



Student Handbook 2025-26

STUDENT HANDBOOK

Name: _____

Principal

Gino Dobrescu

Assistant Principal

Alejandra Arellano

Office Manager

Syndel Metcalf

Plant Manager

Alice Huang

Counselors

Jennifer Dobrinski

Mai Moua

Student Support Services

Angie Marley

Attendance/Registrar

Sandra Tom

Librarian

Sasha Kinney

Library and SPED Clerk

Sara Rasciner

Office Technician

Gina Cline

Athletic Director/Office Clerk

Cayitana Schmidt

Sacramento City Unified School District

CALIFORNIA MIDDLE SCHOOL

1600 Vallejo Way

Sacramento, California 95818

Main Office: 916-395-5302 ↓ Fax: 916-264-4477

The Sacramento City Unified School District (SCUSD) is committed in all of its activities, policies, programs and procedures to provide equal opportunity for all to avoid discrimination against any person regardless of race, sex, religion, color, national origin, disability, marital status or age.

Regular Schedule

Period 1	8:00 -8:54
Period 2	8:59 – 9:51
Period 3	9:56 – 10:48
Period 4	10:53 – 11:45
Lunch	11:45 – 12:15
Period 5	12:20 – 1:12
Period 6	1:17 – 2:09

Thursday Schedule

Period 1	8:00 -8:44
Period 2	8:49 – 9:31
Period 3	9:36 – 10:18
Period 4	10:23 – 11:05
Lunch	11:05 – 11:35
Period 5	11:40 – 12:22
Period 6	12:27 – 1:09

Shortened Day Schedule

Period 1	8:00 -8:36
Period 2	8:41 – 9:17
Period 3	9:22 – 9:58
Period 4	10:03 – 10:39
Period 5	10:44 – 11:20
Period 6	11:25 – 12:00
LUNCH	12:00-12:20

Block Testing Schedule

Period 1/2	8:00 – 9:43
BREAK	9:43 – 10:03
Period 3/4	10:08 – 11:51
LUNCH	11:51 – 12:21
Period 5/6	12:26 – 2:09

ATTENDANCE

1. MORNING DROP-OFF/AFTERNOON PICK-UP

Students may be picked up and dropped off in front of the school on Vallejo Way. Parents/guardians are not allowed to use the staff parking lot in the front of the school for dropping off or picking up students. This lot is for staff parking ONLY. The students' safety is our number one priority, so it is imperative that all parents observe the following protocols when dropping off or picking up their child:

- 1) Observe all speed limit signs and traffic laws and **drive with extra caution**, as there are children present and vehicles making frequent stops.
- 2) Be sure to pull your car completely over to the curb and do not stop in the middle of the street to pick up or drop off your child.
- 3) When pulling over or pulling out into traffic, be sure to check your blind spots carefully for pedestrians and other vehicles.
- 4) Students ARE REQUIRED TO USE THE CROSSWALKS on Vallejo Way and Land Park Drive AT ALL TIMES when crossing the street. Students who do not use the crosswalks are subject to school discipline. We also ask that all visiting parents use the crosswalks to set a good example for our students.
- 5) Approach all crosswalks and intersections with caution.
- 6) Stop completely for pedestrians in the crosswalk.
- 7) Do not use the staff parking lot as a drive-thru drop off.
- 8) **Please do not park in the designated bus parking area (red curb) in front of the school.**

2. ABSENCES AND TRUANCY

Students are expected to attend school regularly and on time. It is the parents'/guardians' responsibility that students attend school on time every day. School district policy and state law require daily school attendance for students between the ages of 6 and 18. When a student has three unexcused absences, or absences/tardies over 30 minutes, SCUSD sends the parent/ guardian a letter informing them that the student has been classified as a truant. Such students and their parents are subject to a SART meeting to create attendance intervention strategies aimed at improving student attendance. Students who violate attendance contracts created at SART meetings are subject to SART hearings, which may result in school removal or referral to Truancy Court. For more information on attendance, including explanations of excused vs. unexcused absences, please reference the district's publication of Annual Parent and Student Rights Notification and Standards of Behavior or call the Cal Attendance Office at 916-395-5302.

3. RETURNING FROM AN ABSENCE

If a student is absent, they must bring a note from home and take it to the Attendance Office for a readmit slip to return to class. Parents/guardians may also call or email the Attendance Office to excuse student absences. The student must come to school 10-15 minutes early when returning from an absence to ensure there is time to wait in line for the readmit. Students who are late to class returning from getting a readmit at the Attendance Office are considered tardy and subject to discipline (see TARDY POLICY). It is the student's responsibility to give EACH teacher the readmit at the beginning of each period.

