PANTHER NATION

NRHEG PUBLIC SCHOOLS

School and Community Activities and Information

PROUDLY EMBRACING THE COMMUNITIES OF: NEW RICHLAND, HARTLAND, ELLENDALE, AND GENEVA

Fall / Winter Activities

October - December 2025













Stay Connected with the NRHEG School District!

www.nrheg.k12.mn.us

FACEBOOK

NRHEG Elementary School
NRHEG Secondary School
NRHEG Community Education
NRHEG ECFE

Community EDUCATION
NRHEG Public Schools

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Community Education

ADVISORY COUNCIL

WE NEED YOU!

Our Community Education Advisory Council has a few seats open. The council meets 4 times per year, dates TBD based on our volunteer's schedules during the academic year. Each meeting is approximately 1.5 hours in length.

If you are interested in serving on our council, please email Macy Whiteside at mwhiteside@nrheg.k12.mn.us or call 507-417-2667. Your input is important to us! Thank you for considering joining our team.

DISTRICT CONTACT INFORMATION:

Our Mission: *Empowering students with knowledge and skills to succeed.*

Our Vision: *To be the school district of choice, inspiring excellence in academics, arts, and activities.*

DISTRICT OFFICE: Superintendent: Michael Meihak mmeihak@nrheg.k12.mn.us Admin. Assistant: Sarah Wacholz. swacholz@nrheg.k12.mn.us Phone: 507-465-3206 Fax: 507-465-8633	**COMMUNITY EDUCATION:** Director: Macy Whiteside mwhiteside@nrheg.k12.mn.us Phone: 507-417-2667 Fax: 507-465-8633 Assistant: Stacy Hutchens: shutchens@nrheg.k12.mn.us
ELEMENTARY SCHOOL: Elementary Principal: Dr. Kimberly Meyer kimmeyer@nrheg.k12.mn.us Admin. Assistant: Jean Greenwood jgreenwo@nrheg.k12.mn.us Phone: 507-684-3181 Fax: 507-684-2108	**SECONDARY SCHOOL:** Secondary Principal: Grant Berg gberg@nrheg@nrheg.k12.mn.us Admin Assistant: Nikki Cromwell ncromwell@nrheg.k12.mn.us Phone: 507-465-3205 Fax: 507-465-8633

ATHLETICS / ACTIVITIES: Athletic Director: Dan Stork dstork@nrheg.k12.mn.us Phone: 507-417-2628	**TRANSPORTATION:** Site Manager: Dan Schmidt dschmidt@nrheg.k12.mn.us Phone: 507-417-2644	**FOOD SERVICE:** Director: Sarah Meihak smeihak@nrheg.k12.mn.us Phone: 507-417-2633

How to Become a Community Education Instructor:

Do you have a special talent or skill to share with others?

Every year NRHEG Community Education seeks individuals to hire as independent contractors to instruct our classes (youth or adult). While some of our instructors are professionals, we actively recruit people who have hobbies or expertise in an area, which can be developed into a class or workshop! Currently, we are looking for a co-dance instructor for our Youth Dance Program (serves approx. 65 children per season) located in New Richland or Ellendale for our surrounding communities!

Call Macy at (507) 417-2667, email: mwhiteside@nrheg.k12.mn.us or stop in-person (Monday-Thursday 8:00-3:00pm at the New Richland Secondary School) to learn more about our instructor qualifications and responsibilities.

NRHEG District Newsletter October 2025



A Letter from the Superintendent

Panther Pride Carries Us Through the Seasons

As we move into the heart of the school year, Panther Pride continues to be felt in every corner of our district—from the classroom to the gym, from the auditorium to the classrooms, and everywhere in between.

October through December is always a busy season in our rural schools. Fall activities are wrapping up or heading into post-season play, while winter activities are getting started. Our students are showing what it means to represent NRHEG with class and commitment. Inside our buildings, the energy is just as strong. Elementary classrooms are diving into the newly adopted curriculum, and it's exciting to see both students and staff growing with the new materials. At the secondary level, students are engaging in college and career planning, co-curricular competitions, and hands-on learning experiences that prepare them for life beyond our walls.

One of the things that makes this time of year so special is how deeply rooted it is in tradition—Homecoming, Veterans Day events, fall concerts, parent-teacher conferences, and holiday programs. These moments aren't just dates on the calendar. They're opportunities to bring our communities together and remind ourselves what's possible when schools and families work hand-in-hand.

As a rural district, we are fortunate to have strong ties between our school and our towns. We don't take that for granted. The support we receive from our parents, local businesses, and community organizations is the backbone of our success. And that support goes both ways—our students and staff continue to give back through service projects, performances, and meaningful connections across New Richland, Hartland, Ellendale, and Geneva.

We are proud of where we are, but we also know there's more ahead. Growth is part of who we are. Not just in numbers, but in mindset. We will continue to challenge ourselves to improve, to adapt, and to provide the very best experience for our students and families. That means asking good questions, supporting each other, and always keeping the bar high.

