Whitehall-Coplay School District
Gockley & Steckel Breakfast Menu

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 HAPPY LABOR Day	**2** Mini Cinnamon Waffles Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**3** WG Blueberry Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**4** WG Banana Bread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**5** WG Cocoa Puff Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
8 Glazed Dunkin Sticks Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**9** Mini Confetti Pancakes Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**10** WG Banana Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**11** WG French Toast Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**12** WG Trix Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
15 Mini Blueberry Donut Holes Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**16** Chocolate Chip French Toast Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**17** WG Chocolate Chip Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**18** WG Blueberry Bread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**19** WG Strawberry Cheerios Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
22 WG Bagel with Cream Cheese Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**23** Mini Maple Pancakes Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**24** WG Apple Cinnamon Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**25** WG Banana Chocolate Chunk Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**26** WG Cinnamon Toast Crunch Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
29 SCHOOL CLOSED	**30** Mini Cinni Rolls Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**1** WG Blueberry Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**2** WG Apple Cinnamon Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**3** WG Cocoa Puff Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals
(served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate.

(WG) Whole Grain
(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Contact

Cathy Muto, General Manager
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Derek Kolumber, Chef Manager
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Meal Prices

Student Breakfast	$0.00
Reduced Breakfast	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Whitehall-Coplay School District
Gockley & Steckel Lunch Menu

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 HAPPY LABOR Day	**2 (WK 1)** 1. Chicken & Cheese Quesadilla **FEATURED VEGGIES** Seasoned Carrots Salsa	**3** 1. Popcorn Chicken with Mashed Potatoes and Gravy Dinner Roll **FEATURED VEGGIES** Buttered Corn Carrot Sticks	**4** 1. Hot Ham & Cheese on Pretzel Roll **FEATURED VEGGIES** Baked Beans Garden Salad	**5** 1. Cheese Pizza Sticks with Dipping Sauce (V) **FEATURED VEGGIES** Steamed Broccoli Cucumber Slices
8 (WK 2) 1. Chicken Nuggets with Roll **FEATURED VEGGIES** Buttered Corn Celery Sticks	**9** 1. Nachos Grande with Tortilla Chips **FEATURED VEGGIES** Refried Beans Lettuce & Tomato	**10** 1. Hamburger or Cheeseburger on a bun **FEATURED VEGGIES** Glazed Carrots Broccoli Salad	**11** 1. Chicken Tenders with Soft Pretzel **FEATURED VEGGIES** Oven Fries Coleslaw	**12** 1. Pepperoni Pizza **FEATURED VEGGIES** Seasoned Broccoli Caesar Salad
15 (WK 3) 1. Classic Sloppy Joe on Brioche Roll **FEATURED VEGGIES** Baked Beans Chickpea Salad	**16** 1. Walking Taco with Pretzel Stick **FEATURED VEGGIES** Mexicali Corn Tomato & Onion Salad	**17** 1. Chicken Patty on a Bun **FEATURED VEGGIES** Tater Tots Ranchero Carrots	**18** 1. Chicken Alfredo over Penne Pasta with Garlic Bread **FEATURED VEGGIES** Steamed Broccoli Celery Sticks with Ranch	**19** 1. Smothered Pierogies **FEATURED VEGGIES** Mixed Vegetables Cucumber Slices
22 (WK 4) 1. Hamburger or Cheeseburger on a Bun **FEATURED VEGGIES** Sweet Potato Fries Baby Carrots	**23** 1. Mini Turkey Corn Dogs **FEATURED VEGGIES** Latin-Inspired Beans Golden Corn	**24** 1. French Toast Sticks with Sausage Links **FEATURED VEGGIES** Tri Patty Taters Carrot Sticks	**25** 1. Mac & Cheese (V) Dinner Roll **FEATURED VEGGIES** Steamed Tomatoes Caesar Salad	**26** 1. Cheesy Pizza (V) **FEATURED VEGGIES** Steamed Green Beans Baby Carrots
29 SCHOOL CLOSED	**30 (WK 1)** 1. Nachos Grande over Tortilla Chips **FEATURED VEGGIES** Seasoned Black Beans Tomato Salad	**1** 1. Mini Maple Pancakes with Sausage Patties **FEATURED VEGGIES** Hash Brown Potato Fresh Cucumber Slices	**2** 1. Chicken Patty on a Bun **FEATURED VEGGIES** Steamed Corn Romaine Salad	**3** 1. Italian Dunkers with Sauce (V) **FEATURED VEGGIES** Steamed Broccoli Cherry Tomatoes

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternates

2. PB&J
3. Chopped Garden Salad
4. Turkey and Cheese Salad
5. Weekly Sandwich/ Friday Craveable

Wk 1- Turkey Ham and Cheese/ Nacho Craveable

Wk 2- Turkey and Cheese/ Superfruit Craveable

Wk 3- Turkey Ham and Cheese/ Pizza Flatbread Craveable

Wk 4- Turkey and Cheese/ Italian Craveable.

(V) Vegetarian (WG) Whole Grain

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