

Homecoming

The K-8 campus will be celebrating Blue Hawk Homecoming with the High School next week (Sept 15-19). As always, **ALL** students and staff that are not involved in the parade will be walking down to Main Street together on **Friday, September, 19th** to watch the Homecoming Parade. Students will stay with their class/grade levels. Of course, parents are welcome to meet their students on Main Street to watch the parade that celebrates our school, our kids, and our community. Students and staff will then walk back up to the school to get ready for our usual 2:05 Friday dismissal. In addition, Homecoming Spirit Week dress up days are as follows:

- Monday** - Pajama Day
- Tuesday** - Country vs. Country Club Day (cowboy/cowgirl vs polo shirts and tennis skirts)
- Wednesday** - Camo Day
- Thursday** - Student-Teacher Reversal Day
- Friday** - Blue Hawk Day (Blue and Yellow)

HEALTH CONCERN

Welcome back to school!! As you know, coming back to school can also bring 'bugs'. Sometimes those bugs are shared between friends and classmates like colds and flu. Some bugs are even harder to get rid of, like head lice. Lice are small insects about the size of a sesame seed and can be very difficult to see. A magnifying glass and natural light may help when looking for them. Nits (eggs) can look like dandruff, but dandruff will come off easily. Nits will stay firmly attached to the hair. Some of these bugs have been found at school. Please check your child(ren) DAILY for the next few weeks, and on a regular basis thereafter. Thank you for your cooperation!

FUN RUN

Our annual Fun Run will be held on **Tuesday, September 16th** at the High School Track Field. All K-6 students will be taken to the High School by bus to participate. The High School and Junior High Cross Country Teams will help with the run which is set up like a Cross Country meet. The girls will run their mile first this year, beginning at **1:45PM** with the boys race following at **2:15PM**. The race will begin and end at the High School Track Field. Parents are welcome to join us and cheer on all of our kiddos. Students will be returned to the Elementary in time for dismissal. Check out next week's newsletter for the list of top finishers. Let's go Blue Hawks!

PTO News & Notes

At their monthly meeting on Tuesday, our PTO elected new officers. Miranda Preston has stepped up to become the new president, Britany Whittenburg will serve as vice president, Krystal Park will continue as secretary and Lindsay Heisler will serve as treasurer. Outgoing president Hiddi Helvey, shared that the paperwork has been filed to be designated a 501c3, which will allow them to apply for grants. Hiddi and Lindsay Heisler were named to the grant writing committee. Work was begun on mapping out various activities PTO will sponsor this school year. Among those being planned in the next month were a Box Tops Competition. A 5K Walk/Run and the very popular Popcorn Fridays, which will be held monthly. The first one, sponsored by Happy Trails Pre-School is scheduled for September 26th. They determined that their monthly meetings will be held the 2nd Wednesday of every month beginning at 5:00PM in the Elementary. Exciting things are in the works! Watch for the PTO flyer coming home with ways you can join in and help out! Better yet, attend the next PTO meeting to be held on **Wednesday, October 8th** and be an integral part of the excitement.

Important Happenings

- 9/12 FUN FRIDAY—Black & White Day
- 9/12 Early Dismissal - 2:05PM
- 9/15-9/20 Homecoming Week
- 9/15 Dress Theme - Pajama Day
- 9/16 Dress Theme - Country vs Country Club
- 9/16 Fun Run - Girls @ 1:45, Boys @ 2:15 - High School
- 9/17 Dress Theme - Camo Day
- 9/18 Dress Theme - Student Teacher Reversal Day
- 9/19 Dress Theme - Blue Hawk Spirit Day (wear blue & yellow)
- 9/19 Homecoming Parade - 1:00PM - Main Street
- 9/19 Early Dismissal - 2:05PM
- 9/25 School Pictures by Legacy
- 9/26 Popcorn Friday-sponsored by Happy Trails Pre-School
- 9/26 Evacuation/Reunification Drill
- 9/26 Early Dismissal - 2:05PM
- 10/1 3rd Gr - Ag Day - Field Trip
- 10/1 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/2 Flu Shots given by SCHD with permission
- 10/2 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/3 Early Dismissal - 2:05PM
- 10/6 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/8 PTO Meeting - 5:00PM - Elementary
- 10/8 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/9-10/10 Hearing Screenings
- 10/9 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/10 Early Dismissal - 2:05PM
- 10/13 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/15 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/16-10/17 No School - MEA Days**
- 10/20 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/22 REACH (after school program for 3rd-8th) 3:15-5:00PM
- 10/24 End of 1st Quarter

Thompson Falls Elementary

Mr. Len Dorscher,
Principal

School web site:
<https://tfes.thompsonfalls.net>



Consequences vs. Punishment: Why Consequences Work Better

Consequences and punishments aren't the same. Consequences delivered with empathy help kids think about their choices and take responsibility, while punishment often sparks anger, sneakiness, or resentment toward parents. Children learn best when encouraged to think about what they have done or not done, not pushed into defensiveness.

Can You Give Us a List of Consequences?

Parents often ask for a ready-made list of consequences. We believe that the best consequences are a natural outcome of the problem the child causes. When a child causes a problem, the adult hands the problem back to the child with a healthy dose of empathy.

The Best Kind of Consequences

Chores provide kids with structure and enforceable limits. As they master their tasks, their self-esteem grows. This confidence easily carries over into other areas of life, from homework to sports, fueling their ability to embrace challenges with confidence and a positive attitude.

How Does the Energy Drain Work?

When your child's actions "sap your energy," try saying:

"This is so sad. What an energy drain. How will you replace it?"

Kids might do an extra chore, help with tasks, or give up a privilege. Thank them sincerely. Restitution helps kids feel capable of making things right without feeling punished, which will lead to fewer battles and stronger, healthier relationships between kids and adults in their lives.

In our audio, [Love and Logic Magic When Kids Drain Your Energy](#), you'll learn how to **stay calm** and **turn misbehavior into teachable moments—without the power struggles**. This technique works across a wide range of challenges - **backtalk, sibling drama, defiance**, and more. Kids quickly learn that poor choices come with a cost, like chores or missed privileges, and their **behavior begins to shift**.

Want a deeper look before you dive in? Learn more about delivering effective consequences in our blog: **The Myth of Immediate Consequences**.

Each week we share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Jessy Lewis, for more info.