So thank you—for the pride you show, the hard work you give, and the belief you have in our schools. We're off to a strong start this year, and we're just getting warmed up.

Go Panthers!

Mike Meihak
Superintendent

NRHEG Public Schools

What can be found on our website, nrheg.k12.mn.us/pages/NRHEG

*Important information for Parents & Students like our: *Back to School Information *Student Handbooks *School Supply Lists *JMC Parent Access *High School Registration Manual *1:1 Mobile Device Orientation, Forms & Fees *Activities Calendar *Staff directory with Phone Numbers & Email Addresses *Meet the Teachers *Lunch Payment *Lunch Menus *Announcements *Forms from the Nurse *Inclement Weather Information *Contact Us *Transpiration Information *Environmental, Health & Safety Notices *Employment*

Select District or Select a School, navigate the site or for assistance call Sue Kulseth at 507-465-3205 for help locating just what you are looking for. It's all THERE!



What is Community Education?

Community Education is an opportunity for local citizens, community schools, agencies and institutions to become active partners in addressing education and community concerns. Community Education embraces these beliefs: education is a lifelong process, everyone in the community shares a responsibility for the mission of educating all members of the community and citizens have a right and responsibility to link the needs of the resources to improve their community.

Services

LIFE LONG LEARNING

Youth & Adult Programming

Classes provide youth and adults with educational and recreational programs to gain new skills and knowledge while building strong connections and empowering the community

Early Childhood Services

- Early Childhood Family Education (ECFE)
- Panther Preschool
- Early Childhood Screening

Facilities Rental

Need gathering space? We have it!

Youth Development Scholarships: Through the generous donation from the EF Johnson Foundation, we are able to offer $75.00 scholarships per child for summer & fall programming – visit our website for guidelines and download the application or get one from your school office or email Macy at mwhiteside@nrheg.k12.mn.us! *Income eligibility based off of the free/reduced lunch scale.*



Facility Scheduling & Requests

Requests for the use of school facilities are made through the Community Education Office.

Please contact the office at 507-417-2667 and ask for a facility use form or go to the NRHEG website and find the form under Community Education.

A minimum of three week notice for use of facilities is required.

BECOME AN INSTRUCTOR!!

Share your talents with Community Education.

Community Education classes are flexible and designed to meet the needs of our instructors and the community. Volunteer and salaried positions are available.

For more information call:
507-417-2667

email: mwhiteside@nrheg.k12.mn.us

BIRTHDAY PARTY GYM RENTAL

Is your child having a large birthday party this year and you don't want to host it at home? Then give us a call about renting our school gym & cafeteria! We help clean up the mess and provide your birthday party crew with basketballs, dodgeballs, footballs, a parachute, hoola-hoops, jump ropes, kick balls, etc. Gym Party Rental fee is $65 for 2 hours of gym time for free play/games and cafeteria time to eat.

Call 507-417-2667 or email mwhiteside@nrheg.k12.mn.us to check on gym availability (Ellendale or New Richland) and to schedule your party!


FREE ENTRY
KIDFEST
HALLOWEEN
COSTUME CONTEST
FUN | GAMES | PRIZES
Friday Oct. 31st from 5:00-6:30pm
(stop in before trick or treating begins)
New Richland City Hall
Stop in anytime from 5-6:30pm to get into the spirit of Halloween before a fun night of trick or treating! You can make a craft (while supplies last), play some games, get some candy, and have your picture taken for our Facebook costume contest! Winners will be announced on Wednesday and you can stop by the school to claim your prize!


Second Annual
HOLIDAY HANGOUT
FUNDRAISER FOR ALL INCLUSIVE PLAYGROUND
NRHEG ELEMENTARY SOUTH GYM
600 School Street, Ellendale, MN
SATURDAY, NOVEMBER 8, 2025
10 AM - 3 PM
Food Trucks * Desserts * Crafts * Candles
Seasonal Decor * Handmade Items
Parking in available non-barricaded lots & street.
Enter through South doors, #8


COOKIES WITH SANTA
Saturday, November 29, 9:30-12:00pm
Stop by any time! Santa & Mrs. Claus will join us from 10:00-11:30pm
Stop in anytime from 9:30-Noon!
Bring your camera & take a picture with Santa & Mrs. Claus (10:00-11:30AM)
ACTIVITIES WILL INCLUDE...
LETTERS TO SANTA
COOKIE DECORATING
CRAFTS
REINDEER FOOD
GIFT MARKET
FUN GAMES
New Richland School. 306 Ash Ave. South. (enter door #1E)



IS YOUR FAMILY INCLUDED ON THE SCHOOL DISTRICT CENSUS?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? ISD 2168 wants all families with young children to know about our programs and activities. Being on the school census also ensures that you will receive information regarding Early Childhood Family Education classes, Early Childhood Screening, and the Panther Preschool program information. In addition, funding for our Early Childhood Programs is based on the number of children on our census.

