





We've Expanded!

Northwell Behavioral Health Center at Riverhead

Districts Served: Hauppauge, Middle Country, Sachem, South Country, William Floyd

Address: 877 E. Main St. Suite 107, Riverhead **Phone**: 631-803-3116 Email: RIVBH@northwell.edu

Hours: Mon-Fri, 9:30am - 5:30pm

Health Center at Mount Kisco

Northwell Behavioral



Districts Served: Briarcliff, Byram Hills, Chappaqua, Hendrick Hudson, Lakeland, Peekskill

Phone: 914-561-3740 Email: MTKBH@northwell.edu

Community Resources

SCHOOL MENTAL HEALTH PARTNERSHIP SCHOOL AVOIDANCE

PARENT WORKSHOP

Frequently Asked Questions: Is registration required to join the webinars? Yes. Registration is required to attend the workshop

For Parents Supporting Your Anxious Child

"Parenting Through Anxiety," is a free, 5-week lunch-and-learn workshop series. This program provides you with the knowledge and strategies to help your child thrive.

This session is a 6-week program and is held on Wednesdays, from 12-12:45pm, on 10/1, 10/8, 10/15, 10/22, and 10/29

Click here to view the flyer

Click Here to Register

Address: 657 E. Main St., Mount Kisco

Hours: Mon-Fri, 9:30am - 5:30pm

For Parents:

School Avoidance Parent Workshop

This program is designed to empower parents like you with the knowledge and tools to address school avoidance and help your child thrive.

This session is a 6-week program and is held on Tuesdays, from 12-12:45pm, on 9/30, 10/7, 10/14, 10/21, 10/28 and 11/4

Click here to view the flyer

Click Here to Register

SCHOOL MENTAL HEALTH PARTNERSHIP **SUPPORTING YOUR**

ANXIOUS CHILD A practical workshop on managing anxiety in children.

Understanding Childhood Anxiety
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Chemical Health Program (Health Program Chemical Program (Health Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program (Health Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program Chemical Program (Health Program Chemical Prog Frequently Asked Questions:

Chat with Our Experts: Upcoming Parenting Education Workshops

Phones Down, Learning Up: **Understanding the Cell Phone Ban** Vera Feuer, MD Date: September 25, 2025 12:00pm-1:00pm

Click Here to Register





Behavioral Health Center Hours

on September 23rd and 24th.

All centers will be **OPEN** with regular business hours

Stay Connected, Parent Strong: We're in this Together!



Visit Our YouTube

covering a wide range of parenting topics, from navigating screen time to supporting healthy sleep habits, giving you practical strategies and information to help you thrive as a parent! Click Here To View Channel

View our library of workshops

led by Northwell experts,



Our website provides office information, expert advice, and insightful articles from leading professionals. Find the guidance you need or stay informed with our comprehensive resources. Explore our site today!

Click Here To Visit Our Website



Emails Stay in the loop with all things Northwell Behavioral Health

Center! Join our email list and be the first to know about upcoming community education events, exciting center updates, and other important news. We'll keep you informed about everything happening, from new offerings to special events! Click Here To Sign Up Today

New York's Statewide Standard for

New Year, New Policies

Distraction-Free Schools Learn more on how to navigate the cell phone ban with

these resources • School Cell Phone Policies: Tips for

- **Families** • More students head back to class without one crucial thing: their phone
- As a psychiatrist and mom, this is why I support NY's school smartphone bans
- **What's Happening This Month**



National Suicide Prevention



September is Suicide Prevention Awareness Month. Let's raise

Awareness Month

awareness, promote resources, and support those in need. Together, we can prevent suicide. You're not alone, there is hope. Click here to learn the warning signs



Quick Reads:

This Hispanic Heritage Month let's celebrate the rich history, vibrant cultures, and invaluable contributions of Hispanic

National Hispanic Heritage Month

Click here to learn more!

Mount Kisco



CNN.com Title: Parental Controls are Coming to ChatGPT Click here to read

NPR Title: Talking to kids about school shootings. Be truthful and

Riverhead

School Districts Served: School Districts Served: School Districts Served*:

Click here to read The Well by Northwell

ur anxious kid benefit from Exposure Therapy? Click here to read

Mineola **Rockville Centre** School Districts Served: School Districts Served:

Bethpage, Carle Place,	East Rockaway, Freeport,	Commack, Connetquot,	Hauppauge, Middle	Briarcliff, Byram Hills,
Garden City, Great Neck,	Hewlett- Woodmere,	Copiague, Half Hollow	Country, Sachem, Sacred	Chappaqua, Hendrick
Herricks, Jericho,	Lawrence,	Hills, Harborfields,	Heart Academy, South	Hudson, Lakeland,
Manhasset, Mineola, Port	Lynbrook, Oceanside,	Hauppauge, South	Country, William Floyd	Peekskill City
Washington, Roosevelt,	Rockville Centre, Sacred	Huntington, Huntington,		
Roslyn, Sacred Heart	Heart Academy,	Northport, North Babylon,		
Academy, Sewanhaka,	Uniondale, Valley Stream	Sacred Heart Academy,		
Syosset,	Central HS, Wantagh, West	Sachem, Smithtown,		*Confirmed to Date
	Hempstead	Wyandanch		
Address:	Address:	Address:	Address:	Address:
156 1 st Street, Lower	100 Merrick Road, Suite	2171 Jericho Tpke, Suite	877 E. Main St., Suite	657 Main St., Mount
Level,	102E,	345	107,	Kisco, NY 10549
Mineola, NY 11501	Rockville Centre, NY 11570	Commack NY 11725	Riverhead, NY 11901	
Millieola, NY 11501	Nockville cellere, ivi 11370			
Contact	Contact	Contact	Contact	Contact
			<u>Contact</u> P: 631-803-3116	<u>Contact</u> P: 914-561-3740
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<u>Contact</u> P: 516-321-5770	<u>Contact</u> P: 516-927-1630	<u>Contact</u> P: 631-775-3280	P: 631-803-3116	P: 914-561-3740
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Important Phone Numbers to Know

- RVC Behavioral Health Center 516-927-1630
- Mineola Behavioral Health Center 516-321-5770 • Commack Behavioral Health Center - 631-775-3280
- Riverhead Behavioral Health Center 631-803-3116 • Mount Kisco Behavioral Health Center - 914-561-3740
- South Oaks Hospital Admissions 631-608-5885 • Cohen Children's Medical Center Pediatric Behavioral Health Urgent Care - 718-470-3148
- Cohen Children's Medical Center Pediatric Emergency Department 718-470-3768 • Long Island Crisis Center - 516-679-1111
- Center for Hope 516-216-5194
- National Suicide Prevention Lifeline Call or Text 988