

PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Harper Elementary

Written by Princeton ISD Elementary Counselors

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement:

The mission of the Harper Elementary School Counseling Program is to support the academic success, personal/social development, and career preparation of our diverse population using the best practice school counseling strategies and a tiered approach to meet the needs of all students.

Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors are responsible for delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

Competencies

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal – setting process

Student Competency: Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete tasks

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served include parents and staff members.

Organizational Elements-

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Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals (highlighted) & Process

Needs Assessment Results: Improve Student Behavior, Increase Attendance, Assess Program Balance using Time Tracking

We reviewed the following data points:

- Student survey
- Parent survey
- Teacher reports
- BTA reports
- Bullying reports
- Mental health notes
- Time tracker data

The following patterns will be evaluated in our data:

- Incident types
- Incidents by grade level
- Incidents by semester

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We found the following areas of significance in our data points:

- In the 24-25 school year, Harper elementary conducted two bullying investigations; ZERO were confirmed as bullying. Both cases were found to be in violation of the student code of conduct and discipline was issued accordingly.
 - In the 24-25 school year, Harper elementary conducted 16 cases of suicidal ideation.
 - In the 24-25 school year, Harper elementary school conducted SSSP threat assessments for a combined total of 19 threats to self and/or others.
 - In the 24-25 school year, 36.4% of parents believe their student is bullied at school.
 - In the 24-25 school year, 29.1% of parents believe drug use is a problem at school.
 - In the 24-25 school year, 30.9% of parents believe vaping is a problem at school.
 - In the 24-25 school year, 26% of students do not feel positive behavior is recognized at school.*
 - In the 24-25 school year, 38.8% of students do not believe that teachers can do their job due to student behavior.*
 - In the 24-25 school year, 44% of students do not enjoy coming to school.*
 - In the 24-25 school year, 18% of students do not feel safe in school.*
- * denotes improvement from previous year

The most significant needs identified in needs assessments were:

- In the 24-25 school year, Harper elementary school conducted SSSP threat assessments for a combined total of 19 threats to self and/or others.
- In the 24-25 school year, 36.4% of parents believe their student is bullied at school.
- In the 24-25 school year, 29.1% of parents believe drug use is a problem at school.
- In the 24-25 school year, 30.9% of parents believe vaping is a problem at school.

In 2024-25 the following were implemented and can contribute to the data listed above:

- Weekly wellness check in system for 3rd - 5th graders
- A positive referral system school-wide
- ROAR store for a positive reward system
- Staff survey for teacher perspectives of counseling program success
- Tracking specific information regarding school-based mental health counseling visits

Suggestions from EOY/CAT Team and Campus Improvement Committee Collaboration:

- Consider incentives and activities to increase student desire to be at school.
- Adding TCHAT for students with short term concerns
- Training all staff in YMHFA by 2027
- Increase whole group counseling lessons
- Offer counselor taught, in the classroom, guidance lessons

Program SMART Goals for the 2025-26 Year

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.

Strategies:

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- Hosting Roar Store every 9 weeks
- Creating a culture of intrinsic motivation
- Post Cards or Positive Phone Calls Home
- Special Recognition during announcements

Measures:

- Behavior referrals
- Bullying cases

2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.

Strategies:

- Individual, Small group, and whole group counseling
- Parent Teacher Counselor communication
- Teacher Trainings
 - YMHFA
 - BIP Training & MTSS for Behavior
 - CHAMPS

Measures:

- Climate survey, staff, parents, and students
- Weekly Check in Survey
- Bullying cases
- Suicidal Ideation
- Behavioral Threat Assessments

3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.

Strategies:

- Utilize both PLC time and Specials
- Offer sign-up genius allowing counseling lessons to occur in the classroom at teacher request

Measures:

- Counseling Time Tracker

4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

Strategies:

- Small Groups focused on executive functioning skills
- MTSS Data

Measures:

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- Executive Functioning Skills Awards
- map data, 9 week assessments, progress and report cards

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Personal Health and Safety
3. Intrapersonal Effectiveness
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance
3. Advocacy
4. Coordination
5. Leadership
6. Program Management
7. Consultation
8. Professional Behavior
9. Professional Standards

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum 35-45%
2. Responsive Services - 30-40%
3. System Support 10-15%
4. Individual Planning - 5-10%

