- ***College Units: 3***

PSYC C1000: General Psychology

Covers major theories, research, and applications in psychology including behavior, cognition, personality, and disorders.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

SOC 100: Introduction to Sociology

Introduces sociology concepts, social structure, culture, socialization, group dynamics, and institutions.

- ***Format: Online Asynchronous***
- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

KIN 101: Sports Psychology

Explores psychological factors affecting athletes, including motivation, stress, imagery, relationships, and wellness.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

SDEV 102: Pathways for College and Life Success

Focuses on goal setting, educational planning, academic strategies, and personal growth.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

SPAN 101: College Spanish I

Develops Spanish conversation, reading, and writing skills. Covers pronunciation, vocabulary, grammar, and culture. Equivalent to two years of high school Spanish.

- ***Format: Online Asynchronous***
- ***Transfers to: UC/CSU***
- ***HS Credit: 20 Language other than English***
- ***College Units: 5***

SPAN 102: College Spanish II

Continues Spanish language skills with emphasis on past tense, expanded grammar, vocabulary, and cultural study.

- ***Transfers to: UC/CSU***
- ***HS Credit: 20 Language other than English***
  College Units: 5

THART 100: Introduction to the Theatre

Explores theatre's cultural history, major artists, playwriting, acting, directing, design, and criticism. Requires attendance at live productions.

- ***Transfers to: UC/CSU***
- ***HS Credit: 10 Elective***
- ***College Units: 3***

⭐ *Benefits of Valley Now for High School Students*

- ***Free tuition and books!!***
- ***Complete high school and college credits at the same time.***
- ***Start college at a higher grade level.***
- ***Explore careers and major options before graduation.***
- ***Ease the transition from high school to college.***
- ***Increase chances of academic success.***
- ***Learn how college works and make informed decisions about majors and careers.***

- ***Boost class rank.***
  Earn recognition at graduation.