

Manteca High School

Welcome Junior & Senior Parents

Manteca High Administration

MEGAN PETERSON
Principal

NEIL MACDANNALD
Vice Principal

ERIC REIS
Athletics Director



DEBORAH CHAVEZ
Vice Principal

JONATHON LANGONE
Vice Principal

STEPHANIE HJELMSTAD
Activties Director

MANTECA HIGH SCHOOL | (209) 858-7340 450 EAST YOSEMITE AVENUE, MANTECA, CA. 95336

Manteca High Counseling

ANGELINA VASQUEZ	A-D	56955	AVASQUEZ@MUSD.NET
JANEEN GEORGE	E-I	56962	JGEORGE@MUSD.NET
KIM MARTINEZ	J-M	56954	KMARTINEZ@MUSD.NET
MELISSA WOODS	N-R	56920	MWOODS@MUSD.NET
WAYNE CHEUNG	S-Z	56964	WCHEUNG@MUSD.NET
ROCIO CARRILLO	ELD	56963	RCARRILLO@MUSD.NET

Contacting your Student's Counselor

Counseling Office Hours: 8:00 am - 4:00 pm

To contact your counselor:

- Call (209) 858-7352 and listen for extensions
  Or Email counselor directly.

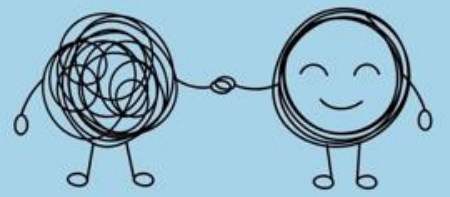
Students can come into the counseling office before school and during lunch.

- Students can chat with their counselor on Microsoft TEAMS.

For additional resources visit our school website.
https://www.mantecausd.net/mantecahighschool

VALLEY COMMUNITY COUNSELING

SCHOOL-BASED COUNSELING SERVICES



What do we do?

School based counselors provide individual and group counseling as requested or needed.

Students struggling with:

- Social skills
- Peer conflict
- Self-harm
- Experienced loss or trauma
- Anger management
- Problems at home
- Academic struggles
- ETC...

IT'S OKAY TO ASK FOR HELP.

Located in the attendance office

- **Moe Khan | Monday-Friday | 8:00am - 3:30pm | mkhan@musd.net**
- **Chantal Asadoor | Thursday and Friday | 8:30am - 4:00pm | casadoor@musd.net**

Graduation Requirements

275 credits

- **40 credits of English (English I, II, III, IV, Honors/AP)**
- **30 credits of Math**
  - **20** credits from the Math Department
  - Final **10** credits from the Math Department or approved elective courses taken during 11th or 12th grade. Elective math courses are indicated on selection sheets by MC.

Must pass Algebra 1 or the equivalent to meet state graduation standards.

- **30 credits of Social Science**
  - 10 credits World History/ AP European History (10th grade)
  - 10 credits US History/ AP US History (11th grade)
  - 5 credits American Government/AP Govt. (12th grade)
  - 5 credits Economics/ AP Microeconomics (12th grade)
- **20 credits of Science**
  - 10 credits life science
  - 10 credits physical science
- **40 credits Physical Education**

  (20 credits may be waived per board policy)
- **5 credits Health**
- **10 credits Fine Art or World Language**

Grades Matter!!!!

4-year college admission

- NO high school grades below a C-
- Colleges may rescind conditional acceptance if senior grades are below a C-

