



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2

ALL BREAKFAST INCLUDE A VARIETY OF FRESH FRUIT, CHILLED FRUIT JUICE AND A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

3

WELCOME BACK!

4

MINICINI PASTRY JUICE/FRUIT
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

5

WHOLE GRAIN BAGEL
CREAM CHEESE
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

DAILY OPTIONS: ASSORTED REDUCED SUGAR CEREALS, BREAKFAST SANDWICHES, YOGURT, MUFFINS, WHOLE GRAIN BAGELS.

8

MINICINI PASTRY JUICE/FRUIT
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

9

MINI MAPLE WAFFLES
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

10

APPLE JACK CEREAL/CRACKERS
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

11

FRENCH TOAST BITES/SYRUP
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE

12

EGG, CHEESE ON A BAGEL
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE

DAILY OPTIONS: ASSORTED REDUCED SUGAR CEREALS, BREAKFAST SANDWICHES, YOGURT, MUFFINS, WHOLE GRAIN BAGELS.

15

CINNAMON POPTART
CHEESE STICK
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

16

STRAWBERRY YOGURT
GRHAM CRACKERS
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

17

WARM CINNAMON ROLL
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

18

EGG, CHEESE AND SAUSAGE
BISCUIT
FRUIT/JUICE
1% MILK
OR
FAT FREE CHOCOLATE MILK

19

CHEERIOS
CHEESE STICK
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

DAILY OPTIONS: ASSORTED REDUCED SUGAR CEREALS, BREAKFAST SANDWICHES, YOGURT, MUFFINS, WHOLE GRAIN BAGELS.

22

CHOCOLATE MUFFIN
CHEESE STICK
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE

23

BREAKFAST BURRITO
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

24

COCOA PUFF CEREAL
CRACKERS
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

25

MAPLE BUTTERY WAFFLE
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

26

WHOLE GRAIN BAGEL
CREAM CHEESE
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

DAILY OPTIONS: ASSORTED REDUCED SUGAR CEREALS, BREAKFAST SANDWICHES, YOGURT, MUFFINS, WHOLE GRAIN BAGELS.

29

BAGEL/CREAM CHEESE
FRUIT/JUICE
1% WHITE MILK
OR
FAT FREE CHOCOLATE MILK

30

COCOA PUFF CEREAL
CHEESE STICK
FRUIT/JUICE
1% WHITE MILK
OR
FREE CHOCOLATE MILK

BREAKFAST PRICES
FREE OR REDUCED STUDENT
\$0.00
PAID STUDENT \$1.50

NUTRITIONAL AND ALLERGEN
INFORMATION AVAILABLE
PLEASE CALL THE CAFETERIA
LEAD, JILL DAVIS
856-783-4763

DAILY OPTIONS: ASSORTED REDUCED SUGAR CEREALS, BREAKFAST SANDWICHES, YOGURT, MUFFINS, WHOLE GRAIN BAGELS.

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