## 2025-2026

# Oriskany Central School District Comprehensive PK-12 Counseling Plan



The mission of the Oriskany Central School District is to **educate**, **engage**, **and empower** students to excel in an ever-changing world. We are committed to our tradition of personal attention, positive relationships, and an innovative climate for learning.

Meeting Dates of Annual Plan Review: *May 15, 2025 and June 5, 2025* 

**BOE Adoption July 2025** 

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#### INTRODUCTION

The Oriskany Counseling Plan has been developed in compliance with the New York State Education Department Commissioner's Regulations 100.2(j) and in alignment with the Oriskany Central School District Mission and Vision. The plan is a guiding document based on data gathered from a yearly student needs assessment targeting academic, career, and social emotional concerns. Additional resources were referenced to ensure our program remains current with all relevant professional standards including: New York State Career Development and Occupational Studies (CDOS) standards, The American School Counselor Association (ASCA) National Standards for School Counseling Programs, The American School Counselor Association Ethical Standards for School Counselors, and The New York State School Counselor Association Guidance Program guidelines.

#### DISTRICT AND COUNSELING MISSION, VISION AND VALUES

#### **Oriskany Central School Mission Statement**

The mission of the Oriskany Central School District is to **educate**, **engage and empower** students to excel in an ever-changing world. We are committed to our tradition of personal attention, positive relationships, and a productive climate for learning.

#### **Oriskany Central School Counseling Mission Statement**

The mission of the Oriskany Central School Counseling Department is to understand and meet the academic, social/emotional, and college/career needs of all students by creating and developing opportunities through individual planning, responsive services, and transition planning.

#### **Oriskany Central School Counseling Vision Statement**

Through our comprehensive school counseling program all students will be active participants in their educational planning to become thoughtful, contributing members of society.

#### **Oriskany Central School Counseling Belief Statement**

We will provide opportunities and support for students to be active participants in their academic program, college and career exploration, and socio-emotional learning.

#### DISTRICT COUNSELING ADVISORY COUNCIL

Per NYS Education Department Commissioner's Regulations, this plan will be reviewed and updated annually.

#### **Advisory Members:**

Jennifer Davis, Elementary School Counselor Brandi Bostic, School Counselor Grades 6-9 Chris Williams, 10-12 School Counselor Stephanie McLaughlin, School Psychologist Catherine Mucurio, Director of Special Programs Andrew Kennedy, Jr./Sr. High School Principal Erin Cortese, Jr/Sr. HS Health/H&C Teacher Thomas Meiss, Elementary School Principal Gregory Cuthbertson, Superintendent Cassandra Gleason, Parent/Guardian PaulPiersma, BOE Member Deb Waskiewicz, ES Teacher TaylorShepard, Jr/.Sr. HS Science Teacher

# ORISKANY CENTRAL SCHOOL DISTRICT & BUILDING COUNSELING PROGRAM OVERVIEW

The Oriskany PK-12 Counseling Program is continually evolving to meet the needs of our students, parents, community and New York State and national standards for professional counselors that are based on best practices and fulfill the NYSED counseling program requirements. The Oriskany Central School District has assigned counselors to specific grade levels to ensure students, their families, and our instructional staff have access to a point person for all counseling needs. This has been communicated to all stakeholders via the school website and all faculty and staff via school email and our internal faculty/staff handbook.

PK-6 Elementary school students and families have access to a social worker, school counselor, and school psychologist to help meet the needs of all parties. As a part of the elementary to Jr.-Sr. High School transition for sixth grade students, a school counselor meets with students throughout the year to help facilitate relationship building to ease the transition.

The secondary counseling staff consists of two (2) counselors and access to a social worker and school psychologist. The middle (6-8) and high school counseling (9-12) programs focus on the complex and ever-changing needs of young adolescents. The focus of services and instructional activities for students are grounded in three core areas: Academic Planning and Support, College and Career Planning and Social and Emotional Development.

The school counseling program is committed to assisting students and their families by developing a plan to support all students with post secondary plans. In addition, students in both buildings participate in career fairs, career exploration, academic progress monitoring, support with their personal and social growth, intervention, prevention and parent/teacher support and consultation.

#### PROFESSIONAL ETHICS, STANDARDS & COMPETENCIES

Below are resources that note the professional ethics and standards & competencies that all school counselors have the responsibility to uphold.

ASCA Ethical Standards for School Counselors

ASCA School Counselor Professional Standards & Competencies

NYS Social Emotional Learning Benchmarks

ASCA Student Standards: Mindsets & Behaviors for Student Success

CDOS New York State Learning Standard

#### ACADEMIC PLANNING AND SUPPORT

**District Goal:** All students will be supported to create an academic program that is aligned to their skills, academic proficiency, beliefs, and college and career aspirations.

