

From the Social Work Desk

Meet the Social Worker



I am Mrs. Muñoz, the Centennial Elementary School Social Worker. I have been a Social Worker for 10 years, and I am new to Centennial this year! I am excited to work with students and families to make this year a great one!

Hours: Monday through Friday, 8:15 am - 3:45 pm

Phone: 253-800-7700

Email: kmunoz@bethelsd.org

What is School Social Work?

School social workers are licensed mental health professionals who serve as vital bridges between home, school, and community. We work directly within the school environment to support students' social, emotional, and behavioral needs, helping remove barriers that may interfere with learning and academic success. School social workers collaborate with teachers, administrators, families, and community resources to create a comprehensive support system for every student.

Services We Provide

Individual and Group Support Students can explore challenges, develop coping strategies, and build resilience in a safe, confidential environment. We address issues ranging from anxiety and family changes to peer relationships, grief, and academic stress.

Crisis Intervention is available when students face immediate emotional or behavioral challenges, providing immediate support and connecting families with appropriate resources when needed.

Family Support and Resource Connection extends our reach beyond the school walls, as we work closely with parents and caregivers to provide resources including counseling referrals, family support services, supplies, and food assistance. Family support is a big part of supporting students, and I'm happy to help any way I can.

Classroom Guidance involves spending time in each classroom providing lessons that focus on age-appropriate social skills, and it's likely that I will have contact with each child at Centennial in some way throughout the year.

How Students Can Connect with Me

Self-Referral is encouraged, as many times students will catch me in the hall or pop by my office and ask to talk. This is a great way for kids to advocate for themselves when they have something they want to talk about.

Staff Referral occurs when teachers or staff from Centennial come to me with social-emotional concerns or when there's a behavior that they would like help addressing.

Family Referral is always welcome, and families are encouraged to contact me with questions or concerns that they have. Should I meet with your child and concerns come up, I will communicate with families if follow-up is needed or if you need to be made aware of an issue, though often additional communication is unnecessary.

Centennial Elementary PowerPack Program

Weekend Food Security is addressed through our partnership with Harvest House, a local food bank, which provides students in need with a bag of food to take home to help supplement the pantry over weekends. If your family struggles with meeting hunger needs over the weekend, we have a program to help with that struggle. If you are in need of this food assistance, please complete the following form:



Community Support extends beyond food assistance, as we work to connect families with various resources including counseling services, family support programs, and other community assistance. If you would like to support our PowerPack program or learn about donation opportunities, please contact me, and I can provide information about how to contribute to Harvest House or other community support efforts.

Confidentiality and Communication

Student Privacy is paramount in our work, and we maintain strict confidentiality guidelines while ensuring appropriate communication with parents and school staff when necessary. We will always discuss with students what information needs to be shared and why, except in cases where safety is a concern.

Family Partnership is essential to our approach, as we believe that collaboration between home and school creates the strongest foundation for student success.

Getting Started

Contact Information is available through the main office at 253.800.7700, and families can request to speak with the school social worker directly. **Flexible Communication** options include phone calls, in-person meetings, Zoom sessions, or email correspondence, depending on what works best for your family's schedule and preferences. Let me know how I can support you and your family as we work together to ensure every Centennial Cub has the support they need to thrive.