Coruña
BRITISH INTERNATIONAL SCHOOL
A CORUÑA

EXTRACURRICULAR ACTIVITIES

In Coruña British International School we believe that extracurricular activities are an essential complement to our curricular education. We believe that the activities should be purposeful and structured and where appropriate have a ludic and playful component so that they encourage students to explore other areas of life.

Extracurricular activities are from 4pm to 5pm. They will begin on the 8th September and end on the last day of school in June.

Activities will be booked on a termly basis and cannot be changed until the end of a term. If, during the school year, students withdraw from any activity and the group falls below the established minimum, the school reserves the right to cancel the activity.

Monday	Tuesday	Wednesday	Thursday	Friday
EY/KS1 (Reception, Y1 & Y2)				
Arts & Crafts (YR-Y2)		Multisports (YR-Y2)	Mini Athletics (YR-Y2)	Little Chefs (YR-Y2)
Theatre & Storytelling (YR-Y2)	Chess (beginner/ intermediate) (Y1-Y6)			Chess (advanced - competitons) (Y1-Y6)
	Ballet (YR-Y5)	Gymnastics (Y1-Y6)	Ballet (YR-Y5)	Gymnastics (Y1-Y6)
	Robotics (YR-Y2)			Judo (YR-Y2)
Swimming (YR-Y6)	Tennis (YR-Y11)	Swimming (YR-Y6)	Tennis (YR-Y11)	Swimming (YR-Y6)

KS2 (Y3 / Y4 / Y5 / Y6)				
Big Chefs (Y3-Y6)	Debate (Y3-Y4)	Judo (Y3-Y6)	Guitar (Y2-Y6)	Debate (Y5-Y6)
Art (Y3-Y6)	Athletics: Running Club (Y3-Y6)	Gymnastics (Y1-Y6)	Maths Club (Y5-Y6)	Maths Club (Y3-Y4)
Pickleball (Y3-Y4)	Galician Club (Y2-Y6)	Pickleball (Y5-Y6)	New Tech (Y3-Y6)	Chess (advanced - competitons) (Y1-Y6)
Piano (Y3-Y6)	Chess (beginner/ intermediate) (Y1-Y6)	Basketball (Y3-Y6)	Ballet (YR-Y5)	Robotics (Y5-Y6)
Judo (Y3-Y6)	Ballet (YR-Y5)	French club (Y5-Y6)		Gymnastics (Y1-Y6)
Robotics (Y3-Y4)				
Swimming (YR-Y6)	Tennis (YR-Y11)	Swimming (YR-Y6)	Tennis (YR-Y11)	Swimming (YR-Y6)
		Surf (Y4-Y11)		
Secondary (Y7 / Y8 / Y9)				
Maths Club (Y7-Y11)	English Language Support (Y7-Y9)	MORNING CLUB Football Skills (Y7-Y11)	English Language Support (Y10-Y11)	Science Support (Y7-Y11)
Art (Y7-Y11)	Volleyball (Y7-Y11)		Debate (Y7-Y11)	Pickleball (Y7-Y11)
Duke of Edinburgh (Y9-Y11)	Young Philosopher's Club (Y7-Y9)	Robotics (Y7-Y11)	Spanish Language Support (Y7-Y11)	
	Tennis (YR-Y11)	Surf (Y4-Y11)	Tennis (YR-Y11)	
Homework Club	Homework Club	Homework Club	Homework Club	Homework Club

ACADEMIC ACTIVITIES

Robotics and programing: This activity will be taught by the company Arkitas Robotics and Programming.

Robotics I: This activity is designed for the youngest children, whether they have already been introduced to robotics or this is their first time. Bee-Bot is a small educational robot in the shape of a bee with an intuitive interface, designed to develop the basic skills of programming and its applications in educational robotics: spatial location, motor skills, logic, strategy, etc. Matatalab is an educational and leisure robot that encourages children to learn the basics of programming and also to have a great time developing their creative side with music and drawing options. All this without screens or any kind of mobile devices. -LEGO WeDo: LEGO Education's WeDO platform, combined with NI LabView software, offers a fun way to start building and programming robots, using simple sensors and basic parts that connect to the computer. We will work on creativity, spatial vision, learning to follow instructions, teamwork and we will approach the world of programming in an intuitive and fun way. APPS for tablets: In this age range we will use a series of applications that allow us to learn to use the main programming instructions with the use of different icons without text. Among others, we use CodeSpark, Robotizen, Kodable, Run Marco, Scratch Junior.