4. TARDY POLICY – A student is considered tardy if they are not in the assigned seat when the tardy bell rings.

- a. Initial tardiness will be handled by the teacher. Classroom discipline (e.g. campus clean-up, class detention, etc.) may be assigned, and parents/guardians will be contacted. Students who are excessively tardy will be given an Office Discipline Referral.
- b. Interventions at this level include referral to the counselor and/or the Assistant Principal. Additionally, disciplinary consequences including lunch and after school detention in room 27 will be imposed. When

students are referred to the counselor or the Assistant Principal, parents will be contacted and a plan to correct the tardy problem will be developed.

If a student is over 20 minutes tardy to first period, they are considered absent from that class and need to go to the attendance office to obtain a readmit slip BEFORE going to class.

5. RESTROOM POLICY

Cal Middle values every instructional minute. Students are encouraged to use the restroom on their own time before school, during passing periods, at breaks and after school. In an emergency, students must get a pass from their teacher to use the restroom during class. The student will then serve 3 minutes of their passing period with that teacher before going to their next class.

SCHOOL RULES, REGULATIONS AND GENERAL INFORMATION

6. EMERGENCY CARDS

Emergency cards will be distributed to each student during their sixth period class on the first day of school. Emergency cards are used to contact the parent/guardian in case a problem should arise at school. Parents/guardians must complete both cards and have their child return them to their first period teacher during the first week of school. **Please report any changes in address and/or telephone numbers to the Attendance Office.**

7. IMMUNIZATIONS

All students must have proof of Tdap immunization as well as immunizations against polio, varicella, Hepatitis B, DPT (diphtheria, pertussis, and tetanus), and measles (rubella). School District Personnel will be checking each student's medical records. **Students without verification of immunizations for Tdap** will not be allowed to attend school until verification is received.

8. TRANSFERRING OUT

If a student is transferring from California Middle School, regardless of whether they will register at another school in the Sacramento City Unified School District, the parent/guardian must notify the Attendance Office. A check-out form will be provided to each of the teachers to sign. Students must also return all books and/or team uniforms to the front office. Any outstanding fees and fines must be paid before checking out.

9. CELL PHONES

It is recommended that students *do not bring cell phones to school, as Cal Middle School will not be responsible for lost or stolen cell phones.* Cell phones are not allowed to be out or in use while on campus. They should be used in a safe, responsible, and considerate way before school or after school and not on school campus. School staff reserve the right to ask students to turn off, put away, or even confiscate cell phones if deemed a major disruption to school activities inside or outside of the classroom, and/or interference with safety, or another individual's privacy, e.g., unwanted filming/photography, or social media/online negativity. There is additional Ed Code regarding online bullying, which will be strictly adhered to as outlined in California Education code 48900 2a., and 3. **Confiscated phones will be available for pick up at the front office at the end of the day. Later confiscations will result in additional consequences including the requirement of checking them into the office daily. Cell phones will be checked into the front office before school and checked back out after school. Student phones that are confiscated three times will result in a Phone Check-In Contract for 2 weeks.**

10. VALUABLES

The school accepts no responsibility for lost, stolen or damaged valuables. This includes bicycles, cell phones, toys, and personal items. Large amounts of money, cell phones, tablets, cameras, or any other electronic device, as well as toys and card collections, or anything of value should not be brought to school except in special cases and only then with prior approval from the administration. Should such items be brought to school without

permission, they will be confiscated and returned only to a parent/guardian for the first infraction. Further infractions will result in appropriate discipline. Selling candy, toys, or other items outside of school sponsored fund-raisers is illegal. Items and/or money will be confiscated, parents notified, and consequences issued.

11. BUS RIDERS

RT bus passes are free to all SCUSD students and can be picked up from the front office. A schedule of Regional Transit serves to and from California Middle School is available in the school office. Cal students are expected to demonstrate excellent citizenship on the bus. Misbehavior on the bus may result in bus privileges being revoked and school discipline. Any further questions regarding bus services can be addressed to Regional Transit (916) 232-2822.

12. TEXTBOOKS

Textbooks will be distributed to students in most classes. It is the student's responsibility to care for the textbooks. Textbooks should be covered to protect them from possible damage. It is the student's responsibility to pay costs for damaged or lost books and/or Chromebook. When students transfer from a class, they should return textbooks to the library/textbook room. (See **TEXTBOOK/LIBRARY POLICY pages 6-7**).

