

## Therapeutic Day Treatment (TDT) Providers in RPS Information for Families 2025-2026

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Therapeutic Day Treatment (TDT) for children and adolescents is a therapeutic behavioral health service available for eligible students, birth – 17 years old, who are receiving Medicaid benefits. Services may be recommended for students who are demonstrating serious emotional and behavioral issues within the educational setting. Per the Virginia Department of Behavioral Health and Development Services, services include a combination of mental health interventions combined with:

- Evaluation
- Medication management and education
- Opportunities to learn and use daily skills and enhance social and interpersonal skills such as:
  - Problem solving
  - Anger management
  - Community responsibility
  - Increased impulse control
  - Appropriate peer relations, and
- Individual, group, and family counseling

*Services cannot duplicate services already provided by the school.*

Parents who believe their child(ren) may benefit from TDT services in school may contact any of the approved agencies listed below. In order to receive services in schools, students must qualify per Medicaid defined diagnostic requirements and parents must provide signed consent to share information between the school and agency. Updates to the list of approved agencies are maintained on the RPS website.

| Agency                                                 | Phone Number   |
|--------------------------------------------------------|----------------|
| <u>National Counseling Group</u>                       | (804) 497-4676 |
| <u>Richmond Behavioral Health Authority</u>            | (804) 819-4023 |
| <u>Succor Behavioral Services</u>                      | (804) 639-6642 |
| <u>Virginia Counseling &amp; Community Development</u> | (804) 218-8182 |
| <u>Wise Enterprise</u>                                 | (804) 355-1068 |