It is important that everyone be counted! To be added to the census, please call Karla at our school office, 417-2605 or find the form on our Community Education Website at www.nrheg.k12.mn.us under the community education tab.

help me CONNECT

A navigator connecting pregnant and parenting families with young children (birth-8 years old) with services in their local communities that empower families to be healthy and safe.

MINNESOTA Help Me Connect is an interagency collaboration between Minnesota's Departments of Education, Health and Human Services. For more information, visit https://helpmeconnect.web.health.state.mn.us/HelpMeConnect/

help me GROW

Are you concerned about your child's development? Help Me Grow is a group of service providers working together to help area families. They provide free early intervention referral services to help families find and coordinate resources for their children aged birth to 5 years old.

• Help Me. Grow provides. Resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost.

• Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service. agencies.

Early childhood screening is mandated by the State of Minnesota for all children entering Kindergarten. The best time to have your child screened is between the ages of 3 and 4.

Early Childhood SCREENING

Early Childhood Screening is FREE and the earlier the BETTER! When your child turns 3, please call 507-417-2667 to schedule a screening appointment.

UPCOMING SCREENING DATES: October 13-14-15, 2025 at the United Methodist Church in Ellendale

ECFE
Early Childhood Family Education

Like us on: facebook

What is ECFE? Early Childhood Family Education (ECFE) is a NRHEG Public Schools program that provides parenting information and support to families whose children are birth to five years old (not yet enrolled in kindergarten). A variety of classes, pre-school options, and activities are offered for all age groups. Most ECFE classes follow a similar format: parent/child activity time followed by parent education time to discuss common concerns and experiences while their children participate in an early childhood classroom. School readiness skills and activities are an important part of all programming.



What does a typical ECFE class include?

Parent-Child Activity Time: Families explore a classroom filled with developmentally appropriate play materials and learning activities planned by a licensed early childhood teacher. These experiences foster a child's social, emotional, cognitive, physical, and language skills.

Parent Education Time: Parents meet with a licensed parent educator to share support, experiences, and information about child development and parenting techniques. Research on early brain development, parent-child relationships, child development, and guidance techniques are presented in ECFE classes.

Children's Activity Time: Children learn with the early childhood teacher and practice social skills as they interact with one another.

Adventures In Parenting

This multi-age class focuses on a variety of family issues and activities. Topics covered in parent discussion time are determined through discussion of parent needs/interests, current research, and teacher suggestions including child development, school readiness, temperament, guiding behavior, and sibling relationships. During separation from parents, children interact with the Early Childhood staff and other children and typically have a snack, crafts, stories, music, and more time playing with peers. These classes are for preschoolers aged 2½ -5 years old and their parents, grandparents, or caregivers.

WINTER 2025 Session

Classes will be held in the evenings in the New Richland or Ellendale Preschool classrooms.
$15 per family. *Classes are located in New Richland.* Tuesday Sept. 30th is our first class will be located in New Richland at the Secondary School in room #C115 at 5:45-7:15pm (enter southeast playground doors #2S).
Classes will be held on Sept 30. Oct 14, 21, 28. Nov. 3, 10, 18.

Parent Aware
Highest Possible Rating

GRANDPARENT'S NIGHT

Children Ages: 2 ½ - 5 YEARS OLD

A special time for grandma and/or grandpa (or special grandparent-like friend) to spend time with their favorite preschooler! You will make a project, play a game, read a book, and eat a snack together while making each other feel extra-special, as usual!

Cost: $5.00 per child **Date:** Tuesday, Jan. 27 **Time:** 6:00-7:15pm.
Location: New Richland School lower commons

NRHEG Panther Preschool

NRHEG Community Education and our School Readiness Programs take pride in investing in our youngest learners and in preparing children and families for success in school.

NRHEG Panther Preschool provides programming designed to help early childhood learners prepare for Kindergarten! Our program is designed for all families. We have a total of two sites for you to choose from (New Richland or Ellendale) for our 3-5 year old students.

** Our three year old students have classes 2 days per week (Tues/Thurs) in the morning (8-10:30am).
** Our four & five year old students have the option of 3 days (MWF 8-11am) or 4 days (M-Th. 12:15-3:15pm) per week (mornings (8-11am) and/or afternoons (12:15-3:15pm).

For more information visit: https://www.nrheg.k12.mn.us/domain/50
or call/email Macy at 507-417-2667 / mwhiteside@nrheg.k12.mn.us

NRHEG School Age Care

Daycare for children ages 3 years – 5th grade.
6:45-5:45pm Monday-Friday.

* All day care available for preschoolers in New Richland & Ellendale
* Before/After school care for Bridges/Kindergarten – 5th grade at the Ellendale & New Richland schools.
* Non-school day care located in New Richland and all summer long!