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Program Design

Guidance Curriculum Services

1. Strategic Content Area- Intrapersonal Effectiveness

- **Needs Assessment Findings-** 16 occurrences of suicidal ideation by 11 students.
- **Guidance Curriculum Lesson Topics-** All Year - Kindness Club, August and January - Harper Way/BE YOU, October - Personal health and safety, December - problem solving, October - peer pressure, April - self-control

SMART Goals-

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2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.
4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

2. Strategic Content Area- Interpersonal Effectiveness

- **Needs Assessment Findings-** Discipline referrals and teacher input indicates need for the following topics: School behavior, cooperation w/ peers, problem solving, anger management, coping skills, self-esteem/self-concept
- **Guidance Curriculum Lesson Topics** - All Year - Kindness Club, Safety Patrol, September - Bully prevention, Ned Show Resiliency Ride, October - Peer Pressure, November Friendship, December - accepting responsibility, March - conflict resolution, April - self-control, Gossip/Rumors, Reputation

SMART Goals-

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3. Strategic Content Area-Personal Health & Safety

- **Needs Assessment Findings-** discipline referrals, attendance, and teacher input indicates need for the following topics
- **Guidance Curriculum Lesson Topics-** September - Anti-Bullying, November -Hygiene, puberty, germs, October - personal safety/safe touch, drug prevention, Computers specials- social media safety

SMART Goals-

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4. Strategic Content Area-Post Secondary Education and Career Readiness

- **Needs Assessment Findings-** teacher input indicates need for the following topics
- **Guidance Curriculum Lesson Topics- May - College & Career lesson, January - Smart Goal/Growth Mindset, May - Successful in Sixth/Launching to a new grade, February - Perseverance.**

SMART Goals-

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Campus Responsive Services

Identified Need #1- Executive Functioning Skills

- Preventative, Remedial, or Crisis- Remedial & Crisis
- Intervention/Plan of Action- Counseling services based on student need
- Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Identified Need #2- Social Skills

- Preventative, Remedial, or Crisis- Preventative, remedial, and crisis
- Intervention/Plan of Action- counseling support through individual, group, and guidance lessons
- Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Coping Skills

- Preventative, Remedial, or Crisis- Preventative, remedial, and crisis
- Intervention/Plan of Action- counseling support through individual, group, and guidance lessons
- Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Individual Planning Priorities

Domain- Personal Planning

Goal- Identify attributes for achievement and growth

Goal- Identify barriers to achievement and growth

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Educational Planning

Goal- Goal setting, Growthmind Set, and Perseverance

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Career Planning

Goal- Introduction to different options

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Program Balance Chart/Weekly Schedule- see next page.

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KEY for the following tools:

GC: Guidance Curriculum

RS: Responsive Services

IP: Individual Planning

SS: System Support

NCD: Non-counseling duty

Program Balance Chart/Weekly Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-8:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
8:30-9	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
9-9:30	Individual Planning	Individual Planning	Individual Planning	Individual Planning	Individual Planning
9:30-10	Individual Planning	Individual Planning	Individual Planning	Individual Planning	Individual Planning
10-10:30	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
10:30-11	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
11-11:30	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
11:30-12	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum

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12-12:30	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
12:30-1	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
1-1:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
1:30-2	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
2-2:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
2:30-3	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
3-3:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
3:30-4	System Support	System Support	System Support	System Support	System Support
4-4:30	System Support	System Support	System Support	System Support	System Support

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Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

<u>Components</u>	<u>Content Areas</u>
Guidance Curriculum	Interpersonal Effectiveness
Responsive services	Intrapersonal Effectiveness
Individual Planning	Personal Health and Safety
System Support	Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2025-2026 Year

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.
2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.
4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

3. Campus Improvement Plan Goals:

- Goal 2: To increase the average daily attendance during the 2025-2026 school year to: 97% Elementary and Intermediate
- Goal 4: Decrease Discipline Referrals Resulting in Suspension or Expulsion
- Goal 6: Provide Services for At-Risk Students

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CALENDAR

August

Content Area: Harper Way/BE YOU; Character Traits, Executive Function Skills

CSCP Goals Addressed:

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Domain: Interpersonal, Intrapersonal Effectiveness

Guidance Curriculum Lesson Topics (GC): Harper Way/BE YOU - school expectations

Major Projects/Events: Meet the counselor table during meet the teacher, Family night prep and planning, BIP Training for SpEd students, Social Skills small groups

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Kindness- includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, awards, and parent resources.

Executive Function: Organization - includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Small Group Counseling: Establish social skills schedule, evaluate the need for lunch bunch groups, schedule grade level small groups for quarter one. Conduct small groups pre-survey.

