

# What's Cooking?

## Online Menus!

School menus available  
anywhere, anytime.

### Easy-to-use-features

- Daily menu items, with a photo and description
- Nutrition Information
- Filters for common food allergens like nuts, wheat and dairy
- Available in 50+ languages

### Get started today!

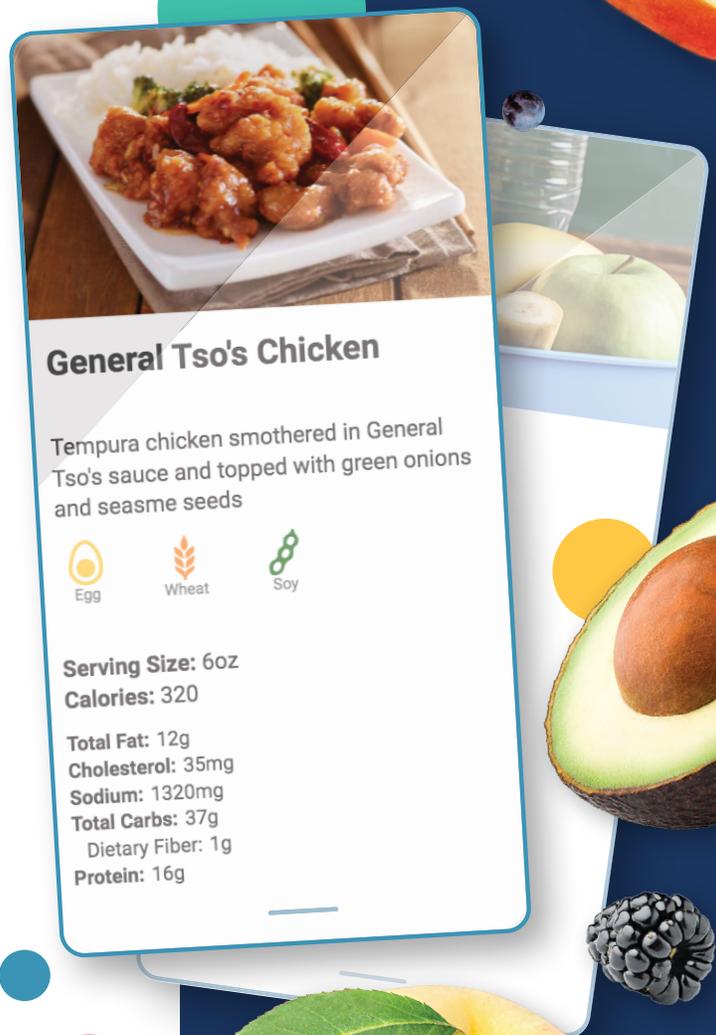
- 1 **Download** or open the app.
- 2 **Find** your district.
- 3 **Select** your preferred location and **favorite** it.
- 4 **View** daily menu items



Available on the  
App Store

ANDROID APP ON  
Google Play

Download the Nutrislice app today!



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# Get Started!

The screenshot shows a website interface for a school menu. At the top, there is a 'School Home' header with a home icon. Below it, the main heading is 'Lunch'. There are three tabs: 'All Menus', 'Breakfast', and 'Lunch' (which is selected). To the right of the tabs are icons for a menu, calculator, notifications, and print. Below the tabs, there is a 'Weekly' dropdown menu and a date selector for 'DEC 1 - 7'. The main content is a grid of menu items for the week of December 1st to 6th. The items are organized by day and category, with plus signs indicating they can be added to a cart. A detailed view of a 'Vegetable Soup' item is shown on the right, including a photo of the soup, a description, allergen information (Milk, Wheat, Soy), and nutritional facts.

01 Sun	02 Mon	03 Tue	04 Wed	05 Thu	06 Fri
Soups +	Entrees +	Entrees +	Entrees +	Entrees +	Entrees +
Sides +	Grill +	Grill +	Grill +	Grill +	Grill +
	Daily Special +				
	Soups +				
	Sides +				

**Vegetable Soup**  
Hearty soup with potatoes, carrots, white beans, tomatoes and kale.

Milk Wheat Soy

Serving Size: 4oz  
Calories: 111

Total Fat: 0g  
Cholesterol: 5mg  
Sodium: 1282mg  
Total Carbs: 16g  
Dietary Fiber: 5g  
Protein: 3g

## Using the Website

1. Go to the URL listed above.
2. Click View Menus.
3. Select grade level, school and then the menu you want to see.
4. View the current day's menu, or skip to a future date.
5. Select a food to find its description and photo, filter by allergens, print the menu and so much more!

## Using the App

1. Find your district.
2. Find your school.
3. Select your menu.
4. View the current day's menu, or skip to a future date.
5. Select a food to find its description and photo, filter by allergens, print the menu and so much more!