Also included...
- Kindergarten Readiness support
- Homework help upon request
- Fun recreational activities
- Breakfast, lunch, & snacks included
- Arts & Crafts

Please call or email Macy at 507-417-2667, mwhiteside@nrheg.k12.mn.us for more information! Pricing varies based on your hours needed per week. Visit our website at: www.nrheg.k12.mn.us/Page/3214

Ellendale Elementary School Information

REMINDERS OF UPCOMING DATES & EVENTS:

OCTOBER

16 & 17 – no school (MEA Break)

NOVEMBER

3 – no school (teacher planning day)

11 & 13 – Parent/Teacher Conferences

27 & 28 No School – Thanksgiving

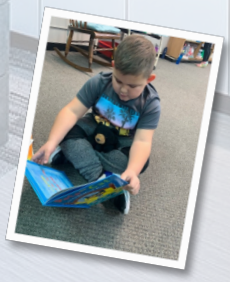
DECEMBER

15 – Holiday Concert, 6:00pm for grades B/K-2, 7:00pm for grades 3-5

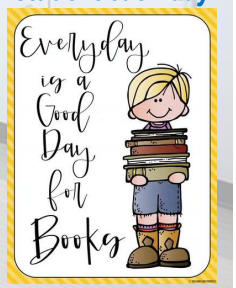
24 – Jan. 2 No School, Winter break







Parents – Please take time to read to or with your student each day.



School Age Care

AGES: 3 YEARS – 5TH GRADE



STARTING

September 4th 2025

Hours: 6:45am- to 5:45pm Monday-Friday

New Richland & Ellendale Schools

***All day care available for children ages 3-5 years old in New Richland & Ellendale (enrolled in Panther Preschool)**

*** Before / After School care for B/K – 5th grade in Ellendale and New Richland Schools**

Please call or email Macy at mwhiteside@nrheg.k12.mn.us 507-417-2667 for more information

- *Preschool aged Before & After-School all-day Care
- *B/K-5th grade Before & After-School Care.
- *Kindergarten Readiness Support
- *Homework help upon request
- *Fun-Recreational Activities
- *Breakfast & Snacks Included
- *Care on Non-School & Summer Days
- *Arts & Crafts

Cost varies based on your hours needed per week visit our website at: www.nrheg.k12.mn.us/Page/3214



AFTER-SCHOOL LEGO® CLUB

Grades: 1-5

Calling all LEGO® Masters! We can't wait to see all your magnificent creations at LEGO® Club

What is LEGO® Club? Our LEGO® Club is all about sharing your ideas and creating new and fantastical creatures, vehicles, and structures. There will be time for imaginative creations along with individual and group challenges and contests to put your STEAM skills to the test!

Fall/Winter Session Dates:

Grades 1-2: Fridays Oct. 10, Nov. 7, Jan. 9

Grades 3-5: Fridays Oct. 24, Nov. 21, Jan. 23

Time: 3:05-4:15pm.

Location: Ellendale Media Center.

Cost: $5.00 per person for all 3 sessions

Register by: Friday, Oct. 4th

After-School Art Club

for students in 2-6th grade.

All classes will begin & end in the Community Education room at the Secondary Building, room #C113.

Session 1: CHEESE CLOTH GHOSTS

Cost: $15.00 per person
Date: Tues. Oct 21
& Thurs. Oct. 23
Time: 3:30-4:30pm
Register by: Monday, Oct. 13th



Have a lot of fun hanging out with friends while making these awesome crafts for Halloween! All supplies are included. Hot glue will be used.

Session 2: Winter Game Board

Cost: $22.00 per person
Date: Wed. Dec. 3
Time: 3:30-5:15pm
Register by: Mon. Nov. 24



Come create a unique checker or tic-tac-toe board with us that will provide hours of entertainment all winter! *Hot glue will be used.*

Register for both sessions for $35.00!

(minimum of 5 students per class needed in order to run)

HOME alone SAFETY For Kids!

Grades: 3-5 **Instructor:** Macy W.

The school year is now in full swing and that may mean your child will be home alone for an extended period of time until you get home from work or an outing. Whether left alone for an hour or a few hours a day, your child should feel comfortable being alone. This workshop for children will address several topics relating to being "Home Alone". You also get your own first aid kit to bring home with you!

Date: Wednesday, Oct. 8 **Time:** 3:15-5:15pm

Location: Ellendale Media Center. **Cost:** $28 per student

Register by: Thursday, Oct. 2

$75 youth scholarships for classes or activities available (see page 4)

SUNDAY SPECIAL

MINI HOOPERS

1ST AND 2ND GRADERS COME LEARN BASKETBALL SKILL DRILLS AND HAVE SOME FUN WITH THE BOYS AND GIRLS BASKETBALL COACHES

DATES: NOV. 23TH, 30TH, DEC. 7TH, 14TH, JAN. 18TH, 25TH

TIME: 1:30-3:00 **COST: $30 (GET A T-SHIRT)**

WHERE: NRHEG MIDDLE SCHOOL GYM
ENTER THROUGH DOOR 6W (BACK PARKING LOT)

PLEASE MAIL A COMPLETED REGISTRATION FORM AND $30 TO MACY WHITESIDE BY OCTOBER 17TH. MAKE CHECKS PAYABLE TO NRHEG. YOUR SIGNATURE AUTHORIZES THE COACHES TO USE THEIR BEST JUDGEMENT FOR INJURIES AND RELEASES THEM AND THE SCHOOL FROM CAMP RELATED INJURIES.

