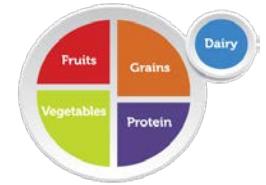




# Tracy Unified School District

## K-5/K-8 Breakfast & Lunch Menu Order Form



**August - October 2025**

### Breakfast

*Breakfast includes choice of one (1) main entrée, fruit, and choice of milk. Students must select 3 food items with one being a 1/2 cup of fruit/fruit juice.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Select only one (1) main entrée	Egg & Cheese Breakfast Sandwich* Cereal Bowl*	Mini Cinnamon Rolls* Cereal Bowl*	Egg & Cheese Breakfast Scrambler* Cereal Bowl*	Apple Strudel* Cereal Bowl*	Pancake & Sausage (bf) Sandwich Cereal Bowl*
Select a minimum of one (1) fruit	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice	Fresh Fruit Shelf-Stable Fruit 100% Fruit Juice
Select only one (1) type of milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk	Fat-Free White Milk 1% White Milk

### Lunch

*Lunch includes choice of one (1) main entrée, fruit, vegetables, and choice of milk. Students must select 3 of the 5 food components with one being a 1/2 cup of fruit or vegetable from the salad bar.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Select only one (1) main entrée	Pretzel Dog (beef) Cheese French Bread*	Crispy Chicken Tenders Cheese Bites*	Pepperoni (pk & bf) or Cheese Pizza* Tuna & Goldfish Crackers	Orange Chicken & Rice WowButter & Jelly Sandwich*	Crispy Chicken Sandwich Veggie Kickin' Sandwich*
Select only one (1) type of milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk	Fat-Free Chocolate Milk 1% White Milk
Treat included in all meals	<i>Mini Rice Krispy Treat</i>	<i>Chocolate Chip Cookie</i>	<i>Mini Rice Krispy Treat</i>	<i>Fortune Cookie</i>	<i>Chocolate Chip Granola Bar</i>

\* = Meatless

### Salad Bar

*Students must select at least 1/2 cup of vegetable or fruit from the Salad Bar.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Select a minimum of one (1) salad bar offering, more than one selection is encouraged	Romaine Lettuce Baby Carrots Yellow Corn Sliced Apples Frozen Fruit Cup Diced Peaches 100% Fruit Juice	Romaine Lettuce Mini Sweet Peppers Kidney Beans Nectarines Frozen Sliced Strawberries Applesauce Cups 100% Fruit Juice	Romaine Lettuce Fresh Broccoli Mini Cucumber Orange Wedges Frozen Fruit Cup Mixed Fruit Cocktail 100% Fruit Juice	Romaine Lettuce Fresh Tomatoes Green Peas Strawberries Frozen Blueberries Diced Pears 100% Fruit Juice	Romaine Lettuce Baby Carrots Garbanzo Beans Watermelon Frozen Fruit Cup Applesauce Cups 100% Fruit Juice

All meals are whole-grain rich and include choice of 1% white, nonfat white (breakfast only), or nonfat chocolate milk (lunch only). Menu subject to change without notice. Nutrition information can be found at <https://tusdfoodservices.com> or by contacting the Food Services Office at 209-830-3255. This institution is an equal opportunity provider.