#### **How Will We Know We Have Met This Goal?**

#### Commencement Goal

1. 100% of a 4-year cohort (Grades 9-12) will graduate high school.

#### **Annual Goal**

- 1. Junior-Senior HS: 95% of all students will pass all courses each quarter.
- 2. Elementary: Increase utilization of the Science Lab and STEAM Room by 25% by implementing at least one project-based learning experience per grade level each semester to enhance hands-on, cross-curricular instruction.

Grade	Activity or Service	ASCA Domain(s)	ASCA Student Standard(s)	NYS SEL Benchmarks	Learning Objective	Action Plan or Intervention *examples of activities	Feedback
6-12	Annual Grade Review	Academic	A:A1, A:A2, A:A3, A:B1, A:B2	1C.3a, 1C.3b 1C.4a, 1C.4b 1C.5a, 1C.5b	I can assess my current grades and plan goals to achieve grades commensurate with my personal best during the remainder of the year. If I am failing two or more core classes, I will meet with my counselor to review these goals.	Individual meeting addressing current grades and academic goals.  5/6th Grade begin to learn SchoolTool.  7th Grade Push-in to classroom to re-teach SchoolTool/grade monitoring.	Counseling review of academic data and grade level team review of all students to identify at-risk students.  Meeting with at-risk students individually and identify mechanisms for improvement for academics.  Building Level MTSS-I
6-12	Academic Improvement Plan Meeting	Academic	A:A2, A:A3, A:B1, A:B2	3B.3a, 3B.4a, 3B.5a	I can learn what study and work skills best help me and how I can implement them to improve my grades and work strategies.	Individual student meeting for students with academic failures to review academic goals and current progress. Students will identify areas of success and will work with counselors to modify goals/study skills to enhance academic progress.  Classroom lessons on study skills, time management, balance. (6)  CSE/504 Meetings	5 Week Progress Report Anecdotal Notes Building Level MTSS-I

6-12	Annual Individual Meeting	Academic and Career	A:C1, C:A1, C:B1, C:B2, C:C1	1C.3a, 1C.3b 1C.4a, 1C.4b 1C.5a, 1C.5b 3B.3a, 3B.4a, 3B.5a	I can assess my grades, attendance, career/college readiness and develop an academic plan that aligns with my post secondary goals.	Annual individual student meeting focusing on a reflection of grade specific activities, student's attendance, educational progress/record,behavior, social/emotional development, and college/career planning.  Quarterly SMART Goals set by all students to reflect ways in which they can improve upon their academics.  CSE/504 Meetings  Attendance Letters/Meetings	Student Goals  Utilize Building Level MTSS-I to meet students in need of additional support.  SchoolTool Data
6-12	Annual Academic Planning	Academic and Personal/ Social	A:B1, PS:B1	1C.3a, 1C.4a, 1C.5b 3B.3a, 3B.4a, 3B.5a	I can use the course catalog that contains information regarding NYS graduation requirements, BOCES programs, and dual credit opportunities (MVCC), as a guide to help develop a schedule that aligns with my personal interests and academic strengths.	Students in grades 6-12 will complete a schedule in a group and/or individual setting with customized support.  CSE/504 Meetings	Course selection sheets
PK - 12	New Student Orientation/ Acclimation	Academic and Personal/ Social	A:A2, A:B1, PS:A1, PS:A2, PS:B1, PS:C1	2A.1a, 2A.1b 2A.2a, 2A.2b 2B.1a 2B.2b 2C.1b 2C.2a, 2C.2b 2A.3a, 2A.3b 2A.4a, 2A.4b 2A.5a, 2A.5b 2C.3a, 2C.5a	I can apply character traits and use communication skills to successfully transition to a new school or grade to make and keep friends and seek help from my teacher(s) or counselor if necessary.	New Student Enrollment/Tours Prior to Start Date  6th - 7th Grade Transition Moving Up Ceremony Grade 6-7 Building Tours, Review of School Tool 6th & 7th Grade  8th - 9th Grade Transition Counselor push-in to H&C classes to review credits/diploma types	Small Group Tours (6-7th Transition) Individual Meetings Foreign Language Overview Consult and Participate in CSE and 504 Meetings Positivity Project (PK-6)

				Special Education Transitions with IEP and Graduation/ School Completion Senior Class Elementary School Walkthrough Transfer CSE/504 Meetings	
PK-6 Academic Improvem Plan Meet	PS:B1, PS:C1	1B.1a 1B.2a, 1B.2b 1C.1a, 1C.1b 1C.2a, 1C.2b	I can, with assistance, assess my grades, attendance, and develop an academic plan/goal that aligns with my individual needs.	Creation of goals to help support students' understanding of individual needs.  Regular home/school communication for identified areas of need.  Utilize Building Level MTSS-I to meet students in need of additional support.  Parent Teacher Conferences  CSE/504 Meetings	Class Goal (PK-2) Individual Goals (3-6) Parent Square Building Level MTSS-I CSE/504 Meetings

#### COLLEGE AND CAREER PLANNING

**District Goal:** Through the use of college and career exploration activities and experiences, students will be knowledgeable and prepared to make decisions about college and career selection.

