Y12 KS5 Curriculum Overview: Health and Social Care (Pearson AAQ – Year 1)

Rationale: Students in Y12 will develop knowledge and understanding of patterns of human growth and development as well as explore the explore the organisation, structure and normal physiological functioning of the human body.

Term / Length of Unit	Outline	Assessment	Home Learning	Resources	Knowledge/Skills End Points	Reading
Y12 Autumn 1	**Unit 1 Human Lifespan Development** **Learning Aim A**: Students will study human growth and development through the life stages. **Unit 2 Human Biology and Health** **Learning Aim A:** Students will study the structure, organisation and function of the human body.	**Progress:** Interpreting data End of topic assessment.	Written tasks: Centile graphs Interpretation of data	Pink exercise books. Full schemes of learning with associated resources on Staff Resources – Health and Social Care – 2025– Year 12- Unit 1- Learning Aim A	**Key knowledge/skills**: Students will be able to make connections between theories/models in relation to human development affecting human growth and development and effects of ageing.	Key terms list for topics: Academic text from exam board Essay annotations Extended writing **Keywords:** Development Perimenopause Predisposition Prevalence Multidisciplinary Multiagency
Y12 Autumn 2	**Unit 1 Human Lifespan Development:** **Learning Aim B:** Students will research the factors affecting human growth and development	**PPE**: Exam questions, using past Sample Assessment Material provided by BTEC.	Research task: Patient case study	Full schemes of learning with associated resources on Staff Resources – Health and Social Care –	**Key knowledge/skills**: Students will develop analytical and evaluation skills to relate information to human development theories/models and factors affecting human growth and development	Key terms list for topics: Academic text from exam board Essay annotations Extended writing

	Unit 2 Human Biology and Health **Learning Aim B:** Students will understand the structure, organisation and function of the human body and common disorders			2025– Year 12- Unit 1- Learning Aim B		**Keywords:** Holmes and Rahe readjustment scale Nature Nurture Genetic predisposition Income and expenditure Predictable life events Homeostatic mechanisms BMR
Y12 Spring 1	**Unit 1 Human Lifespan Development:** **Learning Aim C**: Students will study the effects of ageing physiologically and psychologically **Unit 2 Human Biology and Health** **Learning Aim C:** Students will understand the structure, organisation and function of the human body and common disorders	**Progress:** Interpreting data End of topic assessment. **PPE examination:** January	Written: Exam style questions	Full schemes of learning with associated resources on Staff Resources – Health and Social Care – 2025– Year 12- Unit 1- Learning Aim C	**Key knowledge/skills**: Students will be able to demonstrate knowledge of physical, intellectual, emotional and social development across the human lifespan, factors affecting human growth and development and effects of ageing	Key terms list for topics: Academic text from exam board Essay annotations Extended writing K**eywords:** Conservation Osteoarthritis Perimenopause Development Dementia Organ degeneration

Y12 Spring 2	**Unit 1 Human Lifespan Development:** **Learning Aim D**: Students will study how health inequalities and prevalent health conditions interrelate to affect development. **Unit 2 Human Biology and Health** **Learning Aim D:** Students will be able to make connections between the primary and secondary effects of common disorders and how they affect interlinked body system.	**Progress:** Interpreting data End of topic assessment.	Research task: Patient case study Written/research: Ethical issues case studies	Full schemes of learning with associated resources on Staff Resources – Health and Social Care – 2025– Year 12- Unit 1- Learning Aim D	**Key knowledge/skills**: Students develop examination skills to use knowledge on ethical issues and legislation to suggest how to overcome them.	Key terms list for topics: Academic text from exam board Essay annotations Extended writing K**eywords:** Equality Diversity Discrimination 6C's Empathy Empowerment Ethical Issues Managing conflict Legislation
Y12 Summer 1	**Exam: Summer** **Unit 3: Principles of Health and Social Care Practice (PSA)** Students will understand the principles of health and social care practice which underpin meeting the care and support needs of individuals	**External exam: May 2026** **PSA:** Assessment set by the exam board.	Practice papers and mark scheme application.	Full schemes of learning with associated resources on Staff Resources – Health and Social Care – 2025– Year 12- Unit 3	**Key knowledge/skills**: Students will develop investigation skills in order to determine which different types of communication techniques and ways to promote personalisation are more effective in order to empower their service user	Key terms list for topics: Academic text from exam board Essay annotations Extended writing K**eywords:** Personalisation Challenges Frameworks

						Opinion leaders Clinical audits Patient-mediated strategies
Y12 Summer 2	**Unit 3: Principles of Health and Social Care Practice (PSA)** Students will examine how organisation, legislation and guidance inform practice in health and social care.	**External exam: May 2026** **PSA:** Assessment set by the exam board.	**Practice PSA (Pearson Set Assignment)**	Full schemes of learning with associated resources on Staff Resources – Health and Social Care – 2025– Year 12-Unit 3	**Key knowledge/skills**: Students will develop investigation skills in order to determine which different types of communication techniques and ways to promote personalisation are more effective in order to empower their service user	Key terms list for topics: Academic text from exam board Essay annotations Extended writing K**eywords:** Personalisation Challenges Frameworks Opinion leaders Clinical audits Patient-mediated strategies