



Miriam Empowers through Education Seminars

Miriam, a premier provider of special education services in the St. Louis area, offers in-person professional seminars to schools and parent groups within the St. Louis, Missouri metro area. Seminars are available Monday through Friday, during daytime hours. Some seminars are also available in the evening.

For over 68 years, Miriam has provided special education to thousands of unique learners age 2-18. Through our K-12 independent school and community-based Learning Center, Miriam reaches over 1400 students annually to help children learn and grow. The Miriam Empowers through Education program trains professionals and parents in topics that help improve outcomes for children and adolescents who learn differently.

Call 314.961.1500 for pricing and availability for any of the seminars listed below.

LEARNING FOR ALL EDUCATORS

Accommodations and Modifications in the Classroom (2-3 hours)

General education teachers can flounder when determining what accommodations or modifications help unique learner in their classroom. Knowing tools that they can try empowers teachers to effectively work with students who are struggling to learn.

NEW! Universal Design of Learning, Best Practices for all Students (4-6 hours)

General education teachers can learn how to structure and present lessons so that all students in their classroom and receive information in a way that promotes optimal learning. Universal Design of Learning also saves time during lesson preparation!

Identifying Dyslexia and Other Learning Disabilities within the School Setting (1.5-2 hours)

Educators will learn to identify symptoms in their students that may indicate a child has Dyslexia, Dyscalculia, or Dysgraphia. Teachers will understand the difference between an educational and medical diagnosis for a learning disability.

Classroom Interventions for the Child with Executive Function Difficulties (2-4 hours)

Children with executive function difficulties often struggle to get work completed, can appear disinterested in learning, and often can become disruptive. Educators will learn how executive function issues affect learning and they will receive strategies to improve learning.

SENSORY INTEGRATION/OCCUPATIONAL THERAPY STRATEGIES

NEW! How our Sensory Systems Optimize Child Development and Learning (1-2.5 hours)

This seminar provides the neuroscience behind the development of our sensory systems and illustrates how optimal development can support learning. Attendees will gain an understanding of why many children have trouble in the learning environment and they will learn strategies to promote nervous system regulation. An occupational therapist presents this seminar.

NEW! Addressing ADHD in the School Environment from an Occupational Therapy Perspective (1-2.5 hours)

This presentation provides an understanding of the neuroscience behind Attention Deficit/Hyperactivity Disorder (ADHD) in addition to evidence-based strategies used in the classroom setting. The presenter will use many real-life examples to help attendees understand how they can help their students who have ADHD.

MENTAL AND BEHAVIORAL HEALTH

Supporting Anxious or Depressed Students in the Classroom (2 hours)

Teachers and other educators will better identify and understand the symptoms of anxiety and depression in students and will learn tools they can use to help students who are experiencing mental health symptoms.

Stress Management and Self-Care for the Educator (1-2 hours)

Teaching in our current educational climate can be stressful. Often professionals focus on the students and not on their own needs. Learn ways to manage stress through self-care, so you can be the best educator and avoid burnout.

Regulation Strategies to Calm Overwhelming Emotions in the Classroom (1.5 hours)

Professionals will learn basic neurobiological concepts about regulation and dysregulation, including overwhelming emotions that can cause classroom disruptions. Participants will learn teacher, student, and caregiver strategies and resources for building skills to increase emotional regulation within the classroom.

PUBLIC EDUCATOR LEARNING

Running an Effective Eligibility Meeting (2 hours)

Public educators will learn effective ways to present testing information to parents to engage them as a partner in education. Participants will learn strategies to present information in a non-clinical way. They will also learn how to use charts and visuals to help with explanations. Testers will learn to write eligibility statements that meet DESE standards.

Response to Intervention (2 hours)

DESE requires that public schools try different interventions before they test a child for IDEA services. This seminar will talk about different interventions schools can use to help students and the required RTI documentation.

Running an Effective RED Meeting (1 hour)

Public educators will learn effective ways to run a Review of Existing Data (RED) meeting.

FOR PARENTS

Mental Health Warning Signs in Children and Adolescents (1.5 hours)

Every parent needs to know the warning signs that their child is not mentally in a great place. Knowing the signs of depression, anxiety, substance abuse, and other mental health issues is empowering. Parents will have time for questions and they will receive community resources.

OTHER PRESENTATIONS

Customized Presentation

We can adjust many of the mental health topics to make them relevant for parent groups. If you do not see a topic that fits your school or group's needs, contact the Miriam Learning Center at 314.961.1500 to explore a customized presentation.

Call 314.961.1500 to schedule a seminar.