Robotics II: For children aged 6-10.-Lego WeDo 2.0: WeDo 2.0 builds on the innovative learning experience of the original platform, adding a new set of parts, improved technology and opportunities to meet science standards in a fun way. Other resources such as conductive play dough and conductive paint can be used on an ad hoc basis for a short immersion into the world of electronics in a fun, creative and risk-free way. We will also be able to use board games focused on learning to program in a different way. We are continually looking for novelties in the sector that adapt to the group. APPS for tablets: The applications described can also be used up to the second year of primary school. SCRATCH: visual programming language developed by the Massachusetts Institute of Technology (MIT) to teach programming. CODE.ORG: Its purpose is to bring programming to anyone with access to a computer connected to the Internet.

Robotics III: For children aged 10 and 12. LEGO EV3 MINDSTORMS: this line of robotics for children, manufactured by LEGO, is one of the results of the collaboration between Lego and MIT (Massachusetts Institute of Technology), a good example of collaboration between industry and academic research. It is a system that has basic elements of robotic theories, such as joining parts together and programming actions interactively. ARDUINO: a free hardware platform, based on a board with a microcontroller and a development environment, designed to facilitate the use of electronics in multidisciplinary projects.

Chess (beginner/intermediate level): A group designed for students who are taking their first steps into the world of chess (not appropriate for tournaments). The focus will be on learning the basic rules of the game (piece movement, check, castling, etc.), fundamental strategic concepts and developing logical thinking. The environment will be more playful, with an emphasis on playing games.

Chess (advanced level for competitions): In this group, students who already have a solid grasp of the basics of the game and wish to improve their level to participate in tournaments will take part. The school regularly takes part in competitions, and this group will focus on preparing for them through the teaching of openings, tactics and endgames. The class will have a different structure, prioritizing the theoretical aspect over simply playing games.

New Technologies: The New Technologies Club offers students the opportunity to explore the digital world through fun, hands-on activities. Children will learn the basics of coding with Bee-Bots and Scratch Jr, develop creativity and filmmaking by making their own video trailers, and test their knowledge with interactive Kahoot quizzes. They will also learn to create engaging presentations using Google Slides and enjoy safe, educational online games that encourage problem-solving and collaboration. This club is perfect for young learners who are curious about technology and love to explore, create, and play.

Debate Club (Primary): Let's debate! In Junior Voices, young children explore topics with a moral and values-based focus like 'Fairness and Responsibility', 'Behaviour and Values', 'Equality and Differences' and many more! Through questions such as 'Should everyone have the same opportunities, even if they don't try as hard?', 'Should we always tell the truth, even if it hurts someone?' or 'Is it better to use things again than to buy new ones?', children will be encouraged to reflect on right and wrong, understand different points of view, and build a strong sense of justice, empathy and ethical thinking. Each session will help children develop their confidence in speaking and listening, with a focus on turn-taking, respectful communication and expressing their own ideas clearly. Through fun games, group talks and short debates, children practise forming opinions and working together. Junior Voices can also serve as preparation for the Debate Club in Secondary, which may increase the chances of being selected to represent our school in the Globeducate Debate Competition! This is a fantastic ongoing ECA that will really boost confidence, sharpen critical thinking and empower students of all ages to find and use their voice.

Debate Club (Secondary): As a continuation from the Primary Debate Clubs, in Secondary Debate Club, students will take their debating skills to the next level through complex topics, structured formats, and collaborative teamwork. Each week, members explore issues like climate change, artificial intelligence, or educational reform, building persuasive arguments through independent research and critical thinking. Sessions include strategy planning, rebuttal practice, and formal debates in formats such as British Parliamentary or Oxford style. Participation in this club may enhance a student's chance of being chosen to take part in the prestigious Globeducate Debate Competition. This is an ideal club for any secondary student looking to grow in confidence, communication and leadership.

