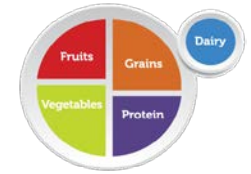




# Tracy Unified School District

## 6-8 Breakfast & Lunch Menu Order Form

### August - October 2025



### Breakfast

*Breakfast includes choice of one (1) main entrée, fruit, and choice of milk. Students must select 3 food items with one being a 1/2 cup of fruit/fruit juice.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Select only one (1) main entrée	Egg & Cheese Sandwich & Tots* Mini Strawberry Bagels* Cereal Bowl*	Mini Cinnamon Rolls* Yogurt & Fruit Parfait* Cereal Bowl*	Egg & Cheese Scrambler & Tots* Fruit Smoothie & Mini Muffin* Cereal Bowl*	Apple Strudel* Yogurt & Fruit Parfait* Cereal Bowl*	Pancake Sausage (bf) Sandwich & Tots Fruit Smoothie & Mini Muffin* Cereal Bowl*
Select a minimum of one (1) fruit	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice
Select only one (1) type of milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk

### Lunch

*Lunch includes choice of one (1) main entrée, fruit, vegetables, and choice of milk. Students must select 3 of the 5 food components with one being a 1/2 cup of fruit or vegetable from the salad bar.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Select only one (1) main entrée	Pretzel Dog (beef) Garlic Cheese Bread* Pepperoni Pizza (beef and trky) Cheese Pizza* Spicy Chicken Sandwich Wowbutter & Jelly Sandwich*	Hamburger (beef) & Fries Cheese Bites* Crispy Chicken Tenders & Fries Bean & Cheese Burrito* Spicy Chicken Sandwich Wowbutter & Jelly Sandwich*	Spicy Chicken Tenders & Fries Garlic Cheese Bread* Pepperoni Pizza (beef and trky) Cheese Pizza* Spicy Chicken Sandwich Wowbutter & Jelly Sandwich*	Orange Chicken & Rice Cheese Pull-Aparts* Hamburger (beef) & Fries Crispy Chicken Sandwich Spicy Chicken Sandwich Wowbutter & Jelly Sandwich*	Chicken Drumstick, Fries & Toast Veggie Kickin' Patty Sandwich* Pepperoni Pizza (beef and trky) Cheese Pizza* Spicy Chicken Sandwich Wowbutter & Jelly Sandwich*
Select only one (1) type of milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk
Treat included in all meals	<i>Mini Rice Krispy Treat</i>	<i>Chocolate Chip Cookie</i>	<i>Mini Rice Krispy Treat</i>	<i>Fortune Cookie</i>	<i>Chocolate Chip Granola Bar</i>

\* = Meatless

### Salad Bar

*Students must select at least 1/2 cup of vegetable or fruit from the Salad Bar.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Select a minimum of one (1) salad bar offering, more than one selection is encouraged	Romaine Lettuce Baby Carrots Yellow Corn Sliced Apples Frozen Fruit Cup Diced Peaches 100% Fruit Juice	Romaine Lettuce Mini Sweet Peppers Kidney Beans Nectarines Frozen Sliced Strawberries Applesauce Cups 100% Fruit Juice	Romaine Lettuce Fresh Broccoli Mini Cucumber Orange Wedges Frozen Fruit Cup Mixed Fruit Cocktail 100% Fruit Juice	Romaine Lettuce Fresh Tomatoes Green Peas Strawberries Frozen Blueberries Diced Pears 100% Fruit Juice	Romaine Lettuce Baby Carrots Garbanzo Beans Watermelon Frozen Fruit Cup Applesauce Cups 100% Fruit Juice