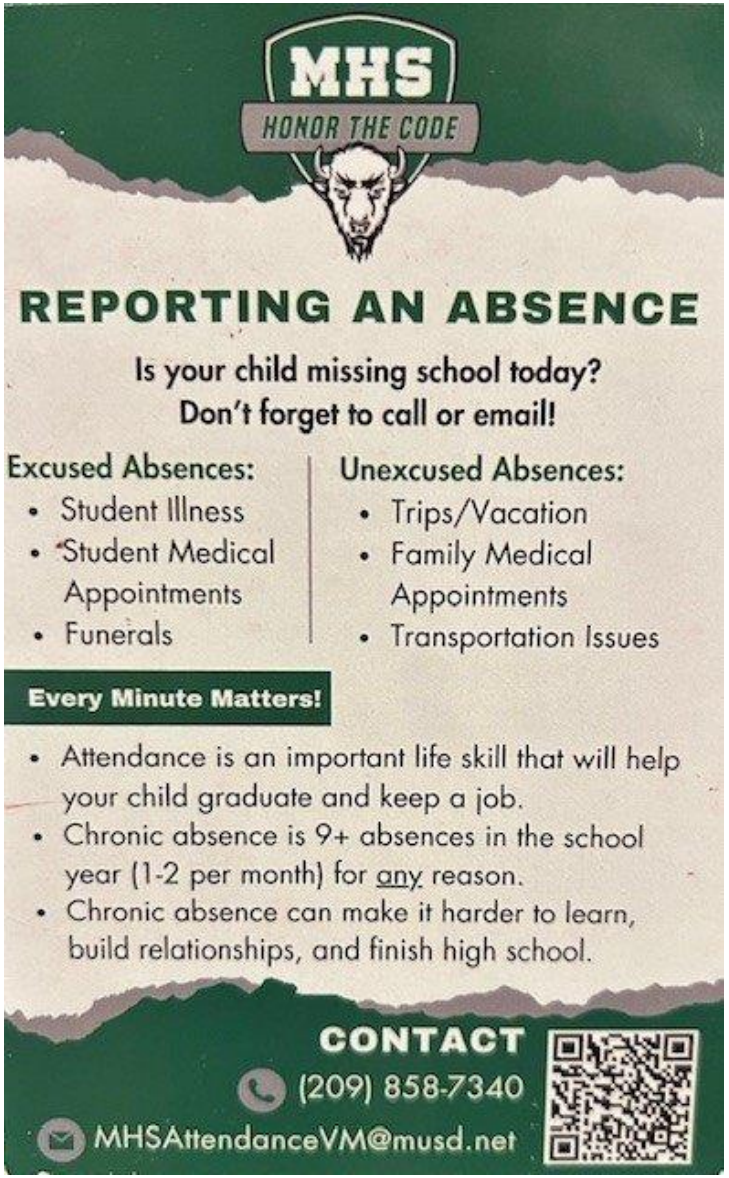
Financial Aid

Cal Grant GPA is determined by your students grades in 10th and 11th grade

Scholarships

May require minimum GPA's

Attendance !!!!


MHS
HONOR THE CODE
REPORTING AN ABSENCE
Is your child missing school today?
Don't forget to call or email!
Excused Absences:
• Student Illness
• Student Medical Appointments
• Funerals
Unexcused Absences:
• Trips/Vacation
• Family Medical Appointments
• Transportation Issues
Every Minute Matters!
• Attendance is an important life skill that will help your child graduate and keep a job.
• Chronic absence is 9+ absences in the school year (1-2 per month) for any reason.
• Chronic absence can make it harder to learn, build relationships, and finish high school.
CONTACT
(209) 858-7340
MHSAttendanceVM@musd.net

5-Star/PBIS

HERD STORE

100 POINTS	• FAST FOOD LUNCH FROM ADMIN • HONOR THE CODE SHIRT
70 POINTS	• ENTER A RAFFLE FOR PROM TICKETS
60 POINTS	• 2 STOCKTON PORTS TICKETS
50 POINTS	• $5 GIFT CARD (DUTCH BROS, CHICK-FIL-A, COLD STONE, IN N OUT, IRON HORSE, JACK IN THE BOX, JAMBA JUICE, MCDONALD'S, STARBUCKS, TACO BELL) • $5 BUFF BUCKS
20 POINTS	• FREE ENTRY AT A HOME SPORTING EVENT • ENTER A FREE YEARBOOK RAFFLE
10 POINTS	• $1 BUFF BUCK
1 POINT	• PINK ERASER • BIC MECHANICAL PENCIL • BIC INKJOY PEN • HERD STICKER

HOW DO WE PBIS?

- HERD 2.0 Program
- Schoolwide Expectations (Clear & Posted)
- 5 Star Points & Incentives
- Following the Behavior Expectations Flowchart

Students can redeem their points for prizes on 5 Star. Prize pick-up is every Thursday in room 20 during lunch.



BUFFALO ELIGIBILITY



- ☑ Minimum 2.0 GPA
- ☑ No more than one ”F”
- ☑ No more than one ”U”
- ☑ No multiple suspensions
- ☑ No 5 day suspension

If you can check all the boxes you are eligible!