Maths Club (Primary): A club to support learning in smaller groups that will focus on key skills as well as developing independence in the subject. Activities will be fun and practical to enhance maths learning and encourage thinking about the subject in a different way.

Maths Club (Secondary): Join the exciting world of numbers and problem solving. Designed to engage and challenge young minds, this club is the perfect platform for budding mathematicians to explore the wonders of Mathematics. Step into a dynamic and supportive environment where students can unleash their curiosity and deepen their understanding of mathematical concepts. From mind-boggling brain teasers to engaging group challenges, students will embark on thrilling mathematical adventures, sharpen their critical thinking skills and develop logical reasoning abilities. Whether your child dreams of pursuing a STEM career or simply wants to explore the fascinating realm of Mathematics, this club provides a supportive and stimulating environment for growth and discovery.

Galician Club: Welcome to the Galician Club! In this fun and creative space, we will explore the Galician language and culture through games, stories, songs and many other activities. A perfect opportunity to laugh, learn, and feel proud of our language and the place we live!

French club: Parlez-vous français? Join the French Club!
Step into the world of croissants, culture and conversation! In our exciting French Club, you'll explore the beautiful French language through games, songs, role-plays and fun challenges. This club is the perfect way to recap what you've learned in class, boost your confidence and enjoy learning in a relaxed setting. Come and say bonjour to something new—Vive le français!

English Language Support (Y7-Y9): One of the many reasons parents send their child to CBIS is for them to develop fluency in English to open the doors to a world of possibilities both socially and academically. Developing key language skills in English is crucial to be able to access the KS3 British curriculum and successfully undertake IGCSE examinations. If your child has yet to reach their full potential in developing fluency in English, this is the club for them. Students will have the opportunity to solidify their use of grammar, build upon and extend their vocabulary range and develop detail in their writing. Furthermore, they will learn how to refine their oral language skills, and develop confidence in presenting.

English Language Support (Y10-Y11): Year 10 or 11? Preparing for your IGCSE English exams? Join the Key Stage 4 English Grade Booster Club! Whether you want to boost your grades, develop a passion for poetry, or truly engage with the class novel or play, this club is for you. Led by Mrs. Roman, with over 20 years of experience teaching IGCSE English and more than 13 years as a Cambridge examiner for GCSE First Language English and GCSE Literature, you'll receive expert guidance in essay writing, exam technique and understanding the deeper meaning behind the texts. Discover how to impress the examiner and maybe even fall in love with Literature along the way.

Spanish Language Support (Secondary): This extracurricular activity is specially designed for secondary school students who wish to improve and strengthen their Spanish language skills, whether it is their mother tongue or they are learning it as a second language. Throughout the course, we will approach key grammar and spelling content in a practical and engaging way, paying particular attention to areas that tend to cause the most difficulty: verb tenses, agreement, accentuation, punctuation, syntax, coherence and cohesion in writing, and so on. We will also work on reading comprehension and the analysis of various types of literary and non-literary texts, progressively encouraging both written and oral expression. In addition, this extracurricular class offers specific support for students preparing for the IGCSE Spanish as a Second Language exam, with activities focused on the different components of the exam. The approach will always be dynamic, adapted to each student's level, and with personalised attention to address doubts and reinforce learning.

Science Support (Secondary): This extra-curricular activity is for people who might need support in Science. They will receive help to complete homework and/or revise key concepts taught in class. It can be especially useful to those students going into external examinations like the GCSE.

Young Philosopher's Club: Have you ever wondered what Philosophy is? Philosophy is all about asking big questions. "What makes something right or wrong?", "How do we know what's real?" or "What is time?". Philosophy is like a superpower for your brain that helps you think clearly, challenge the ideas you have and explore the world in new ways. In the Young Philosopher's Club we will discuss different ideas proposed by Socrates, Plato, Aristotle, Kant and many others. Philosophers do not always agree but that is the fun part - they learn by asking, questions, sharing ideas and thinking critically. If you are curious, love asking questions and wondering about the world, then you will enjoy yourself in the Philosophy Club. Club open to Years 7 to 9.