13. FIELD TRIPS

Occasionally, field trips are scheduled to augment the curriculum and enrich the cultural life of the students. No student will be allowed to participate in a field trip unless a permission slip has been completed by the parent/guardian and turned in by the appropriate deadline.

14. LOST AND FOUND

Missing items are usually turned into the school's office by the end of the school day. If you are missing an item and it is not where you thought it was left, check at the school office. It is always a good idea to put your FULL name on all your personal belongings, including clothing and school supplies (including backpacks), so that they may be returned to the rightful owner.

15. STUDENT BODY CARDS

Student Body Cards or Student IDs are issued at the beginning of the school year when fall photos are taken and as new students are enrolled. These cards allow students to have textbooks issued, check out library books, attend extra-curricular activities, use the computer lab, and purchase school lunches. Replacement cards may be requested in the main office.

16. MEDICATION

Medication may only be dispensed through the Nurse's Office after the appropriate forms are completed and on file. Prescription medication, including eye drops and allergy medicine, must have the physician's authorization and must be stored in the Nurse's Office at **all** times. Students must **never** keep medication in their possession without administrative approval and a physician's note.

17. BICYCLES

You may ride your bicycle to and from the school as long as you obey the rules and follow all safety regulations:

- a. Students are required to wear a helmet when riding their bicycles.
- b. Students must walk their bicycles on and off campus.
- c. Lock your bicycle to the racks provided in the enclosed, fenced area with a good quality steel cable or chain and combination or key lock.
- d. The bike cage is open 15 minutes before school and 15 minutes before dismissal each day for you to secure and retrieve your bicycles. **Do not leave your bike in the bike cage overnight or on the weekends – the bike cage is not closed and locked during those times.**
- e. For safety reasons, bicycles without brakes are not allowed on campus.
- f. Bicycles are NOT allowed inside any of the school buildings **or in the staff parking lots.**

18. SKATEBOARDS/SCOOTERS

Students who choose to ride a skateboard or scooter must arrange for daily storage with a teacher or Assistant

Principal. Students cannot ride their skateboards or scooter on campus, or through the staff parking lot. Students may not carry skateboards with them during the school day.

19. HOMEWORK POLICY

A homework assignment relevant to the objectives being taught may be assigned EACH NIGHT and may include weekends. Due dates and late work policies are at the discretion of the individual teachers.

20. MAKE-UP WORK

Upon returning to school from an absence, it is the student's responsibility to request make-up work from their teachers. These assignments must be completed and returned within the time limit specified by the teachers. Parents are encouraged to call the school office to request make-up work when the student will be absent more than three (3) days. Students returning from an out-of-school suspension may ask teachers for makeup work, but class work and homework will not be provided in advance in the case of suspension.

21. REQUIRED DAILY

- Writing implements (pen/pencil with eraser)
- Personal binder with paper or other personal organization system
- Other required materials, including completed homework assignments
- Cal Planner
- Fully charged Chromebook

22. PARENT-TEACHER CONFERENCE/STUDENT PROGRESS REPORTS

If a parent or guardian wishes to speak directly to their child's teachers, please make an appointment through our school counselors or contact the teacher directly by email or by calling the main office. All emails for our Cal staff can be found on our website. A daily or weekly progress report can be requested from our counselors or from our front office. It will then be the student's responsibility to pick up the form from the front office, take the daily or weekly progress report to all the teachers, and take the report home for parent/guardian's review.

23. COUNSELING SERVICES

Counseling services are available on school days for walk-ins or by appointment. The counselors are available to provide help with program difficulties and/or personal and social problems. Seeing a counselor should be regarded as necessary if students are having difficulty coping with schoolwork or experiencing problems with adults or other students. To see a counselor, simply drop into the counseling center, or email the counselors directly.

24. DEFICIENCY NOTICES/PROGRESS REPORTS

If a student is in danger of failing in any grading period, the teacher shall, no later than fifteen (15) instructional days before the end of that grading period, issue a Notice of Impending Failure. These notices are prepared and distributed by mail, reflecting grades from C through F with comment code information included as explanation to the report cards.

25. EXTRA-CURRICULAR/ATHLETIC ACTIVITY ELIGIBILITY

The staff and California Middle School wishes to see students involved in extracurricular school sponsored activities but reminds all parents and students that they must first meet school and district eligibility requirements in areas of Attendance, Scholastics and Citizenship to participate.

