

Amherst Regional Public Schools

School Health Services

Hand Sanitizer - Standing Order

If soap and water are not readily available, alcohol-based hand sanitizers with at least 60% ethanol (referred to as ethanol or ethyl alcohol) or at least 70% isopropanol are an effective alternative for cleaning hands and are recommended as an alternative to soap and water by CDC and Massachusetts Department of Public Health.

Indications: For quickly destroying many pathogens by the action of alcohol solution without the need for water or drying with towels.

Contraindications: Previous reactions to alcohol-based hand sanitizers. Hand sanitizers that are not alcohol based are not recommended.


Dosage: 1-2 pumps or extractions

Application:

- Apply the gel, liquid or foam product to the palm of one hand
- Rub hands together
- Rub the gel, liquid or foam over all the surfaces of hands and fingers until hands are dry. This should take around 20 seconds.

Possible Side Effects:

- If skin irritation develops, discontinue use and wash hands with soap and water immediately.
- Eye pain can result if hand sanitizer is rubbed or squirted in the eye. Most eye exposures can be managed by copious flushing of the eye with water and will not require the child to be sent home or to a physician.
- For any concerns regarding ingestion of hand sanitizer, immediately call Poison Control at 1-800-222-1222.



5/21/2025

School Physician, Amherst Pelham Regional Schools

Date