



Resources in Response to the Evergreen High School Shooting and Utah Valley University Shooting



The shootings at Evergreen High School in Evergreen, Colorado and Utah Valley University in Orem, Utah have evoked a range of emotions and concerns of safety across the United States. In response to these events, the National Child Traumatic Stress Network has developed resources to help children, families, and communities navigate what they are seeing and hearing, acknowledge their feelings, and find ways to cope together.

We encourage you to share these resources with the families in your communities to foster meaningful and supporting conversations with students.

For Students

- [Parent Guidelines for Helping Youth After the Recent Shooting](#)
- [Talking to Children about the Shooting](#)
- [Talking to Children: When Scary Things Happen\\_\(En Espanol\)](#)
- [Creating Supportive Environments: When Scary Things Happen\\_\(En Espanol\)](#)
- [For Teens: Coping After Mass Violence](#)
- [Helping Teens with Traumatic Grief\\_\(En Espanol\)](#)
- [Helping School-Age Children with Traumatic Grief\\_\(En Espanol\)](#)
- [Age-Related Reactions to a Traumatic Event\\_\(En Espanol\)](#)

For School Professionals

- [Psychological First Aid for Schools \(PFA-S\)](#)
- [PFA-S: For Health Related Professionals](#)
- [PFA-S: For Principals and Administrators](#)
- [PFA-S: For School Support Staff](#)
- [PFA-S: For Teachers](#)

Disaster Helpline

SAMHSA has a [Disaster Distress Helpline](#) – call or text **1-800-985-5990** (for Spanish, press “2”) to be connected to a trained counselor 24/7/365

Northwell Behavioral Health Centers

Mineola	Rockville Centre	Commack	Riverhead	Mount Kisco
<b>School Districts Served:</b> Bethpage, Carle Place, Garden City, Great Neck, Herricks, Jericho, Manhasset, Mineola, Port Washington, Roosevelt, Roslyn, Sacred Heart Academy, <del>Sewanhaka</del> , Syosset,	<b>School Districts Served:</b> East Rockaway, Freeport, Hewlett- Woodmere, Lawrence, Lynbrook, Oceanside, Rockville Centre, Sacred Heart Academy, Uniondale, Valley Stream Central HS, Wantagh, West Hempstead	<b>School Districts Served:</b> Commack, Connetquot, Copiague, Half Hollow Hills, Harborfields, Hauppauge, South Huntington, Huntington, Northport, North Babylon, Sacred Heart Academy, Sachem, Smithtown, Wyandanch	<b>School Districts Served:</b> Hauppauge, Middle Country, Sachem, Sacred Heart Academy, South Country, William Floyd	<b>School Districts Served*:</b> Briarcliff, Byram Hills, Chappaqua, Hendrick Hudson, Lakeland, Peekskill City
<b>Address:</b> 156 1 <sup>st</sup> Street, Lower Level, Mineola, NY 11501	<b>Address:</b> 100 Merrick Road, Suite 102E, Rockville Centre, NY 11570	<b>Address:</b> 2171 Jericho Tpke, Suite 345 Commack NY 11725	<b>Address:</b> 877 E. Main St., Suite 107, Riverhead, NY 11901	<b>Address:</b> 657 Main St., Mount Kisco, NY 10549
<b>Contact</b> P: 516-321-5770 <a href="mailto:MINBH@Northwell.edu">MINBH@Northwell.edu</a>	<b>Contact</b> P: 516-927-1630 <a href="mailto:RVCBH@Northwell.edu">RVCBH@Northwell.edu</a>	<b>Contact</b> P: 631-775-3280 <a href="mailto:COMBH@Northwell.edu">COMBH@Northwell.edu</a>	<b>Contact</b> P: 631-803-3116 <a href="mailto:RIVBH@Northwell.edu">RIVBH@Northwell.edu</a>	<b>Contact</b> P: 914-561-3740 <a href="mailto:MTKBH@Northwell.edu">MTKBH@Northwell.edu</a>
<b>Hours</b> M/W/Thu/Fri: 8am - 8pm Tues: 9:30am - 5:30pm	<b>Hours</b> T/W/Thu/ 8am - 8pm Mon/Fri: 9:30am - 5:30pm	<b>Hours</b> M/T/W/Thu/ 8am - 8pm Fri: 9:30am - 5:30pm	<b>Hours</b> Mon-Fri: 9:30am - 5:30pm	<b>Hours</b> Mon-Fri: 9:30am - 5:30pm

Important Phone Numbers to Know

- RVC Behavioral Health Center - 516-927-1630
- Mineola Behavioral Health Center - 516-321-5770
- Commack Behavioral Health Center - 631-775-3280
- Riverhead Behavioral Health Center - 631-803-3116
- Mount Kisco Behavioral Health Center - 914-561-3740
- South Oaks Hospital Admissions - 631-608-5885
- Cohen Children’s Medical Center Pediatric Behavioral Health Urgent Care - 718-470-3148
- Cohen Children’s Medical Center Pediatric Emergency Department - 718-470-3768
- Long Island Crisis Center - 516-679-1111
- Center for Hope - 516-216-5194
- National Suicide Prevention Lifeline - Call or Text 988