If you are not eligible here are SOME examples of things you will miss out on:

- DANCES
- TA
- SPORTS
- UNSCHEDULED PERIOD
- WORK PERMIT
- OFF CAMPUS PASS

MHS Tutoring



English Language (ELD)

Wednesday 3:50-4:50 Room S-1
Thursday 7:25-8:30 Room S-2

9th Grader
Link Crew Tutoring during lunch daily in room P-10

English

Tuesday 7:25-8:25 Room 107
Wednesday 3:50-4:50 Room S-1



Life Skills

Mon & Wed 3:45-4:15 Room 120
Tues & Thus 7:55-8:25 Room 120

Math

Tuesday 7:55-8:25 Room V203
Tuesday 3:47-4:17 Room V203
Ask your teacher if they have office hours for tutoring

Science



Mon, Tues, Wed, Thurs 3:40-4:20 Room 94
Mon, Tues, & Wed 3:40-4:25 Room 91
Mon, Tues, Thurs, Fri 8:00-8:30 Room 94
Mon, Thurs, & Fri 7:40-8:30 Room 91

Spanish

Tuesday 7:25- 8:25 Room 104
Thursday 7:25- 8:25 Room 104



Social Studies/History

Thursday 7:45- 8:25 Room P-11

A-G Requirements for UC/CSU

Must meet <u>all</u> requirements listed with a grade of a "C-" or better in order to meet minimum requirements for the University of California or California State University

A

HISTORY / SOCIAL SCIENCE

2 years required - 1 year of World History and 1 year of U.S. History or 1 semester of U.S. History and 1 semester of U.S. Government.

B

ENGLISH

4 years required - 4 years of college preparatory English that includes reading of classical and modern literature, frequent and regular writing, and practice listening and speaking.

C

MATHEMATICS

3 years required - Must complete math sequence through at least Algebra 2.

A-G Requirements for UC/CSU

D

LABORATORY SCIENCE

2 years required (3 years recommended) - 1 year of Life Science and 1 year of Physical Science.

E

LANGUAGE OTHER THAN ENGLISH (World Languages)

2 years required (3 years recommended) - 2 years of the same language other than English.

F

VISUAL and PERFORMING ARTS

1 year required - 1 year from the following: music, theatre, or art.

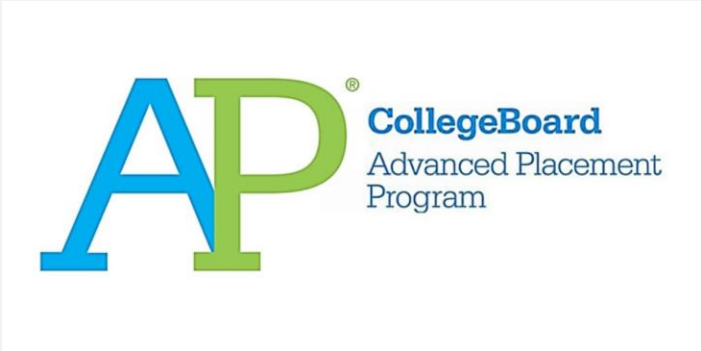
G

COLLEGE PREPARATORY ELECTIVES (CPE)

1 year required - 1 year from the "A - F" courses, beyond those used to satisfy the requirements above or courses that have be approved solely in the elective area.



- Earn **high school credits** and **college units** at the same time by taking FREE online approved dual enrollment classes through Delta College.
- These are **college classes** taught by Delta College professors.
- Grades earned through these classes will be recorded on your student's college transcript and high school transcript
- Grades must be reported on your student's college application.
- Grades of C or higher are accepted by 4-year colleges. A letter grade of a C- or lower may impact college acceptance .



- AP courses are college-level courses taught on our campus.

- AP Exams are administered in May -standardized exams that measure how well students have mastered the material in their AP class(es). There is a fee for the exam with fee waivers available to those who qualify.

- Students who do well on AP Exams can earn credit and/or placement into advanced courses in college. Check with individual colleges regarding their AP credit policy.

