

Walnut Grove Elementary: School Health Council

Tuesday, September 9, 2025 3:15-4:30pm

Walnut Grove Elementary

The goal of this committee is to assure a school environment that promotes and protects health, well-being and the ability to learn by supporting healthy eating and physical activities for students and staff.

Attendance:

Angie Benson	Tyson Crosby	Derrick Jenniges	Kyle Jans
Marissa Wahl	Michelle Freeburg	Rebecca Foster	
	Bee Chomprasob		

Agenda Items:

Wellness Update Round Robin

- Healthy Eating Updates- Michele

Fresh fruit and veggie bar available and well received. **Full Tray Farm to School and Early Care Grant Program**

Full Tray Grants are for those with some Farm to School or Early Care experience.

The amount of funding the applicant is eligible for is determined using a formula based on meals served in October 2024. Award amounts are capped at \$35,000. There is a 1:1 cash match required.

Schools and early care centers can apply for and receive this grant year after year.

[Farm to School and Early Care Programs | Minnesota Department of Agriculture](#)

- Go Wild

This program is no longer available due to budget cuts, will explore other options with SHIP, will follow up with UofM extension for further options

- Sanford Fit

Will begin in January with Katie Alms as the facilitator

- Active Classrooms

Angie will go through active recess kits, and review content of kits. would like to explore options for indoor recess, concerns over space/availability.

- Nurse Updates

Possible Flu Shot Clinic during Fall conferences November 6th and 11th. Marissa will follow-up

- Student Input

Discussed having parents/students join in on wellness meetings for input, concerns and ideas

- Social Emotional Wellbeing

Discussed calm carts, will review contents of active recess kits to see what can be used for calm carts and what other staff/teachers would like to see in the calm cart.

Next Meeting:

~~Sept 9th, 2025~~

Nov 11th, 2025

Jan 13th, 2026

March 10th, 2026