Scholastic Eligibility:

Students must achieve a minimum grade point average of 2.0 in all coursework attempted during the previous grading period and during the time of participation.

Attendance Eligibility:

Students' attendance (including tardies) must be satisfactory and will be monitored by coaches and administration. Students must be present in school on the day of competitions and practice to be eligible to participate.

Citizenship Eligibility:

Student athletes are representatives of Cal Middle School. They are expected to demonstrate good citizenship both in and out of the classroom. Eligibility to participate in sports and games may be impacted by school behavior and is at the discretion of the school administration. Students who earn a citizenship grade of "U" in any of their courses in the previous grading period and during the time of participation may lose their eligibility to participate.

26. GRADING

Grades are issued four (4) times each school year in the months of October, January, April and June. Grades are distributed at the end of each quarter. At the beginning of each course, the teachers provide each student with a description of the process for determining grades.

The teacher will explain the determination of grades for their course. Teachers will assess each student's academic performance during the nine-week period in a variety of ways and assign the appropriate grade. Nine-week averages in each course are computed using test grades, homework, class work grades, projects, etc. Teachers will determine the weight of each type of assignment.

REPORT CARD MARK SHEETS GRADING

ACADEMIC GRADES

A = Excellent
B = Above Average
C = Average
D = Below Average
F = Failing

CITIZENSHIP GRADES

O = Outstanding
S = Satisfactory
N = Needs Improvement
U = Unsatisfactory

Academic Honesty

SCUSD and the California Middle School staff take academic integrity very seriously. Any student who plagiarizes, gives, or receives information for use on an exam or assignment is subject to academic consequences. In such cases, teachers will contact home to inform the parent/guardian of the incident and may request a conference.

27. END OF THE YEAR AWARDS

All students are eligible for several end-of-the-year awards based on different criteria and their participation in certain extracurricular activities.

28. LIBRARY MEDIA CENTER

The goal of Cal's Library is to encourage students to become independent readers, learners, and researchers. To help students with these goals, the library contains over 15,000 volumes including reference materials, nonfiction, and current teen fiction. Students use the library for pleasure reading, homework, and research. A teacher librarian staffs the library to support the students with their classwork, current reference materials, and educational on-line databases (see Technology below).

Library books are checked out for three (3) weeks and may be renewed once. Students are responsible for their books once they are checked out of the library. If a book is lost, stolen, or badly damaged, students are responsible for the replacement cost of the book.

29. STUDENT USE OF TECHNOLOGY

The SCUSD Governing board recognizes that technology provides ways to access the most current and extensive sources of information. Technology also enables students to practice skills and to develop reasoning and problem-solving abilities. SCUSD seeks to focus on the use of technology to support improved academic achievement, including information and technology literacy.

Use of school computers and access to the Internet is a privilege and will only be used for school-related education and research. Students are expected to follow the directions of teachers and school staff and abide by the rules of the school and district. **If students do not follow the rules, they will be disciplined and may lose their computer privileges.**

Students must abide by the following technology rules:

- a) Handle all equipment with care and only with permission.
- b) Any type of food, gum, or drink other than water is not allowed in the library or in classrooms using mobile technology equipment.
- c) **Protect your password!** Do not allow anyone else to use your password and do not use anyone else's password.
- d) Do not alter the log-in screen or desktop screensaver or any other settings on any school devices
- e) **Never** vandalize or copy computer data, including **copyright protected material (plagiarism) or other students' assignments.**
- f) Students will only visit websites that are appropriate and that pertain to their class work.

Students will be responsible, appropriate, legal, and ethical users of technology. Chromebooks are the responsibility of each student. General cost estimates based on common Chromebook repairs:

- Broken screen: \$30
- New power cord: \$20
- Other physical damage (damaged USB ports, damaged housing, etc.): \$10
- Broken keyboard: \$20
- Broken screen frame/camera: \$10
- Unrepairable or lost Chromebook (full replacement): \$250

Digital resources are accessible through student's ClassLink profile under 'Library'

1. Follett Destiny: Access to CAL Library book catalog (login in with SCUSD Google credentials) and Accelerated Reader
2. Britannica School: Research Database (login with SCUSD Google credentials)
3. Sacramento Public Library: Access to free databases, e-books, and audiobooks. See librarian for username/password
4. SORA: Access to e-books and audiobooks (same username/password as Sac Public Library)

30. TEXTBOOK/LIBRARY BOOK POLICY

- a. Textbooks are checked out during the second week of school. Each student receives a book for their math, language arts, and history class. Additional textbooks may be checked out throughout the year.
- b. It is the students' responsibility to care for their textbooks. Students should cover their texts and keep them at home. Some class sets are available for student use at school. When students transfer from a class, they should return their textbooks to the library/textbook room.