Homework Club (Secondary): Need a Hand with Homework? Want to leave school at school? Ever sat down to do your homework and wished you had someone there to ask for help? Been asked to do a project with a classmate but can't meet up at home? Join the Secondary Homework Club! Running every weekday after school, it offers a quiet space to get work done, help when you need it, a chance to collaborate with classmates, and support with planning, prioritising, and staying on top of tasks. Come to Homework Club and take the pressure off. No stress. No distractions. Just support.

ARTISTIC AND CREATIVE ACTIVITIES

Theatre & Storytelling: Let your imagination take the stage! In this fun, creative and expressive club, children will explore the art of storytelling and drama through voice, movement and performance. Using elements of 'Talk for Writing'—a powerful strategy that helps children learn to tell and retell stories using actions, story maps and role play—we'll develop not only a love for stories, but also strong oral expression, vocabulary, listening and imagination. Each session will involve engaging drama games, character creation, and performing parts of stories together—helping children grow in confidence, communication and creativity. End-of-year performance included! Perfect for confident performers and shy storytellers alike—every voice will be heard!

Ballet: Classical dance classes.

Guitar: Intermediate Guitar course. Children will learn in a fun and easy way. They will need to bring their own guitar to class.

Little/Big Chefs: Learn all the secrets of cooking! Have fun making finger-licking recipes and at the same time learn about different foods, improve your cooking skills and stimulate your creativity.

Piano: Our piano lessons are prepared so that your child progressively acquires the knowledge and practice to awaken their passion for the keyboard. Piano lessons combine keyboard practice with learning to read and play music. Children become familiar with all styles and their most relevant composers.

Arts & Crafts: Craft activities are entertaining and at the same time beneficial to children in many ways. It helps them to improve their fine motor skills and creativity. It also helps with concentration and decision-making abilities, boosts their self-confidence, increases their problem-solving abilities and improves academic performance. Among many of the activities and projects include:

- Painting with tempera and watercolours, creating and building with paper, card, old boxes, towel rolls, etc.
- Modelling with play-doh and clay.
- Making collages with fabric, natural resources and photos, using varied resources for our creations (lollipop sticks, cotton, googly eyes, pipe cleaners, paper plates, etc.).

We would love to have you join us on this amazing journey!

Art (Primary): Children will develop their imagination and creativity, while working on fine

motor skills and improving their ability to concentrate. They will learn about the main artistic movements and analyse works by the most outstanding artists in the History of Art. They will also discover and put into practice different drawing and painting techniques.

Art (Secondary): Unleash your creativity and refine your artistic skills in our engaging Art Club! Over several weeks, you'll delve into various fine art techniques and mediums, working towards completing unique individual projects and masterpieces. Whether you enjoy drawing, painting or experimenting with mixed media, Art Club provides the perfect environment to explore your artistic talents, learn new skills and create stunning final pieces that showcase your growth and imagination. Join us for an inspiring journey through the world of art, where every session is a step closer to discovering the artist within you!

SPORTS ACTIVITIES

Multisports: An ideal activity to introduce children to different sports. They will do gross motor and coordination exercises practising football, basketball, dodgeball and tennis, among others.

Mini Athletics: Calling all energetic Reception to Year 2 children! Join Mini Athletics, the fun-filled program that gets kids running, jumping, and playing their way to stronger bodies and sharper skills. Through exciting games and activities, our little athletes build coordination, balance, and confidence—while making friends and developing teamwork skills. We also take part in local events like the Coruña Corre circuit—an amazing chance to experience the thrill of the finish line and feel part of a wider community of runners! It's the perfect way to burn energy, boost gross motor development and spark a lifelong love of exercise.

Judo: Classes of this popular sport exercise coordination and balance.

Basketball: Basketball allows children to develop their speed and endurance and improve their coordination of movements. It is a sport that encourages teamwork, companionship, solidarity and generosity among children. It also helps to develop concentration, speed, self-control, confidence and balance and strengthens the muscles of the whole body, especially those of the legs. It also promotes the development of the locomotor system and increases children's physical endurance. They will learn the basic fundamentals of the game, how to pass and bounce the ball and how to shoot at the hoop. They will play basketball matches to put what they have learnt into practice.

