

**The Counseling Center of Central Islip High School**

**Student Brag Sheet for COUNSELORS**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Please answer the following questions as thoroughly and thoughtfully as possible. Your responses will be used to help write your **counselor** letter of recommendation, so it's important that they reflect your voice and experience.

You may **copy and paste the questions into a separate document** and either **handwrite your answers on this form (front and/or back)**, submit them **on a separate sheet of paper or in a digital file and send via e-mail**. Once completed, please hand in or email your Student Brag Sheet to me.

Do your best to respond to **all eight questions**. Specific answers will help make your letter personalized. If a question does not apply to you, please feel free to write not applicable.

1. What do you want colleges to know about you that will not be in your college application? Is there any specific information you would like to share or feel is important that I know as I write your letter of recommendation? What are
2. What do you consider your greatest strengths? Why? How have you demonstrated those strengths? Give examples to support them. What are your proudest accomplishments?
3. List three extra-curricular activities (sports, jobs, volunteering, home responsibilities) and explain the importance of them in your life. What significant contribution have you made to these activities?
4. Please describe any leadership roles or unique volunteer work you have been involved with during high school.
5. Do you work? If so, where do you work how long have you been working? What are your responsibilities at work?
6. What do you plan on studying in college? Please make sure to mention if you are applying to different schools with distinct majors.
7. List five adjectives that best describe you.
8. Discuss any circumstance(s) or personal hardships at home or in school that have impeded your academic success, i.e.; family, financial, social and what did you do to overcome this obstacle? What did you learn from this experience?