

Amherst Regional Public Schools

School Health Services

Epinephrine – Standing Orders

Medication: Epinephrine Auto Injector

Indications: LIFE-THREATENING SITUATIONS

Allergic reactions to insect bites or stings, food, drugs and other allergens
idiopathic or exercise-induced anaphylaxis

Contraindications: None

Dosage: Weight <66 lbs – Dose is 0.15 mg IM
Weight >66 lbs – Dose is 0.3 mg IM

A second dose of epinephrine may be given 5 – 15 minutes after the initial dose if symptoms are still present and medical care (EMS) is not immediately available

Potential adverse effects: Palpitations, tachycardia, sweating, nausea, vomiting, respiratory difficulty, pallor, dizziness, weakness, tremor, headache, apprehension, nervousness, anxiety, cardiac arrhythmias

Assessment factors: flushing, apprehension, syncope, tachycardia, thready or absent pulse associated with fall in blood pressure, convulsions, vomiting, diarrhea, abdominal cramps, involuntary voiding, wheezing, dyspnea due to laryngeal spasm, pruritus, rashes, urticaria, angioedema

Nursing considerations:

- o Store epinephrine at room temperature in tube/box provided
- o Check epinephrine for expiration date
- o Always call 911 when giving epinephrine
- o Monitor for ABCs



School Physician, Amherst Pelham Regional Schools

5/21/2025

Date