



Your Week at MCI

The typical school day at Maine Central Institute begins with breakfast in the morning, followed by **daily advisor groups beginning promptly at 7:45am**. This is the start of the academic school day, where students will enjoy a total of **four 80 minute classes a day**, split up by a **40 minute lunch** in either the late morning or early afternoon. Classes end at 2:15pm, where students can then take advantage of **30 minutes of "Husky Time"** to pursue different clubs or touch base with teachers for academic support.

After school, **dinner starts promptly every weekday at 5:00pm and lasts until 6:30pm**. A period of study hall then opens up in the library every night for students to focus on their studies, and one of our two gymnasiums opens up for an hour every evening so our students can exercise or enjoy some physical activity. **Students are required to be back in their own dorms at 10:00pm** on a school night, with lights-out and students required to be in their own rooms for sleep by 10:30pm.

On Wednesday, MCI has an abbreviated schedule. Classes end at 1:45pm instead of 2:15pm and there is no Husky Time. The rest of the after school schedule on Wednesdays is the same, as students can still enjoy dinner, study hall, open gym, and more.

Monday-Friday:

Breakfast	7:00am
Advisor	7:45am
Classes Begin	8:00am
Lunch	10:50am or 12:15pm
Classes Continue	11:30am or 12:55pm
Husky Time	2:15pm
Athletics/Clubs/ Tutoring	2:45-5:00pm
Dinner	5-6:30pm
Study Hall	7:00pm
Open Gym	8:30pm
Dorm Curfew	10:00pm
Quiet Hours	10:30pm











Weekend Activities

On weekends, MCI students are encouraged to relax and enjoy their time either on or off campus. Brunch is served in the late morning, open gym is earlier in the afternoon, and **the Student Center and Game Room are opened so that students can play games and have fun**. Every weekend there are a variety of optional trips off campus so that students can shop and enjoy different activities across the state of Maine. Example activities may include:

- Ice Skating at Penobscot Ice Arena in Brewer and Ice Vault in Augusta
- Orono Trampoline Park Jumping Adventure
- Shopping in Freeport - Maine's shopping hub & home of L.L. Bean company!
- Movies at Flagship Cinemas
- Visits to local Art Galleries
- International Food Market in Portland
- Shopping at Maine Mall in Portland
- Skiing at Sugarloaf Mountain Ski Resort (extra fee)
- Theater and Ballet shows
- Hiking on local nature trails and mountains
- Go Karts and Mini Golfing
- Excursions to Acadia National Park and Boston (extra fee)

Saturday/Sunday:

Brunch	10:00am
Activities/Free Time	11:00am - Curfew
Open Gym	3:00pm
Dinner	5:00pm
Open Student Center/Game Room	8:00pm | 5:00pm
Dorm Curfew	11:00pm | 8:00pm
Quiet Hours	11:30pm | 10:30pm