At the end of the year, students MUST return the EXACT copy of the textbook that was checked out to them to avoid paying a replacement cost. Damaged books are subject to replacement cost.

Lost, stolen, or damaged library books must be paid in full to California Middle School. Any student who has not turned in their textbooks, library books, OR has not taken care of replacement costs **may miss out on end-of-the-year activities including:**

7th & 8th Grade BBQ, 8th Grade Dance, 7th Grade Field Trip, 8th Grade Field Trip, Promotion Ceremony.

Please contact Mr. Dobrescu, 916-395-5302, if you have any questions or concerns regarding textbooks.

31. CLOSED CAMPUS

For the safety and welfare of the students, California Middle School is a closed campus. This means that students may not leave the school grounds without permission from the school. Early dismissals must be cleared with the Attendance Office at the start of the school day, and parents/guardians must present their ID for the office to release students. All visitors must, by State Law, obtain permission from the office to be on the campus.

32. STUDENT BEHAVIOR

All Cal students are expected to be considerate, accountable leaders. These are the school rules and will be covered on the first day of school and throughout the school year. See progressive discipline policy below.

When students are given an orderly environment for education, with appropriate rules, and are free from harassment, learning can take place. The California Education Code #300 states: *“Every pupil shall attend school punctually and regularly; conform to the regulations of the school; obey promptly all the directions of his/her teachers and others in authority; be diligent in study; respectful to his/her teachers and others in authority; kind and courteous to school mates and refrain entirely from the use of profane and vulgar language.”*

Title IX Policy on Sexual Harassment 4119.11(a) and 5145.7(a): *The Governing board is committed to maintaining a learning environment that is free of harassment. The Board prohibits the unlawful sexual harassment of any student by an employee, student, or other person at school or at any school-related activity.*

Any student who engages in the sexual harassment of anyone at school or a school-related activity shall be subject to disciplinary action. The Governing Board prohibits sexual harassment in the working environment of District employees or applicants by any person in any form. Employees who permit or engage in such harassment may be subject to disciplinary action up to and including dismissal.

Report violations to: Site Administrator for initial attempts at resolution, or the District Title IX Compliance Coordinator: Stephan Brown, Director, Student Hearing and Placement Department at 916-643-9425.

33. DRESS CODE

In keeping with the California State laws and school policies, the following items of clothing **will NOT be considered appropriate for school:**

- a. Clothing with inappropriate, obscene, or profane slogans or images. This includes anything that is not aligned with school and district policies.
- b. Clothing or accessories that are a distraction to a positive learning environment.
- c. Shirts that expose the midriff.
- d. Pants worn below the waist.
- e. Gang-related attire like excessive red or blue clothing, shoelaces, hats.
- f. No hats or hoods can be worn indoors.

Appropriate measures will be taken to rectify violations of the dress code, including:

- Asking the student to not wear the item again and provide alternative clothing for the day.

- Having the parent or guardian bring a change of clothes to the school for the student.
- Repeat offenders may be subject to disciplinary consequences.

A good rule of thumb when it comes to clothing is that if you think that it may be inappropriate, it probably is.

34. PROGRESSIVE DISCIPLINE POLICY

The Sacramento City Unified School District has a progressive discipline policy, which begins with minimum behavior consequences and culminates with expulsion. Individual classroom discipline policies will be covered by the students' teachers during the first week of school.