Individual Counseling: New year check-ins with previous counseling students.

Guidance Lesson:

Name of Lesson: Kindness & Planning

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Establish school wide rapport and community while building routines.

Guidance Lesson:

Name of Lesson: Super Student Skills

Where lesson came from: Responsive Counseling

Target grade(s): K-5

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Lesson Topic: [Super Student Skills](#)

September

Content Area: Harper Way/BE YOU; Character Traits, Executive Function Skills

CSCP Goals Addressed:

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Domain: Postsecondary Readiness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC):

Major Projects/Events: Q1 Parent Newsletter, Kindness Club, Safety Patrol Kickoff

Individual Planning: Monitoring behavior interventions and adjusting sensory or behavior needs to best support students.

Character Trait: Respect - includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Organization - includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Small Group Counseling: Continue small groups and conduct mid-point check-in, adjust based on need

Individual Counseling: Individual student meetings with students in counseling.

Guidance Lesson:

Name of Lesson: What is Bullying? Stop, Support, Report!

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Bully Prevention

Guidance Lesson: YES! Anti-Bullying Assembly

Name of Lesson: YES! Anti-Bullying Assembly

Where lesson came from: [Youth Equipped to Succeed Company](#)

Target grade(s): 4th Grade

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Lesson Topic: Anti-Bullying

Guidance Lesson: NED Show

Name of Lesson: Resiliency Ride

Where lesson came from: [NED Show Company: All for KIDZ](#)

Target grade(s): K-5

Lesson Topic: promotes positive attitudes, academic achievement, and better behavior by transforming the way students face challenges.

October

Content Area: Personal Health and Safety, Anti-Victimization

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Domain: Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC): WHO for K-2, Drug prevention, healthy choices

Major Projects/Events: Red Ribbon Week, Bully Prevention Month, Anti-Victimization K-2

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Responsibility - includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Task Initiation - includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Small Group Counseling: Wrap up Q1 small groups, conduct small group post-survey, and plan Q2 groups.

Individual Counseling: New student check-ins, individual counseling as needed

Guidance Lesson:

Name of Lesson: Red Ribbon Week: Making Healthy & Safe Choices

Where lesson came from: [WHO Program Anti-Victimization](#)

Target grade(s): K-2 with age appropriate modification

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Lesson Topic: Personal Health & Safety

Guidance Lesson:

Name of Lesson: Red Ribbon Week: Making Healthy & Safe Choices

Where lesson came from: [WHO Program](#) & Counselor Created using Described and Captioned Media Program's "[Wise Owl](#)" videos. Parts of videos are used as appropriate for different grade levels.

Target grade(s): 3-5 with age appropriate modification

Lesson Topic: Making Healthy & Safe Choices

Guidance Lesson:

Name of Lesson: Responsibility

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Responsibility

November

Content Area: Personal Health & Safety

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Domain: Intrapersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC): Personal hygiene & Puberty

Major Projects/Events: School-Wide Gratitude Challenge, Food Drive, Angel Tree, StuCo Elections

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Gratitude - includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Attention - includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

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Small Group Counseling: Mid-point check-in small counseling groups, adjust based on need
Individual Counseling: New student check-ins, individual counseling as needed.

Guidance Lesson:

Name of Lesson: Personal Gratitude

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: The importance of gratitude and the impact it has on our emotions.

Guidance Lesson:

Name of Lesson: Friendship

Where lesson came from: Responsive Counseling

Target grade(s): K-5

Lesson Topic:

- KG - 2nd: [What is Friendship?](#)
- 3rd - 5th: [Friendship & Boundaries](#)

Guidance Lesson:

Name of Lesson: Healthy Me

Where lesson came from: Counselor Created using Human Relations Media [Puberty](#) and [Hygiene](#) videos, and [Healthy habits for kids](#)

Target grade(s): K-5 with age appropriate modification

Lesson Topic: Healthy Habits- K-2, Hygiene- 3rd & 4th grade, Body Changes- 5th grade

December

Content Area: Empathy & Friendship

CSCP Goals Addressed:

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.
2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.
4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

Domain: Intrapersonal Effectiveness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC): Bullying, friendship, self-advocacy

Major Projects/Events: Angel Tree, Kindness club initiative, StuCo Angel Tree Project

Individual Planning: Accommodations preparation and behavior planning

Written by: Elementary Counselors

Modified for Harper Elementary by: Amanda McIntire

Updated: 9/10/2025

*addresses 1-4, 7-10, A, B, C

Character Trait: Empathy - includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Time Management- includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Small Group Counseling: Wrap up Q2 small groups, conduct small group post-survey, and plan Q3 groups.

