



REGISTER NOW! SUNSHINE'S FALL PROGRAMS

Our engaging, interactive sessions help participants develop the tools they need to build stronger relationships, improve communication, and boost confidence.

Monthly Topics Include:

- Friendship & Teamwork 🤝
- Communication Skills 🗣️
- Anger Management & Coping Strategies 💪
- Dealing with Bullying 🛡️
- Self-Esteem & Self-Worth 🌈

Age-appropriate groups for ages 5 - teens

What You'll Gain:

- Stronger social skills
- Healthy conflict resolution
- Increased confidence
- Positive peer connections

Want more info?
Call to set up a site visit



Parenting/Support Component Included:

This year our parent component will be facilitated by MaryAnne Dumas from Family Service League. She will be incorporating the Triple P program which is evidence-based program that provides parents with simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.

Sunshine provides some financial support, sponsorships, discounts for families in need. Must apply!

Registration: Use QR Code to the right or website link.
New families, please call to set up a site visit (IFA)
(631)476-3099. 468 Boyle Road. Port Jeff Station
www.sunshinepreventionctr.org
Email for more info: amber.sunshinecenter@gmail.com



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