Senior College Fees

✓ **College Application Fees-**

- **UC $80.00** per campus
- **CSU $70.00** per campus

**Application fee waiver is imbedded in CSUs & UCs application*

- **Community College = FREE**

✓ **AP Testing- $100** per exam

**see counselor for fee reduction eligibility*

✓ **SAT/ACT Testing (if college requires the exam)**

- **SAT $68**
- **ACT $68** English, Math & Reading **$97** Writing & Science added

Just so you know…

Counselors are meeting individually with seniors to:

- Review Senior Transcript and progress towards graduation and post high school plans
- Discuss and map out post high school plans
- Highlight important dates to meet post high school plans
- Review how to get financial aid/scholarships
- Discuss college requirements and how to apply
- How to request official transcripts for colleges/scholarships

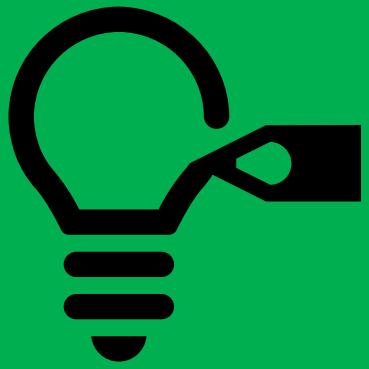
In October, counselors will meet with Juniors to:

- Review credits and post high school plan
- Select classes for senior year

What's Next?







MHS
HONOR THE CODE



Manteca High School

College and Career Fair

Available to all students grades 9-12

Friday, October 17th, 2025

11:50am – 12:20pm (lunch period)

@ Manteca High School

Community College Options

Associates Degree:

- 2-3-year programs in specific area of study

Transfer to 4 Year

- **Complete General Education--** generally 2-3 years of courses & may earn AA degree at same time

Transfer and attend 4-year college for remaining 2 years.

Certificate Programs

- Certificate programs are trade school programs……
- Completion of the program earns the certificate of completion (like a diploma)

Advantage: Proof of skills when applying for jobs……..

Over 100+ certificate programs available at MJC and Delta College

Military

Contact recruiter anytime during Senior year

Talk with the recruiter about ASVAB testing

Take ASVAB @MHS on **November 6, 2025**

Stay in contact with recruiter & Retake ASVAB if needed



4 Year Colleges and Universities

California State University (CSU)

There are 23 campuses.

Local campuses:

Fresno State, Sac State, Stanislaus State

Requirements:

- Meet A-G requirement with a "C-" or better

  Minimum GPA 2.5 (Reality avg. 3.13-3.92)

- SAT/ ACT Test NOT REQUIRED

  Application open October 1st – December 2nd

4 Year Colleges and Universities

University of California (UC)

9 campuses

UC Davis, UC Berkley, UC Santa Cruz etc.

Requirements:

- Pass all A-G requirements with a "C-" or better
  Minimum GPA 3.0 (Reality avg. 3.71- 4.23)
- SAT/ ACT Test NOT ACCEPTED
- Holistic Application, personal insight questions

Application open August 1st – December 1st

4 Year Colleges and Universities

Private or Out of State

Requirements:

- Admission requirements can vary-

  A-G is a good guide

- Check with the college/university
  - admission requirements
  - requirement of the SAT/ACT exam
  - application/admission deadlines
  - additional fees/ tuition if out of state

NCAA Schools

Division 1 or 2 Collegiate Athletics

MUST be cleared through the NCAA Eligibility Center and have a

- minimum of 2.3 GPA Division 1
- minimum of 2.2 GPA Division 2
- Students must complete 16 required core courses

Register online @ NCAA Eligibility Center

NAIA Schools

To be eligible to play NAIA Collegiate Athletics, students must register at PlayNAIA.org

- To participate in athletics in the NAIA, students must be admitted to the college or university under admission standards equal to or higher than those applied to the general student body.
- The NAIA Eligibility Center will determine the student's eligibility based on high school grades, SAT/ACT scores, class rank, and/or dual credit.

Have a Backup Plan for College

Perfect back up plan:

Apply to a Community College

- **Application is Free**
- **If other plans don't work out……..your student will have something to fall back on!**
- **Community Colleges offer job training…or they can transfer to the college/university, or go in the, military, etc.**

Types of Financial Aid



Grants-Governmental or Institutional money given to a student meeting certain criteria that does not need to be paid back.

Work Study-Campus jobs for students to work part time to earn money for school- student must qualify.

Loans-money borrowed that must be paid back.

Scholarships- Money given from institutions or private organizations to students- does not have to be paid back. Student must apply.



Types of Grants:

- Institution Grant- campus $
- Pell Grant- Federal $
- Cal Grant- State $ **Deadline: April 2nd**

3 types of Cal Grants:

Cal Grant A: Requires 3.0 GPA+

Cal Grant B: Requires 2.0 GPA+

Cal Grant C: Trade Programs only --no GPA req.