- a) **Classroom Warning**---If a student exhibits unacceptable behavior, the teacher will provide the student with a warning. The procedures for warnings and specific initial behavior interventions vary by class and will be discussed by the student's teachers during the first week of school.
- b) **Parent-Teacher Conference**---A parent-teacher conference or Student Study Team may be requested at any time to discuss unacceptable behavior patterns and/or academic achievement.
- c) **Teacher Detention**---Classroom teachers may detain a student after school for an infraction of classroom/school rules for up to one (1) hour maximum per assigned detentions. Teachers may also detain a student for lunch detention – but must ensure the student can eat lunch first.
- d) **Office Discipline Referral**---Teachers or staff may write an office discipline referral for students who demonstrate extreme or repeated misbehavior. Students who receive referrals are sent to the Assistant Principal who will assign the appropriate discipline. Discipline will include removal from class for the remainder of the period and may include lunch detention in room 27, after-school detention, in-house suspension or out of school suspension. Teachers and/or the Assistant Principal will contact home when students are given referrals.
- e) **Administrative Detention**---Students may be detained in the Detention Room (room 27) for a maximum of one (1) hour after school per assigned day for a violation of school rules. Students will be given 24-hour notice of assigned detention, or a parent will be contracted if the detention is to be served sooner. Students who are assigned detention should bring study material to make good use of their time. It is the student's responsibility to attend assigned detentions and to inform parents/guardians of those detentions. Students may also be detained in the Detention Room during lunchtime by the Assistant Principal. All students assigned lunch detention will be given the opportunity to eat their lunch.
- f) **Teacher Suspension**---Classroom teachers may suspend a student from their class for the remainder of a period and the same class period on the following day. This procedure is done in accordance with the guidelines of the California Education Code, which includes a parent/guardian phone call, written notice sent home and a parent-teacher conference.
- g) **In-House Suspension**---Students may be assigned In-House Suspension by the Assistant Principal for a maximum of two (2) days per incident. Students will have the opportunity to complete classroom and homework assignments while serving their In-House suspension. In addition, students will be provided a laptop to complete additional schoolwork on Khan Academy or another online educational portal.
- h) **Administrative Suspension**---A student may be suspended a maximum of five (5) consecutive school days for violations specified in Section 48900 of the California Education Code. Thus, a pupil may be disciplined, suspended, or expelled for acts specified in the Standards of Behavior that are related to school activity or school attendance occurring at any district or within any other school district, including, but not limited to and of the following: (1) while on school grounds; (2) while going to or coming from school; (3) during the lunch period whether on or off campus and (4) while going to, or coming from a school-sponsored activity. Parents/guardians are informed by mail, as well as by telephone, when possible. Parents/guardians are encouraged to meet with the administrator who issues the suspension when the student returns to school. During the suspension period, a student is not

allowed to attend school, be on campus, attend a school activity, or be on or near any other school campus. Homework is **not** given during a suspension.

- i) **School Site Meeting**---A school site meeting, including a Student Study Team, may be called by the Principal or Assistant Principal to address specific behavior infractions of the Education Code.
- j) **District Behavior Hearing**---A hearing may be called with the District Hearing Officer to address specific violations of school rules. The result may be a transfer of the student to another school campus or alternative education program.
- k) **Expulsion**---Expulsion proceedings are reserved for the most serious infractions and are always in accordance with Section 48900 and Section 48915 of the California Education Code. Students are usually recommended for expulsion in cases involving use or sale of drugs, the bringing of weapons on campus, extortion, assault, extreme defiance of authority, and intentional injury to another as well as other serious infractions. A student who is expelled is prevented from attending any school within the district for up to a full school year. This action requires consideration by the Sacramento City Unified School District Board of Education.
- l) **Restrictions of Attendance at Assemblies, Dances and Other School Activities**---Students who owe detention time for behavior infractions, tardies or trancies; students with excessive tardies or trancies; students who fail to pass one or more of their classes; and students with one or more “U” in citizenship for the current grading period may be restricted from participating in these events.
- m) **Extracurricular Activities**---Students may be ejected from any school-sponsored extracurricular event, including dances, sports, field trips, club meetings, etc., for failure to comply with regular school rules and expectations.
- n) **Restrictions of Attendance at all End-of the-Year Activities**---End-of-the-Year Activities include any 7th or 8th grade BBQs, the 8th grade dance, the 7th grade field trip, 8th grade field trip, and the 8th Grade promotion ceremony. Students are excluded for any of the following reasons:
 - **Behavior:** Students who have been suspended from school during the fourth (4th) quarter of the school year.
 - **Academics:** Students who have any grades of “F” on the 4th quarter report card.
 - **Students who have unserved detentions.**

35. FIGHTING

Any fighting or physical altercation of any type will not be tolerated. Individuals could be suspended from school for up to five (5) days and eligible for a district behavior review, which may result in school removal or expulsion from school. Students who posture or “square up” to fight, as well as on-lookers, are subject to discipline and suspension. Students who videotape or post student confrontations online, or who perpetuate conflicts by spreading rumors or gossip verbally or through media posts are also subject to discipline and suspension. “Rough housing” or “Horseplay” can cause serious injury and are also strictly prohibited. Rough-housing or horseplay may also result in suspension.

