

South Whidbey Food Services Newsletter

September 2025



Welcome Back!

We are very happy to be back! The kitchen crew is ready to fuel the kids up and get them ready for a successful year of learning! We are thankful to play an important role in their day.

In this issue

What's new Fun Days New menu items coming Online menus- QR code



Shawna Brown
DIRECTOR OF DINING SERVICES
360-221-0617
Shbrown@sw.wednet.edu



Dip'n to Flavor Continues

This fall, students can dive into bold new tastes with *Dip'n to Flavor!*—a limited-time cafeteria promotion inspired by trending TikTok flavors. Featuring craveable, student-approved dips like Honey Buffalo, Korean BBQ, Chimichurri Ranch, and Sriracha Honey Mustard, it's all about dip'n, snack'n, and lov'n!



DISCOVERY KITCHEN FUN

FIT

Whether it's competing on an athletic team, staying active with friends, or studying for a math test, FIT helps kids to fuel their bodies and minds in the cafeteria and beyond. This program uses healthy recipes to help everyone perform at their best and stay ahead of the game.





I love Food Day

Not only does September 9th represent I love Food Day, but we will also be serving a dish from around the world to enhance the F.I.T. experience. At the High School, they will be trying the Korean BBQ Bowl. It is packed with protein and flavor that is sure to fuel their bodies as well as satisfy their taste buds.

FUN DAYS THIS MONTH:

Pizza Fridays are a favorite at the elementary school! What a great way to celebrate Cheese Pizza day on Sept 5th!



September 9th the high school will be exploring new flavors from around the world.



Check out our menu on Nutrislice at anytime!