NAME: _____ GRADE: _____

T-SHIRT SIZE: YS YM YL YXL AS AM AL
CIRCLE ONE

PARENT #: _____ EMERGENCY #: _____

PARENT SIGNATURE: _____

$50 YOUTH SCHOLARSHIPS AVAILABLE TO THOSE THAT QUALIFY. PLEASE ASK MACY FOR MORE INFORMATION! 507-417-2667 OR EMAIL MWHITESIDE@NRHEG.K12.MN.US

FREE !!!!

Community Movie Night

New Richland City Hall: Community Room

May Bring Own Comfy Chair
Chairs will also be present

August 23, 2025, at 8 P.M.
Showing: How to Train Your Dragon (2025)

November 1, 2025 @ 8 P.M.
Showing: BeetleJuice BeetleJuice (2024)

December 18, 2025 @ 8 P.M.
Showing: The Grinch (2018)



PERFORMANCE

CHEER TEAM

Practice times:
TUESDAYS, 6:00-7:30PM.
October – January

$135 per participant

Start Date:
Mandatory Parent/Athlete meeting on Tuesday Oct. 7th 2025 in the Ellendale Elementary North Gym. Enter through the north doors of the Elementary School.
Our first practice begins Tuesday Oct. 21st.

For all students currently in grades 2-9 this fall (2025) The Performance Cheer Team will only perform at local sporting events

Sign up using the attached registration form Registration deadline is Friday, Oct. 3rd! Register early as the maximum enrollment number will be enforced







YOUTH HOOPS Kickoff

WHEN: OCTOBER 29TH **TIME: 7 PM**

GRADES: 3RD, 4TH, 5TH, 6TH **WHERE: NRHEG HIGH SCHOOL LOWER COMMONS**
ENTER DOOR: 1 E (MAIN OFFICE DOOR)

Dear Future Hoopsters--

We hope that you are excited about our Youth Basketball Season coming up because we DEFINITELY are!! You can pre-register for Youth 3rd-6th Grade Winter Basketball. Use this QR code below to pre-register for the upcoming season.

Our KICKOFF date is October 29th at 7 pm. Everyone will report to the lower commons. This night will be to get your athlete registered, get their uniform, gain access to the band app, fill out paperwork for concussion and waiver forms. Their first practice will be on Saturday, November 1st. A more in-depth practice schedule will be given out at the meeting.

We are still looking for youth coaches. If you have ANY interest please let Dan Schmidt, Onika Peterson, or John Misgen know. This would not be possible without our youth coaches. We appreciate you more than you know!!

Practice:
Monday Nights-- Boys
Thursday Nights-- Girls
Saturday League or Practice-- Boys and Girls

Thank you for your support,
NRHEG Basketball Program





NRHEG CLAY TARGET TEAM

Grades: 6-12. Available in both fall and spring, this league is for students who have a valid gun safety certificate and have an interest in shooting sports. This is the fastest growing high school sport in MN! The State Class Championship represents the largest youth trap shoot in the nation and the MSHSL State Tournament is currently the only one of its kind in the nation.

Fall League: begins in mid-September and goes for 6 weeks with no state shoot at the end. It's a great way for students to introduce themselves to the sport before the Spring League. Registration for the Fall League begins in August so being on the mailing list before school starts is very important. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 6-week season, the cost of league registration, a meal at our fun shoot, and a team shirt.

Spring League: involves weekly shoots one night per week starting the first week of April and going through the MSHSL State Tournament in late June. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 10-week season, the cost of league registration, state shoot registration, a meal at our fun shoot, and a team shirt.

All students provide their own firearms, ammunition, and safety gear. Students from neighboring school districts without a team or who are home schooled are also welcome to join us!

For more information contact Dan Sorum at 507-417-2627 or email him at dsorum@nrheg.k12.mn.us. If you wish to be placed on the team mailing list email Mr. Sorum your contact information ahead of time.

ALL FEES need to be sent to Mr. Sorum (306 Ash Ave. South, New Richland, MN 56072) with checks made out to NRHEG Community Ed. with Clay Target in the memo. Registration is set in January so getting on the mailing list is important for up to date information.

Parent's Supplemental Course

For students in Driver's Education

If you are the "primary driving supervisor" who will supervise a teen driver for the majority of their required driving hours, you will benefit from this 90 minute class. Effective January 1st 2016, every driver under the age of 18 who completes behind the wheel instruction and is testing for a provisional driver's license must submit a driving log.

Parent/guardians have two options regarding the supervised driving log:

1. Complete this supplemental parent class and then submit a supervised driving log showing their teen has completed at least 40 hours (2,400 minutes) of supervised driving, 15 (900 minutes) of which are night time hours
2. If the parent/guardian chooses to not complete this supplemental parent class, the driving log must show that their teen has completed at least 50 hours (3,000 minutes) of supervised driving, 15 (900 minutes) of which are night time hours.