Rhythmic Gymnastics: In this sporting activity, children will learn to dominate different gymnastic styles such as the ribbon, rope hoop or ball. In all of skills they will develop their body, increase their resistance and improve their coordination. We will also promote the spirit of consistency, perseverance and working as a team.

Tennis: Tennis will take place at the Real Club de Tenis Coruña. *Mini-tennis* for Reception and Year 1 pupils, *Initiation* for pupils from Year 2 to Year 6 and *Promises* for pupils from Year 7 to Year 11. In this activity, they will develop psychomotor skills and coordination. They will learn forehand and backhand, basic strokes, special strokes and integrated physical skills in initiation. They will travel to the tennis club at 4pm on school transport with a monitor. Classes will be from 16:30 to 17:30. Parents must be collected at the tennis club at 17:30h.

Surf: Surfing is a water sport that works on strength, balance and coordination. It is an outdoor activity that consists of holding on to the board to catch waves, a complete exercise that improves

muscle tone and endurance. The muscles of the arms and back are strengthened, as well as the legs, gluteus and muscles of the middle of the body by working on the postures. An excellent toning and cardiovascular exercise to enjoy that has become a way of life. It will take place with the company *Prado Surf* on Bastiagueiro beach. The company will pick up the students at school at 16:00h and parents must pick up the students at Prado Surf's facilities in Bastiagueiro at 18:30h.

Volleyball: Volleyball is a fantastic way to improve self-confidence, self-esteem, increase levels of motivation and drive to succeed, and enhance an overall sense of happiness. Whether it's the rush, adrenalin, speed, spikes, pure athleticism or challenging nature of the game, there is no disputing the power of volleyball and students' love and pure enjoyment of the sport. It acts as an alternative and highly effective way of reaching your fitness goals in a fun engaging way. The physical, mental and emotional benefits of playing volleyball are unparalleled. Improved balance, speed, flexibility and stamina is one of the most important benefits of playing volleyball.

Athletics: The Athletics Club focuses on developing fundamental skills, improving coordination and enhancing overall physical fitness. Beyond the physical aspect, Athletics Club emphasises important values such as teamwork, perseverance and sportsmanship. Through engaging group activities and participating in local races (The Womens' Race, Coruña10, among others), children will learn the value of collaboration, supporting their peers and celebrating each others' achievements. Together, let's create a generation of empowered athletes ready to conquer the world, one stride at a time!

Swimming: Children are taught to be confident in the water; to float, dive and swim without any help, achieving an improvement in their psychomotor skills, greater coordination, agility, reflexes and strength. Children improve their physical health and their personal relationships with other children, as well as with the aquatic environment. Classes will take place at Rialta's facilities with professional instructors. Classes are divided into three levels: Level 0 for those who do not know how to swim, Level 1 for those who need auxiliary elements, Level 2 for those who know how to swim and are beginning to master the strokes. Each day all three groups will share the pool. Children will be transported to Rialta on a school bus. All children must be collected from the Rialta facilities at 17:00.

Pickleball: Pickleball is a racket sport that combines elements of tennis, badminton and ping pong. Its main difference lies in the fact that it is much easier and more fun to play, with a faster learning curve than any other racket sport. Social interaction is also a key element, blending competitiveness with a more family-friendly environment. The paddle is lighter than tennis or padel rackets, and the hitting action happens very close to the wrist, making the swing easier. The court is smaller, allowing for faster-paced games and lower physical demands. We will work on both the physical aspects (coordination, balance and reflexes) and the mental aspects (confidence, patience and resilience), always from the perspective of fun and enjoyment. In the USA, it is a trendy sport, with 50 million players and thousands of courts across the country. It is quickly spreading around the rest of the world as well, with Spain earning 5 podium finishes at the recent European Pickleball Championship.