36. WEAPONS

No weapons, as defined by the California Education Code, will be permitted on school campuses. Individuals will be suspended for a period of five (5) days and eligible for a district behavior review, which may result in school removal or expulsion from school. Local law enforcement authorities may also be notified.

37. DRUGS – ALCOHOL – TOBACCO

Those in possession or use of illegal substances will be suspended and eligible for a district behavior review, which may result in school removal or expulsion from school. The buying or selling of controlled substances will automatically result in a suspension, recommendation for expulsion and notification of law enforcement.

38. BULLYING

Bullying of any kind, which includes repeated physical, verbal, or emotional harassment, is strictly prohibited at Cal Middle. This may include, but is not limited to: spreading rumors, posting disparaging content on social network websites, and texting or leaving harassing phone messages. The SCUSD School Board of Education has an adopted policy which addresses this serious issue. At Cal, we take this behavior very seriously, and students who engage in bullying will be swiftly processed and will face discipline, including possible suspension and referral to law enforcement.

39. PHYSICAL EDUCATION RULES

Our goal at Cal Middle School is to provide our students with the necessary tools to incorporate physical activity into their daily lives, to prepare students for future leisure pursuits through exposures to various individual, team, and alternative activities. We strive to improve our students' understanding of the importance of physical activity in their lives, in reducing stress and increasing energy, while providing an outlet for creativity and self-expression.

Through our program, students will learn how to improve their quality of life by increasing their health-related fitness and knowledge of health-related participation in a variety of physical activities.

Physical Education at California Middle School is an active participation class. Therefore, it is important that students come to class prepared and ready to participate every day.

Being prepared means dressing daily for class. All students must change into P.E. clothes for activity.

- P.E. clothes must touch the skin. ABSOLUTELY NO UNDERSHIRTS, T-shirts, or LEGGINGS of any type may be worn under your P.E. uniform.
- P.E. clothes may not be worn to classrooms following P.E. class.
- Not dressing for class activity lowers your class grade.
- P.E. uniforms are available for purchase from your P.E. teacher. Prices will be posted at the beginning of the school year. **ALL** clothes sales are **CASH ONLY**.

P.E. UNIFORMS:

Shorts – Blue dry fit shorts with the Cal logo on the left cuff

Shirts – grey shirt imprinted with the Cal logo and the words “Physical Education” on the front

Shoes – closed toed athletic shoes

Socks – must be worn with gym shoes

Sweatshirts, sweatpants – may be in any color (warm-ups are not permitted). Cal Middle sweatpants may be worn in place of P.E. shorts.

Students MAY NOT:

- Wear the same clothes to P.E. class that are worn to school.
- Wear clothes other than your P.E. uniforms during P.E. class.
- Wear P.E. shirts under another shirt or jeans under sweat clothes.
- Participate without proper shoes.
- Wear jackets or sweaters for P.E. activity.
- Wear earrings longer than ½ inch or any other excessive jewelry

LOCKERS AND LOCKS – Lockers are assigned by the P.E. teachers in the boys' and girls' dressing areas. Students provide their own combination locks. Key locks are not permitted. **STUDENTS ARE NOT TO SHARE LOCKS, LOCKERS, OR COMBINATIONS. The school will assume NO responsibility for any thefts or losses.**

STUDENTS EXCUSED FORM PHYSICAL EDUCATION – Students who do not participate in class activities must have a written excuse from their parents/guardian or doctor.

- **Notes do not excuse a student from dressing for P.E.**
- A written excuse is to have the student's name, the reason for excuse, the date, and a contact phone number.
- **Students with written excuses are still required to dress for class** activities unless it is medically unsafe to do so.
- Give the note to the P.E. teacher BEFORE roll call.
- Notes from a parent/guardian are valid for 2 days
- A doctor's note is required for excuses of 3 or more days.

STUDENTS ON PHYSICAL EDUCATION REST – The policy regarding Physical Education Rest is as follows:

SHORT-TERM CASES (from 2-4 weeks). Such students have one of two options chosen at the discretion of the teacher.

- 1) Student may stay in the P.E. class as an aide to the teacher.
- 2) Student may go to the library/office to study. If the student goes to the library, they must check in daily with their P.E. teacher prior to leaving. This means, the P.E. teacher maintains a permanent attendance record on the student. If a student on P.E. rest goes to the library, but becomes a behavior problem while in the library, then that option is forfeited, and the student must return to the physical education class.