This course will cover the graduated driving license law information, safety risks for teen drivers, potential adult influence on teen driving behavior, and additional resources. THIS CLASS IS NOT MANDATORY.

More information will be available in October regarding course offerings this year.

DRIVER'S EDUCATION



To obtain a driver's license in Minnesota, drivers under 18 must complete 30 hours of classroom instruction and 6 hours of behind-the-wheel instruction to receive your driver's instruction permit.

Students will receive an informational flyer about classroom instruction and behind-the-wheel instruction at school to bring home in October regarding Driver's Education options this year.

NRHEG Food Service 2025-2026

We're proud to announce that NRHEG's Food Service will continue providing FREE meals to all students for the 2025-26 school year! Please note: charges will still apply for second entrées and à la carte items.

Even though meals are free, it's still very important to complete an Application for Educational Benefits. These forms determine eligibility for additional support programs, such as the Free Summer Food Service Program, and may also qualify your family for discounts on school-related fees.

We're also excited to share that NRHEG has once again been awarded the Farm to School Full Tray Grant – over $20,000 for the 2025-26 school year! This grant allows us to partner with Minnesota farms to bring fresh, locally grown and raised foods to our school meals.

Don't forget to check out our interactive breakfast and lunch menu, available on the school website! This easy-to-use tool lets students and families:

- View daily meals
- Access nutritional information
- Filter for allergens
- Make informed food choices.

You can access the menu anytime from your phone or computer, so you always know what's being served!

SECONDARY SCHOOL INFORMATION

REMINDERS OF UPCOMING DATES & EVENTS

SEPTEMBER

29: Homecoming Coronation in HS gym at 7:30pm



OCTOBER

3: Homecoming Game at 7pm versus Fillmore Central
7: Parent/Teacher Conferences, 4-8pm
16 & 17: No school, MEA break
27: Inside/Outside Marching Concert at 7:30pm



NOVEMBER

3: No school (teacher planning day)
27 & 28: No School - Thanksgiving

DECEMBER

8: Band Holiday Concert (6-12th grade) 6:00pm
8: Choir Holiday Concert (6-12th grade) 7:30pm
24 - Jan 2: Winter Break



WINTER SPORTS

Information for 7-12TH Grade Students

BOYS BASKETBALL
GIRLS BASKETBALL
WRESTLING
SIDELINE CHEER
BOYS/GIRLS HOCKEY (co-op with Waseca)
GYMNASTICS (co-op with Waseca)
DANCE (co-op with Albert Lea)

Registration information will be sent out through JMC email for all 9-12th grade families the end of September. Watch for more details and this email soon!

More information can be found at:
https://www.nrheg.k12.mn.us/domain/732



PICKUP BASKETBALL

Ages 13+

Schedules could vary each week dependent upon Ellendale & New Richland gym availability and participants' schedules. Please join our Facebook group. **"NRHEG Pickup Basketball"** to find the times/dates/locations each week. We typically play Sundays! Feel free to bring your own basketballs!

Cost: $3 at the door.
Leader: John McGinnis

POWER HOUR TOTAL BODY FITNESS



Adult Fitness Classes with Emily Schultz

MONDAYS - WEDNESDAYS - FRIDAYS 5:00AM TO 6:00AM
LOCATION: NR Secondary School weight room, enter through door #17

ALL FITNESS LEVELS ARE WELCOME! Join Emily for a unique & customized group workout experience! She understands that every person is unique and every goal is personal, so by working together we can build healthy, happy people! Our unique personalized workout classes offer a wide variety of movements, routines, and challenges based on the strengths of the coach, the equipment available to us and the spaces we are provided. This is a truly customized group fitness class that offers multiple workout options 3 days a week so eventually you will discover multiple options/pathways within each of our workouts to help you achieve your goals!

Session 2	Dates: Sept. 3 – Oct. 31	$85 per person / 9-weeks
Session 3	Dates: Nov. 3 – Jan. 2	$85 per person / 9-weeks
Session 4	Dates: Jan. 5 – Feb. 27	$75 per person / 8-weeks
Session 5	Dates: March 2 – April 24	$75 per person / 8-weeks

Stay Active & Independent for Life

Do you wish you could improve your strength, balance and flexibility?

Do you want to decrease your risk of falling?

This free exercise program is for you.



Stay Active & Independent for Life (SAIL) is an evidence-based exercise program proven to prevent falls and improve health and well-being.

Designed for older adults, SAIL classes include strength, balance, flexibility and moderate aerobic training. Performing exercises that improve strength, balance and fitness are the most important activity that adults can do to stay active and independent. Exercises can be performed seated or standing.

NEW RICHLAND

EVERY WEDNESDAY AND FRIDAY
9:00 – 10:00 A.M.

TRINITY LUTHERAN CHURCH
204 FIRST STREET NW

Walk-in Registration
This is a FREE program

ACTIVE AGING PROGRAMS
Catholic Charities of Southern MN

Contact Marlene with questions or to pre-register:
507.450.1518
mlevine@ccsomn.org

Join us for the walking program in the New Richland or Ellendale building!