GPA = 10th and 11th grade Grades excluding PE and TA

MUSD submits GPA for all seniors

FAFSA/CA Dream Act

Free Application Student Federal Aid

www.fasfa.ed.gov

California Dream Act (CADAA)

https://dream.scac.ca.gov

Application opens October 1st

MHS Financial Aid Workshop Night

October 29, 2025 & January 21, 2026

4:00-6:00 pm

MHS Library

FAFSA / CADAA OPT OUT FORM

MANTECA UNIFIED SCHOOL DISTRICT

The Free Application for Federal Student Aid (FAFSA) or California Dream Act Application (CADAA) determines a pupil's eligibility for financial aid to assist with a pupil's attendance at a college or career school. California Education Code (CEC) § 51225.7 requires a local educational agency to confirm each 12th grade pupil's completion and submission of a FAFSA or CADAA unless the pupil is determined to be exempt or an opt-out form is completed by a legally emancipated pupil, a pupil who is 18 years or older, a legal guardian, or parent, or a local educational agency on a pupil's behalf. This opt-out form permits a pupil to opt out of the completion of a FAFSA or CADAA form.

If you wish to opt yourself or your pupil out of the Financial Aid Application requirement, please complete this form and return it to your local high school counselor by the date established at your local school district.

Submitting a Financial Aid Application Opt-Out Form does not prohibit a pupil from completing and submitting a financial aid application at any time in the future.

Selective Service

Register with the Selective Service System **To remain eligible for...**

- Student Loans and Grants
- Federal Job Training
- Government Jobs
- U.S. Citizenship (delayed up to 5 years)

All male U.S. citizens (including those who live abroad), and immigrants residing in the U.S., who are 18-25 years old, are required to register with Selective Service.



Since 1980, over 92 million men have registered with the Selective Service and have benefited from opportunities, including eligibility for many student loans and scholarships, nearly 2.7 million jobs with the federal government, many state and local government jobs, free job training under the Workforce Innovation and Opportunity Act, and in some cases, a streamlined process for citizenship.

How can men register?



Register online at sss.gov

Paper forms at U.S. Post Offices

Call 1.888.655.1825
(bilingual support available)

$$$ Scholarships $$$

MHS counseling office will email seniors and parents a list of available Scholarships they can apply for every Friday starting in November

Beware of scholarship scams- Students should never pay to apply for a scholarship.

COMMUNITY SERVICE

Local organizations that take student volunteers:
Boys & Girls Club, GECAC, Manteca Library, Second Harvest Food Bank and more…
*Keep track of your service, it will come in handy for scholarships and college applications as a 12th grader.
(not a graduation requirement)

WORK PERMITS

Job Board- The Counseling Office has a list of local places that are hiring, this is updated weekly.
* Note that many employers require students to be 16 years old

Students must be ELIGIBLE to get a work permit; we look at grades (minimum 2.0) and discipline.



Parent Connect

Visit:
https://q.musd.net/parentportal
to see school announcements, attendance and grades.

All Parents with an email will automatically be enrolled in Parent Connect, If you have previously signed up with a returning student you should already have access to an account.

Forgot your login? Click "Need Login information" for pin/password

Contact Sandy Kieffaber skieffaber@musd.net or (209)858-7352

Contacting Teachers

Teachers are the best contact for class specific questions.

Options for contacting teachers:

Email—the fastest and easiest way to contact teachers. You may access your student's teachers through the school's website or Parent Connect.
http://www.mantecausd.net/schools/high-school/manteca

Microsoft TEAMS- Students can talk or chat with teachers via Teams.

Voice Mail — call the school (209)858-7340 and follow the directions for contacting an individual teacher's voice mail.

Connect With Us

The Blackboard APP/PeachJar eflyers
Brings all district resources to your mobile device.
Search Manteca USD in your app store

Manteca High School

MHS Buff TV

MantecaHighSchool
mantecahighschoolcounseling

How To Purchase MHS Merch

MHS Spirit Wear

MHS Mascot Shop

themascotshop.jostens.com/1005354

PE Clothes
ASB/Year books/Formal
Dance Payments

MHS Student Store

Manteca High School Webstore

Manteca High Website

https://mantecahigh.mantecausd.net

Encourage Students to check their school email daily for important information and opportunities

Questions?