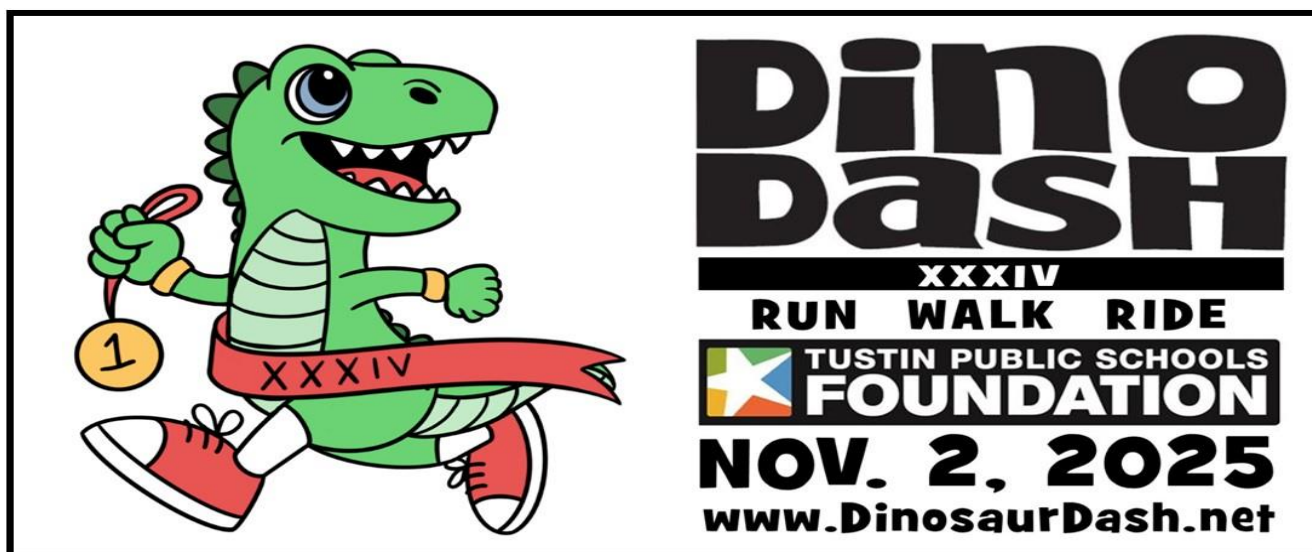




SPECIAL DINO DASH REGISTRATION

Middle School Cross Country 5k

Sunday, November 2, 2025, at The Market Place in Tustin

Middle School Cross Country 5k start: 8:20 AM

Free to any student who signed up for Cross Country!

- FREE registration is valid for the Dino Dash 5k only
- Professionally timed race - includes an official race bib and chip timing
- All finishers will receive a Dino Dash finisher medal
- Wear your school shirt to the event (free entry does not include shirt)
- The Dino Dash Cup will be awarded to the school with the fastest average time
- Your teacher will receive \$10 for their classroom or program with your registration
- Pick up your race bib from your coach – not at Packet Pick Up at Dick's
- Find out where and when to meet your coach that morning
- The Middle School Cross Country 5k starts at **8:20 AM**

Please **only** complete this form if you will be attending. **DEADLINE: October 18, 2024**

☐ I **will** run in the Dino Dash 5k with my school team.

First Name: _____ Last Name: _____

Birthdate: ____ / ____ / ____ Age: _____ Grade: _____ M/F: _____

School: _____ Teacher: _____ Madrid / Connolly (Circle one)

I have read and agree with the waiver:

Parent/Guardian Signature: _____

Dino Dash Waiver:

I hereby certify that I am the adult parent or legal guardian of those children on this form, all of whom are under the age of eighteen years ("Child(ren)"). On behalf of myself and my Child(ren), I hereby release the Dinosaur Dash Committee, City of Tustin, Tustin Public Schools Foundation, USATF, The Market Place, Spectrum Sports Management, Inc., all representatives and agents of any of the foregoing, and all municipal agencies whose property and/or personnel are used, and other sponsoring company(ies), agency(ies), or individual(s) (collectively, the "Released Parties") from responsibility for any injuries or damages I/my child(ren) may suffer as a result of participating in the Dinosaur Dash. I hereby certify that I/my child(ren) am/is in good condition and able to safely compete in this event. As a participating athlete, I certify that all information provided in this form is true and complete. I have read the entry information provided for the event and certify compliance by me/my child by signature below. IF ATHLETE IS UNDER AGE 18, this is to certify that my child(ren) listed below, has/have my permission to compete in the Dinosaur Dash, is/are in good physical condition, and that race officials have my permission to authorize emergency treatment if necessary.

In consideration of you accepting this entry, I, the participant, on my behalf and on behalf of my Child(ren) intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Released Parties, and all of their owners, directors, officers, agents, volunteers, and contractors assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me, my Child(ren), or my/their/our personal property. This release includes all injuries and/or damages suffered by me or my Child(ren) before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees, as well as the heirs, executors, administrators or assignees of my Child(ren).

I know that running a road race is a potentially hazardous activity. Neither I nor my Child(ren) should enter and run unless I/they/we am/are medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me and/or my Child(ren) including but not limited to medical transport, medications, treatment and hospitalization.

As it applies to my participation in this race, I agree, and shall cause by Child(ren), to abide by the Center for Disease Control (CDC)'s recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by this race for my participation in this race.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording, including all of the foregoing of my Child(ren), of this event for legitimate purposes.

This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that entry fees are nonrefundable and bib numbers are non transferable.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.