You will need a Panther walking badge, which must be worn while walking. They can be picked up when you register at the Ellendale or the New Richland School District Office or call 507-417-2667.

Time: 6:45-7:30am and/or 3:30-7:30pm

Dates: Only available on school-days

Cost: $5 per person each year to join regardless of when registering.

GREETING CARD MAKING CLASS



WHAT:

Join Patty Bethke as she takes you through her step-by-step card making process so you too can create stunning hand-made cards that are sure to make an impact! Learn the process while creating 2 handmade cards of your very own during this class. You will learn to layer paper and add embellishments to make your cards stand out... literally! You will also learn about embossing, die cutting, and stamping, so you will have the knowledge and skills to be able to create your own unique cards at home.



TIME: 6:00-7:30pm

DATE: Wednesday, November 5th

WHERE: Community Education Classroom (C113)

Enter through door #1E & follow the signs

COST: $20 per participant

DEADLINE TO REGISTER: FRIDAY, OCT. 24TH



All supplies are included, so just bring your desire to make and learn card creation with us!

You are welcome to bring your own food and non-alcoholic beverages to class.

Skill Level: Beginner
Supplies Included: Yes
Recommended Age: 13+ to attend class





Let's Make Greeting Cards!







New Richland Commercial Club Events

November 15TH : Turkey Bingo at the City Hall. Starts at 7:00pm



November 29th : Shop Local Small Business Saturday. Check out all the holiday deals at your local small businesses!



November 29 : Cookies with Santa is at the NRHEG Secondary School, 9:30-12:00PM. Take your picture with Santa & Mrs. Claus anytime from 10am-11:30am….. Bring Your Cameras!



Medicare: Learn About Medicare Basics & How To Enroll

Sifting through the piles of mailers or searching for Medicare answers on the internet can be overwhelming.

Join us to learn all about Medicare and find answers to your questions. These seminars are for educational purposes only. No sales activity will be conducted. Free.

2 dates to choose from!

Date: Monday, Sept. 15 **Time:** 6:00-7:00pm
Date: Monday, Nov. 10 Time: 6:00-7:00pm

Location: Waseca, MN Central Building Room 108

To Register: Call Waseca Community Education at 835-5626.

Social Security: Timing is Everything

Social Security is a vital income source for many retirees. But it can be a confusing topic, and making the most of it can have a lot to do with timing it right. Get answers to questions and learn what Social Security can mean for you. No sales activity will be conducted. Free.

2 dates to choose from!

Date: Monday, Oct. 14 **Time:** 6:00-7:00pm
Date: Monday, Dec. 8 **Time:** 6:00-7:00pm

Location: Waseca, MN Central Building Room 108

To Register: Call Waseca Community Education at 835-5626

IT'S OUR ANNUAL

Turkey Bingo

Join us for an evening of Bingo & win a Turkey for your Thanksgiving Dinner!

15 Games and a Black Out for $15 per card

Where: New Richland City Hall

Time: 7:00pm (doors open at 6:30pm)

When: Saturday, Nov. 15





SANTA BINGO

Keep an eye out for more information on our Santa Bingo!

Be sure to check out the Ellendale Community Action Group Facebook page soon!

TIME & LOCATION: To Be Determined

Hosted by the New Richland Ambulance Foundation

Do you have a talent or hobby that you would like to share with others?

PLEASE consider joining Community Education's Instructors and get paid for doing what you love!

Possible classes of interest include:

Painting
Drawing/sketching
Cooking/Baking
Technology (smart-phone, social media)
Pickle Ball
Yoga
Self-defense
Arts & craft classes
Barn Quilts

Please call Macy at 417-2667 for more information!

What's Your Talent?



FLEXIBLE SCHEDULING IS AVAILABLE.

Morning routes, afternoon routes, morning and afternoon routes, evening routes, spring routes, fall routes, winter routes, summer routes, van routes, bus routes...

We can make any schedule work!!

Regular routes typically average 2 hours from start to finish.
Evening routes can run as long as 6 hours.
A great way to supplement your income as much or as little as you want.

TRAINING IS AVAILABLE

Don't be frightened away!
We will provide training for new drivers and make sure you are comfortable and confident behind the wheel.
We believe in working together as a team and helping each other out in any way that we can.

Come talk to us to learn more about how we can help you become a school bus driver!

BENEFITS AVAILABLE

Competitive hourly pay
Free NRHEG Activity Pass
Flexible scheduling
Take your students to work, eliminate childcare expenses
Supplemental income
Giving back to our schools and our communities
Working with some pretty awesome people!

I'm a Bus Driver what's your Super power

NRHEG PANTHERS

Have questions? Need more information?
Talk to any bus driver or call Karla at 507.417.2605 or Mike at 507.417.2602

COMMUNITY EDUCATION REGISTRATION FORM

1 registration form per child please

Participant Name: _____

Address: _____ City: _____ Zip: _____

E-mail address: _____ Cell phone: _____ Work: _____
(email is NECESSARY for updates and notifications of class info.)