Individual Counseling: New student check-ins, individual counseling as needed

Guidance Lesson:

Name of Lesson: Empathy & Time Management

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Listening to others with empathy.

Guidance Lesson:

Name of Lesson: Problem Solving & Accepting Responsibility

Where lesson came from: Responsive Counseling

Target grade(s): K-5

Lesson Topic: [Problem Solving & Accepting Responsibility](#)

WINTER BREAK

January

Content Area: Goal Setting/Power of Yet

CSCP Goals Addressed:

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.
2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.
4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

Domain: Intrapersonal Effectiveness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC): Goal Setting/Growth-Mindset

Major Projects/Events: School-wide goal setting initiative

Written by: Elementary Counselors

Modified for Harper Elementary by: Amanda McIntire

Updated: 9/10/2025

*addresses 1-4, 7-10, A, B, C

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Perseverance- includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Perseverance- includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Small Group Counseling: Establish social skills schedule, develop lunch bunch groups, schedule grade level small groups for quarter three. Conduct small groups pre-survey.

Individual Counseling: New year check-ins with previous counseling students.

Guidance Lesson:

Name of Lesson: Perseverance

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Perseverance

Guidance Lesson:

Name of Lesson: Positive Self Talk/Perseverance

Where lesson came from: Responsive Counseling

Target grade(s): K-5

Lesson Topic: [Positive Self Talk/Perseverance](#)

February

Content Area: Self-Control/Conflict Resolution

CSCP Goals Addressed:

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.
2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.
4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

Domain: Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC): Asking for help/Perseverance

Written by: Elementary Counselors

Modified for Harper Elementary by: Amanda McIntire

Updated: 9/10/2025

*addresses 1-4, 7-10, A, B, C

Major Projects/Events: Random Acts of Kindness by Kindness Club, STAAR Nights for Parents, school-wide friendship challenge, [Nana Puddin'](#)

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Honesty - includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Self-Control- includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Guidance Lesson:

Name of Lesson: Honesty & Self-Control

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Honesty & Self-Control

Guidance Lesson:

Name of Lesson: [Coping Strategies & Self-Regulation](#)

Where lesson came from: Responsive Counselor

Target grade(s): K-5 with age appropriate modification

Lesson Topic: coping with stress, planning for success, stress and healthy habits, self-confidence

Guidance Lesson:

Name of Lesson: Test Taking Tips

Where lesson came from: Counselor Created using [Ned Show Testing Tips](#)

Target grade(s): 3-5 with age appropriate modification

Lesson Topic: Testing Anxiety, coping with stress, planning for success, stress and healthy habits, self-confidence

March

Content Area: Conflict Resolution/Problem Solving Steps

CSCP Goals Addressed:

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.
2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher

Written by: Elementary Counselors

Modified for Harper Elementary by: Amanda McIntire

Updated: 9/10/2025

*addresses 1-4, 7-10, A, B, C

support.

4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

Domain: Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC): Conflict Resolution/Problem Solving Steps

Major Projects/Events: Mental Wellness challenge for students and staff, STAAR Nights for Parents

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Cooperation - includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Flexibility - includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Guidance Lesson:

Name of Lesson: Cooperation & Flexibility

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Cooperation & Flexibility

Guidance Lesson:

Name of Lesson: [Conflict Resolution/Problem Solving Steps](#)

Where lesson came from: Responsive Counseling

Target grade(s): K-5

Lesson Topic: Conflict Resolution/Problem Solving Steps

April

Content Area:

CSCP Goals Addressed:

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.
2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.

Written by: Elementary Counselors

Modified for Harper Elementary by: Amanda McIntire

Updated: 9/10/2025

*addresses 1-4, 7-10, A, B, C

4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

Domain: Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC): Social Interactions w/ Peers

Major Projects/Events: Kindness Club Animal Shelter Drive

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Courage- includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Emotional Regulation - includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Guidance Lesson:

Name of Lesson: [How to Apologize](#)

Where lesson came from: Responsive Counseling

Target grade(s): K-2 with age appropriate modification

Lesson Topic: How to Apologize

Guidance Lesson:

Name of Lesson: Courage & Emotional Regulation

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Courage & Emotional Regulation

Guidance Lesson:

Name of Lesson: [Gossip/Rumors/Reputation](#)