Duke of Edinburgh: We are very pleased to introduce the *Duke of Edinburgh Award Scheme* as an extracurricular activity. This prestigious programme offers a unique opportunity to develop essential life skills through a variety of challenging and rewarding activities. Participants will work through four key sections: Volunteering, Physical, Skills and the Expedition—each designed to foster personal growth, resilience and a sense of adventure. By taking part in the *Duke of Edinburgh Award Scheme*, students will enhance their academic journey while building character and confidence, making a

positive impact in their communities and preparing for future success. Detailed information about the programme and how to apply is attached for Year 9, 10 and 11 students. Join us on this exciting journey and start working towards your Bronze Award!

Morning Football Skills: Kick-start the day with energy and enthusiasm at our Morning Football Skills Club! This before-school extracurricular activity is open to all secondary students who want to improve their football techniques in a fun, supportive environment. Each session will focus on developing key skills such as dribbling, passing, shooting and teamwork through engaging drills and mini games. Whether you're new to the sport or looking to sharpen your game, this is a great opportunity to build confidence and stay active. Come along, have fun, and start your day the right way—on the pitch!

RULES AND REQUIREMENTS

If a child has a medical condition that may make it difficult for them to take part in an activity, please contact the School to find the best solution.

Activities are subject to a minimum number of students. Each activity also has a maximum number of students per group. In the event that the number of students enrolled in an activity falls below the minimum number established during the academic year 2025/2026, the school reserves the right to cancel the activity.

Please apply through Alexia before 25th July. Places will be allocated on a first come, first served basis. Applications received by email will not be accepted.

At the end of July, we will communicate the viability of the activity and the confirmation of places for the applications received.

Applications received after 25th July will not be guaranteed a place and will be subject to availability.

The teachers and monitors of the activities will demand and guarantee appropriate behaviour from all students, applying the school's disciplinary policy.

FEES

You can choose a weekly activity with no charge from the following list:

- ✓ Multisports
- ✓ Theatre and Storytelling
- ✓ New Technologies
- ✓ Athletics (Running Club)
- ✓ Volleyball
- ✓ Galician Club
- ✓ French Club
- ✓ Spanish Language Support

Fees 2025-2026:

- ✓ Arts & Crafts ..... 32 €
- ✓ Multisports ..... 32 €
- ✓ Mini Athletics ..... 32 €
- ✓ Little / Big Chefs ..... 32 €
- ✓ Theatre & Storytelling ..... 32 €
- ✓ Chess ..... 33 €
- ✓ Ballet (2 days) ..... 58 €
- ✓ Rhythmic gymnastics (1 day) ..... 33 €
- ✓ Rhythmic gymnastics (2 days) ..... 59 €
- ✓ Robotics ..... 48 €
- ✓ Judo ..... 40 €
- ✓ Swimming (1 day) ..... 48 €
- ✓ Swimming (2 days) ..... 70 €
- ✓ Tennis ..... 110 €
- ✓ Debate (Primary) ..... 32 €
- ✓ Debate (Secondary) ..... 32 €
- ✓ Guitar ..... 32 €
- ✓ Art (Primary) ..... 32 €
- ✓ Art (Secondary)..... 32 €
- ✓ Athletics (Running Club)..... 32 €
- ✓ Maths Club (Primary)..... 32 €
- ✓ Maths Club (Secondary)..... 32 €
- ✓ Pickleball ..... 37 €
- ✓ Galician Club..... 32 €
- ✓ French Club..... 32€
- ✓ New Technologies..... 32 €
- ✓ Piano ..... 50 €
- ✓ Basketball..... 34 €
- ✓ Surf..... 94 €
- ✓ English Language Support KS3..... 32 €
- ✓ English Language Support KS4..... 32 €
- ✓ Football Skills ..... 32 €
- ✓ Science Support ..... 32 €
- ✓ Young Philosopher's Club..... 32 €
- ✓ Volleyball..... 32 €
- ✓ Duke of Edinburgh ..... 32 €
- ✓ Spanish Language Support..... 32 €
- ✓ Homework Club ..... 2€ per day

INSCRIPTIONS

Inscriptions are to be made in Alexia: Alexia iniciar sesión (alexiaedu.com)

Inscriptions received by email will not be accepted.