

# St. Helens Middle School 2025-26

## Cross Country Schedule

<b>Date</b>	<b>Day</b>	<b>Meet</b>	<b>Location</b>	<b>Time</b>	<b>Di/De/R</b>
Sept. 18	Thursday	Trojan Relays (Girls)	Trojan Park	3:30	2:15/2:30/5:00 pm
Sept. 18	Thursday	Trojan Relays (Boys)	Trojan Park	3:30	2:15/2:30/5:00 pm
Sept. 20	Saturday	Three Course Challenge (Boys)	Camp Rilea/Warrenton	12:00 pm	8:45/9:00/4:30-4:45 pm
Sept. 20	Saturday	Three Course Challenge (Girls)	Camp Rilea / Warrenton	12:15 pm	6:00/6:15/4:30-4:45 pm
Oct. 4	Saturday	Run with Neil Invitational (Girls)	Scappoose High School	11:00 am	9:45/10:00/3:00 pm
Oct. 4	Saturday	Run with Neil Invitational (Boys)	Scappoose High School	11:30 am	9:45/10:00/3:00 pm
Oct. 7	Tuesday	COWAPA Clash 3k (Girls)	McCormick Park	TBD	Meet at the Meet
Oct. 7	Tuesday	COWAPA Clash 3k (Boys)	McCormick Park	TBD	Meet at the Meet
Oct. 11	Saturday	Rainier Invitational (Girls)	Rainier High School	9:30 am	8:00/8:15/1:00 pm
Oct. 11	Saturday	Rainier Invitational (Boys)	Rainier High School	10:00 am	8:00/8:15/1:00 pm

\*Dismissal Time/Bus Departure Time/Return Time    \*\*Return times are approximate. Coaches will instruct students to call home 15 minutes prior to arrival.

9/8/25

## Addresses

### **Trojan Park**

71760 Columbia River Hwy  
Rainier, OR 97048

### **Camp Rilea**

58 E. Harbor Dr.  
Warrenton. OR 97146

### **Scappoose High School**

33700 SE High School Way  
Scappoose, OR 97056

### **Rainier High School**

28170 Old Rainier Road  
Rainier, OR 97048

### **McCormick Park**

475 South 18<sup>th</sup> Street  
St. Helens, OR 97051