Where lesson came from: Responsive Counseling

Target grade(s): 3-5

Lesson Topic: Gossip/Rumors/Reputation

May

Content Area: Careers

CSCP Goals Addressed:

1. By May 2026, school counselors will work to decrease negative student behavior by ten percent through small group social skills, school store visits, positive office referrals, and special recognition during awards ceremonies and/or morning announcements.
2. By May 2026, the school counselor will work to decrease the number of suicidal ideation, behavioral threat assessments, and bullying cases by ten percent by setting common, school-wide expectations with parent meetings, first day grade level meetings, classroom guidance lessons on the Harper Way, video reminders, behavioral RTI support, and a weekly check in system to monitor student wellness and open direct communication between students and counselors.
3. By May 2026, school counselors will increase the amount of time spent in whole group counseling to thirty-five percent, by incorporating monthly counseling lessons and teacher support.
4. By May 2026, school counselors will increase academic growth in students by providing direct and indirect executive functioning skills instruction to students in whole and small group lessons.

Domain: Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC): Careers

Major Projects/Events: 4th-5th grade Career Presenters, College bulletin board, Community/family jobs bulletin board

Individual Planning: Accommodations preparation and behavior planning

Character Trait: Kindness Closer- includes resources for teachers, weekly announcements, brain-breaks and classroom mindfulness, read-alouds, playground activities, classroom lessons, and awards.

Executive Function: Stress Tolerance - includes resources for teachers, weekly announcements, read-alouds, classroom lessons, awards, and parent resources.

Guidance Lesson:

Name of Lesson: Kindness Closer& Stress Tolerance

Where lesson came from: [Character Strong](#)

Target grade(s): K-5

Lesson Topic: Kindness Closer& Stress Tolerance

Guidance Lesson:

Name of Lesson: Career Exploration

Where lesson came from: Counselor created using [career exploration and career interest survey tools](#)

Target grade(s): K-5 with age appropriate modification

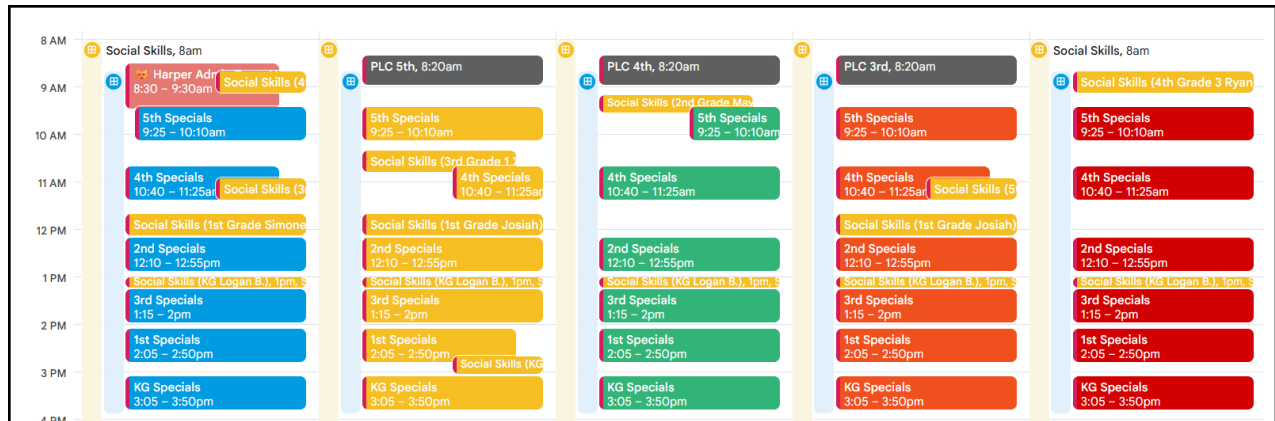
Lesson Topic: Career Exploration, Connecting academic importance and goal setting to future.

Written by: Elementary Counselors

Modified for Harper Elementary by: Amanda McIntire

Updated: 9/10/2025

*addresses 1-4, 7-10, A, B, C



The calendar reflects Social Skills and whole group lesson times.
All dates and times are subject to change without notice.

Links:

- [Character Strong](#)
- [WHO Program Anti-Victimization](#)
- [The Responsive Counselor](#)
- [Dear Time Read Alouds](#)
- [Tuesday Character Lessons](#)
- [NED Show Company: All for KIDZ](#)
- [Youth Equipped to Succeed Company](#)
- [Nana Puddin'](#)

For a closer look at anything seen here, please reach out to amcintire@princetonisd.net or call 469-952-5409