

Dear parents of LSC K-4th graders:

In accordance with a law implemented July 2018, LSC elementary schools will be teaching child and sexual abuse prevention lessons with all students before December 15th. (This law is mandated for all students in kindergarten through 12th grade.) The lessons we will be using are through the Barbara Sinatra Children's Center Foundation and can be found at www.fightchildabuse.org. The rules below are the ones used in this program. We encourage all families to talk with their children about these issues.

Grades K-3

- Unsafe touches are any touch to a private body part or a part of our bodies that would be covered by a bathing suit, or any touch that makes us feel uncomfortable or unsafe in any way.
- No one should ever hurt us, physically or emotionally. Hitting, kicking, pinching, biting, throwing things, and yelling hurtful words are not allowed. If someone does this to us, we have to Tell a Grown-Up we trust to make it stop.
- No one can ever touch us in an unsafe way, even people we know well. It doesn't matter if it's a friend, a relative, a teacher, or anyone else. We are allowed to tell people if we don't want to be touched, and they have to listen. If they don't, we have to Shout, Run, and Tell.
- We should never talk to strangers without a trusted grown-up present and should never go anywhere with a person we don't know if they ask us to. A strange grown-up will never need help from a child, and they should never offer us anything like a ride, candy, or presents.
- If someone makes us feel uncomfortable or unsafe, we should shout for them to stop, run away, and tell a trusted grown-up what happened. No matter who it is or where we are, if someone makes us feel unsafe, we Shout, Run, and Tell.
- We must always tell a trusted grown-up if someone hurts us, touches us on a private part of our bodies, asks us to touch them on a private body part, or makes us feel uncomfortable or unsafe in any way.

Grades 4-6

- Unsafe touches are any touch to a private body part or a part of our bodies that would be covered by a bathing suit, or any touch that makes us feel uncomfortable or unsafe in any way.
- No one should ever hurt us, physically or emotionally. Hitting, kicking, pinching, biting, throwing things, and yelling hurtful words are not allowed. If someone does this to us, we have to tell an adult we trust to make it stop.
- No one can ever touch us in an unsafe way, even people we know well. It doesn't matter if it's a friend, a relative, a teacher, or anyone else. We are allowed to tell people if we don't want to be touched, and they have to listen.
- We have the power to protect ourselves by making smart choices for our own safety. If we find ourselves in an unsafe situation, or our friends are participating in dangerous activities, it's time to leave. We protect ourselves online by keeping personal information private.
- If someone makes us feel uncomfortable or unsafe, we have to tell them to stop, loudly and clearly. No matter who it is or where we are, if someone makes us feel unsafe, we have to assert our right to safety and privacy and make them stop.
- We must always tell a trusted adult if someone hurts us, touches us on a private part of our bodies, asks us to touch them on a private body part, or makes us feel uncomfortable or unsafe in any way.