

Every 1 deserves respect!

Most of us don't bully.

Be the 1 who recognizes bullying when you see it.



Bullying is

- R** - Repeated, happens more than 1 time, involves an
- I** - Imbalance of power between the people, and it's
- P** - Purposefully done to hurt a person.

If you see bullying, be the 1 to intervene, directly or indirectly.
Make an anonymous report by:

- Dropping a note in your school's anonymous reporting box.
- URL: <https://www.browardschools.com/bullyingreport>
- Scan Bullying/Harassment Reporting QR Code



Scan me

To REPORT BULLYING
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For more information go to
[browardprevention.org](https://www.browardprevention.org).

When 1 of us is bullied, we all hurt.



Every 1 deserves to feel safe and respected.



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Every 1 can stop bullying!

Be the 1 to intervene in your own way.

show respect for all • post a kind word • “using that language is no joke” • walk between classes with the target • “you didn’t deserve that” • walk away and don’t participate • “please keep your hands to yourself” • get a bystander to support the target • “I’m sorry, I don’t understand what’s going on” • tell the aggressor to stop • “can I do anything?” • tell a trusted adult • ask the aggressor to stop • “you’re alone” • tell the target to get away • help the target find more “allies” • help the target get away • help the target get away • instead of judging them • tell the target, “I’m sorry” • express your true feelings and beliefs • don’t buy into the aggressor’s blame • they, are you okay?” • don’t laugh • intervene • “I’m sorry” • appreciate it if you didn’t say that word • “I’m sorry” • keep yourself and others safe from harm • “I’m sorry” • refuse to forward or “like” hurtful posts • go to the principal’s office • know people who are different from you • don’t celebrate being mean by recording it • make a new friend • welcome the new kid • “hi!” • help the target get away • don’t laugh at another person’s pain

Be the 1

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