1. Class/Activity: _____

Date: _____ Time: _____ Fee: _____

2. Class/Activity: _____

Date: _____ Time: _____ Fee: _____

3. Class/Activity: _____

Date: _____ Time: _____ Fee: _____

How will your child be getting home after class/activity is complete(who will pick up)? _____

Where will my child be picked up & dropped off at (bus trips only)? _____

TOTAL AMOUNT ENCLOSED: _____ CHECK #(s) _____ *Checks payable to: Community Ed*

****** Field trips will require an additional form & waiver to fill out - located in a school office or on our website.***

PARTICIPANT EMERGENCY CONTACT INFORMATION

STUDENT GRADE: _____ AGE: _____ ALLERGIES: _____

PERTINENT MEDICAL INFORMATION : _____

_____

1. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: _____

PHONE: _____ CELL: _____

2. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: _____

PHONE: _____ CELL: _____

RETURN FORM TO:
NRHEG Community Education
306 Ash Ave. South
New Richland, MN 56072

MAKE CHECKS PAYABLE TO:
NRHEG Community Education. Please send separate checks for sports/trips & enrichment classes.

You will be registered when the payment is received. If the class is cancelled, all checks will be returned or shredded.

COMMUNITY ED. REGISTRATION POLICIES

REGISTRATION INFORMATION

*Prompt registration is encouraged as space is limited and classes may fill quickly. Additional class times may be added if needed.

*Classes without enough participants will be cancelled

*Classes are filled on a first-come, first-served basis. Waiting lists will be formed once classes are full.

*Confirmations of class registrations are NOT sent. Please assume you are registered unless otherwise notified.

*At this time phone and email registrations cannot be accepted. Please register via mail or in person. Include fee payment with registration form, as registrations will not be taken without payment

REGISTRATION FEES

*Fees for ALL activities are due at time of registration. Please register by the deadline. Make checks payable to NRHEG Community Education. Please use a separate check for each activity & put the name of the class in the memo line.

TRANSPORTATION

*Parents are responsible for their student's transportation unless noted otherwise. When picking up your student from class, please be prompt, as additional supervision is not provided.

CANCELLATIONS

*In the event of school cancellation (late start, early out, or all day) classes/activities scheduled during this time will be cancelled. All programs that are cancelled or partially cancelled due to the weather will be attempted to be made up at the convenience of the instructor and facility schedules. No refunds will be given on classes that are cancelled or partially cancelled due to the weather.

SCHOLARSHIP INFORMATION

*Families who qualify for the free/reduced price meal program may receive a reduction in class fees. Families may call NRHEG Community Ed to determine if they meet the criteria.

South Country Health Alliance (SCHA) members may take up to $15 discount per class on most classes, limit of 5 discounted classes per year. If a class is less than $15, the member may take the class free of charge. Members must be on SCHA at the time of registration, and through the duration of the class(es). Members must register in person I the Community Ed office and show SCHA card at the time of registration.

SOUTH COUNTRY HEALTH ALLIANCE
Bringing Wellness Home

REFUNDS

*If a class is cancelled due to low enrollment, fees are refunded or credited to your account. No refunds will be given 72 hours prior to class start date. Refunds will not be made after the first class meeting. Bus trips are non-refundable after the registration deadline and some classes may be non-refundable due to registration requirements.

*In the event that a class is filled or cancelled, you will receive a cancellation notice by mail, email, or telephone – your registration fee will be refunded.

PHOTOGRAPHY DATA

*Candid photos of participants in class or an activity may be used in NRHEG media and publications. You may decline authorization by contacting the Community Education Office at 417-2667

Does your child get FREE and reduced lunches? If so, they qualify for DISCOUNTS on our classes! Stop into the Community Ed Office (C113 Secondary Building) or email mwhiteside@nrheg.k12.mn.us today and fill out some paperwork!

That's Community Ed!

NRHEG Public School District #2168
Community Education
Macy Whiteside, Director
https://www.nrheg.k12.mn.us/domain/49
507-417-2667
mwhiteside@nrheg.k12.mn.us

$3 OFF

On any class! When registering, present or mail this coupon with your registration. Valid for one-time use only between Oct-Dec 2025 One coupon per person. Excludes previously purchased classes.

COUPON

NRHEG School District 2168
306 Ash Ave. South
New Richland, MN 56072

Non-Profit Organization
U.S. Postage Paid
Permit No. 1
New Richland, MN 56072

Postal Customer

NRHEG COMMUNITY EDUCATION

Fall/Winter 2025 District Brochure

School 2025-2026 Office Hours:

District Office: School year: Monday-Friday 7:30-4:00pm.

Elementary School Office: School year: Monday-Friday 7:30-4:00pm

Community Education: School year: Monday-Friday 8:00-3:30pm.

**contact District Office if CE Office is unavailable/closed*