#### Outcomes: How will we know we have met this goal?

#### Commencement Goal

1. All students will graduate with a transition plan for college or career pathway.

#### **Annual Goal**

- 1. Each student in grades 6–12 will complete an individual progress review plan annually.
- 2. All students in grades PK-5 will engage in activities that connect school learning to jobs and careers to build early career awareness.

Grade	Activity or Service	ASCA Domain	ASCA Student Standard(s)	NYS SEL Benchmarks	Learning Objective	Action Plan or Intervention *examples of activities	Feedback
PK-6	Career Exploration Activities	Career	C:A1, C:B1	1B.1a, 1B.2a, 1C.1a, 1C.2a, 3A.1b, 3A.2b, 3B.1a, 1b 3B.2a, 2b	I can connect school with a job/career.	Classroom Push-in Career Day Connecting Positivity Project traits with careers PK/K Helpers (6th) Community Helpers (SS Curriculum) Classroom Jobs Paws in Jobland	Pre/Post experience Assessment Career Presentations P2 Assemblies Morning Announcements
4 - 12	Career Exploration Activities	Career	C:A1, C:B1	1B.3a, 1B3b, 1B.5b 1C.5b 3b.5a	I can learn about careers and identify ones I am interested in exploring and learning about from professionals.	Career Day/Fairs (4-12)  CTE Tours (8th/10th)  Group Business Tours  Job Shadowing (11,12)  Career Internship (11, 12)	Program Evaluation  Naviance Career  Lessons Evaluation Form  Naviance

6 - 12	Post-Secondary Exploration and Planning Activities	Academic and Career	A:C1, C:A1, C:B2, C:C1, C:C2	1B.5b 1C.3a, 1C.3b, 1C.4a, 1C.4b 1C.5a 1C.5b 2D.4a 2D.4b 2D.5a 3A.4a 3A.5a 3B.5a	I can identify post-secondary options and explore which program(s) will help me reach my career and academic goals.  I can develop job readiness skills to prepare for future employment opportunities.	Group Instruction Individual meetings New Visions Regional Program for Excellence College Bridging Parent/Guardian Training For College Planning, FAFSA Videos/Meetings (11-12) Resume/Cover Letter Writing (8th/12th) MV Speech/English 12 Financial Literacy (BANZAI, First Source) School & Business Alliance (SABA)	Pre and post experience Assessment Resume/Cover Letters
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#### SOCIAL AND EMOTIONAL SUPPORT

District Goal: Students will acquire the knowledge, attitudes, and interpersonal skills to make informed decisions that promote personal well-being and positive relationships

#### Outcomes: How will we know we have met this goal?

#### Commencement Goal

1. All students will graduate with a self-awareness of their knowledge, interpersonal skills, character traits, and ways they can overcome challenges in their life.

#### **Annual Goal**

- 1. Students will attend more than 90% of all school days.
- 2. All students will identify having a positive connection with at least one faculty or staff member in the district to support a sense of belonging and well-being.

Grade	Activity or Service	ASCA Domain(s)	ASCA Student Standard(s)	NYS SEL Benchmarks	Learning Objective	Action Plan or Intervention *examples of activities	Feedback
PK - 12	Character Education and Development	Personal/Social	PS:A1, PS:A2, PS:B1, PS:C1	1A.1a, 1A.1b 1A.2a, 1A.2b 1A.3a, 1A.3b 1A.4a, 1A.4b 1A.5a, 1A.5b 1B.3a, 1B.4a 1B.1a, 1B.2a 2A.1a, 2A.1b 2A.2a, 2A.2b 2A.3a, 2A.3b 2A.4a, 2A.4b 2A.5a 2B.1c, 2B.2b, 2B.2c 2C.1a, 2C.1b 2C.2a, 2C.2b 2C.3a, 2C.3b 2C.5A 2D.1a, 2D.1b 2D.2a, 2D.2b 2D.3b, 2D.4A, 2D.4b 2D.5A, 2D.5b 3A.1a 3A.2b 3A.3a 3A.4a	I have an awareness of self and can apply various character traits and interpersonal skills to overcome challenges and capitalize on successes.	Vertical Team Review Meetings Group instruction Positivity Project (PK-6) Individual Counseling (PK-12) Zones of Regulation (PK-6) Erika's Lighthouse (4-12) Club Driven Activities (SADD, Student Council) Spirit Weeks Morning Announcement Messages Assemblies/Speakers (PK-12) Home & Careers Curriculum	Superintendent  Conference Days  Annual evaluation  Building Level MTSS-I