LONG-TERM CASES (from 4 weeks or more). Such students have one of two options chosen at the discretion of the teacher.

- 1) Student may stay in the P.E. class as an aide to the teacher.
- 2) Student may be sent to the Counselor's office to enroll into another elective.

40. CAFETERIA AND LUNCH TIME

Students are expected to be *considerate, accountable leaders* while in the cafeteria and at lunch. This means students will not run, throw things, cut in line, horseplay or do anything that does not reflect these expectations in the cafeteria or out in the yard. Students are expected to dispose of all trash in garbage cans and to keep their campus clean. Students who do not meet these expectations may be assigned to school discipline, including detention and campus cleanup.

41. CLASSROOM VISITATION POLICY

We are very pleased to have our school community visit the campus. Parents/guardians are invited to visit our school. We appreciate your support in the educational process of your child, but it is important to have your assistance in observing some guidelines for setting up a classroom visit.

Setting Up the Visit

The parents or legal guardians are allowed to visit students and their classrooms. We ask that you give 24 hours' notice before your visit so that we can notify teachers. Please contact the office at 916-395-5302 to schedule a visit.

The Visit

On the day of the visit, please stop in the front office to sign in. It is important for any visitor to the campus to sign in and receive a VISITOR'S PASS. A principal's designee may escort you to the classroom. When you arrive at the classroom, the teacher will assist you with an assigned seat or area. Visitors to the classrooms may NOT interrupt instruction in any way. This is a visitation and NOT a conference. You may set up a teacher conference through the front office or through our school counselors.

After the Visit

After the visit, please return to the front office and return your VISITOR'S PASS and sign out. We hope that your visit is productive and informative. If you have any concerns or questions, you are welcome to schedule an appointment with the teacher, the Assistant Principal, or the principal.



SCUSD Academic Office

Secondary School & Pupil Progress Reporting Calendar

2025 - 2026 School Year

Updated 3/10/25

First Semester 93 Instructional Days			
Term 1 <i>August 18, 2025 – October 17, 2025</i>		Term 2 <i>October 20, 2025 – January 16, 2026</i>	
Monday, August 18, 2025	First Day of Instruction	Tuesday, November 11, 2025	Veterans' Day Holiday
Monday, September 1, 2025	Labor Day Holiday	Friday, November 21, 2025	Progress Notices Issued
Friday, September 19, 2025	Progress Notices Issued	Saturday, November 22, 2025 – Sunday, November 30, 2025	Fall Break
Friday, October 17, 2025 <i>*MS/HS Minimum Day</i>	Term 1 Ends Reports & Records	Saturday, December 20, 2025 – Sunday, January 4, 2026	Winter Break
Friday, October 31, 2025	Report Cards Issued	January 12 - 15, 2026	HS Final Exams (4 days)
		Friday, January 16, 2026 <i>*MS/HS Minimum Day</i>	First Semester Ends Reports & Records
		Friday, January 30, 2026	Report Cards Issued

Second Semester 95 Instructional Days			
Term 3 <i>January 20, 2026 – March 27, 2026</i>		Term 4 <i>April 6, 2026 – June 11, 2026</i>	
Monday, January 19, 2026	Martin Luther King Jr. Day Holiday	Saturday, Mar 28, 2026 – Sunday, April 5, 2026	Spring Break
Tuesday, January 20, 2026	Second Semester Begins	Friday, May 8, 2026	Progress Notices Issued
Monday, February 9, 2026	Lincoln's Day Holiday	Monday, May 25, 2026	Memorial Day Holiday
Monday, February 16, 2026	President's Day Holiday	June 5 – 10, 2026	HS Final Exams (4 days)
Friday, February 20, 2026	Progress Notices Issued	Thursday, June 11, 2026 <i>*MS/HS Minimum Day</i>	Second Semester Ends Report Cards Issued Reports & Records*
Friday, March 27, 2026 <i>*MS/HS Minimum Day</i>	Term 2 Ends Reports & Records*	Friday, June 12, 2026	Non-Instructional Teacher Work Day
Friday, April 10, 2026	Report Cards Issued		

Middle School Reports & Records (6 Minimum Days): October 17, January 16, March 27, June 11 & 2 Days TBD by Site
High School Finals (8 Days): January 12-14 & June 5-10
High School Reports & Records (4 Minimum Days): October 17, January 16, March 27 & June 11