				3A.5a 3B.1b 3B.2b 3B.3b 3B.4b 3B.5b 3C.1a 3C.2a			
PK- 12	Individual Counseling	Academic and Personal/ Social	A:A2, PS:A1, PS:A2, PS:B1	1A.1a, 1A.1b 1B.1a 1B.2a 1C.1a, 1C.1b 1C.2a, 1C.2b 2A.1a, 2A.1b 2A.2a, 2A.2b 2B.1a, 2B.1c 2B.2a, 2B.2b, 2B.2c 2C.1a, 2C.1b 2C.2a, 2C.2b 2D.1a, 2D.1b 2D.2a, 2D.2b 3A.1a 3A.2a, 3A.2b 3B.1a, 3B.1b 3B.2a, 3B.2b  1A.3a, 1A.3b 1A.4a, 1A.4b 1A.5a, 1A.5b 1B.4a, 1B.4b 1B.5a, 1B.5b 1C.3a, 1C.4b 1C.5a, 1C.5b 2A.3a, 2A.3b 2A.4a, 2A.4b 2A.5a. 2A.5b 2B.3b, 2B.3c 2B.5b, 2B.5c 2C.3a, 2C.3b	I can seek out my counselor for help in various aspects of my life including, but not limited to, mental health, friendships, motivation, transition/adjustme nt issues, personal/social concerns.	Mediate and counsel students regarding individual social/emotional/behavioral concerns  CSE/504 Meetings	Building Level MTSS-I CSE/504 Meetings

				2C.5a 2D.3a, 2D.3b 2D.4a, 2D.4b 2D.5a, 2D.5b 3A.3a, 3A.4a 3A.5a 3B.3a, 3B.3b 3B.4a, 3B.4b 3B.5a			
PK-12	Group Counseling	Personal/Social	PS: A1, PS:A2, PS:B1, PS:C1	1A.1a, 1A.1b 1A.2a, 1A.2b 1C.3a 2A.1a, 2A.1b 2A.2a, 2A.2b 2B.1a, 2B.1b,2B.1c 2B.2a, 2B.2b, 2B.2c 2C.1a, 2C.1b 2C.2a, 2C.2b 2D.1a, 2D.1b, 2D.2a, 2D.2b 2D.3a, 2D.3b 2D.4a, 2D.4b 2D.5a, 3A.1a, 3A.1b 3A.2a3A.2b 3B.1b, 3B.2a, 3B.2b 3B.3a 3B.5a 3C.1a, 3C.2a	I can participate and work with a peer group directed by a counselor to address social, emotional, and personal needs.	Lunch group SEL Groups during RtI Block CSE/504 Meetings	Building Level MTSS-I CSE/504 Meetings

#### REFERENCES

- American School Counselor Association. "ASCANational Standards for Students."
  - o http://static.pdesas.org/content/documents/ASCA National Standards for Students.pdf
  - o <a href="https://www.schoolcounselor.org/asca/media/asca/home/MindsetsBehaviors.pdf">https://www.schoolcounselor.org/asca/media/asca/home/MindsetsBehaviors.pdf</a>
- American School Counselor Association. "ASCA Ethical Standards for School Counselors."
  - https://www.schoolcounselor.org/asca/media/asca/Ethics/EthicalStandards2016.pdf
- Oriskany Central School District Mission Statement. <u>www.oriskanycsd.org</u>
- New York State Department of Education. "Learning Standards for Career Development and Occupational Studies at Three Levels."
  - o http://www.p12.nvsed.gov/cte/cdlearn/documents/cdoslea.pdf
- New York State Department of Education. "Commissioner's Regulation Part 100.2(j)."
  - http://www.counsel.nysed.gov/rules/indicesfulltext/2017/032

#### RESOURCES/CURRICULAR TOOLS

- 1. Naviance Online Program Grades 6-12
- 2. Positivity Project Grades PK-12
- 3. Zones of Regulation Grades PK-6 N.A. Walbran Elementary School
- 4. Erika's LightHouse Grades 4-12
- 5. Universal Screening Parent Reports PK-12
- 6. MTSS Edge/SchoolTool/ClearTrack PK-12
- 7. Paws in Jobland PK-6

<sup>\*</sup>There may be additional resources and activities aligned to the standards being utilized or implemented, as this is not a comprehensive list but rather a guide to the requirements.