

**FOOD SERVICE/CHILD NUTRITION PROGRAM**

The Governing Board recognizes that adequate, nourishing food is essential to student health and well-being, development, and ability to learn. The Superintendent or designee shall develop strategies to increase students' access to and participation in the district's food service programs and maintain fiscal integrity of the programs in accordance with the law.

Each school day, a nutritionally adequate breakfast and lunch shall be made available at no cost to any student who requests a meal, including a student enrolled in an independent study program on any school day in which the student is scheduled for in-person educational activities of two or more hours. A nutritionally adequate breakfast or lunch is one that qualifies for reimbursement under the most current meal pattern for the federal School Breakfast Program or National School Lunch Program.

After a student has been provided a school meal at no cost, the district may sell the student the entrée from an additional nutritionally adequate meal that qualifies for federal reimbursement, from the same meal service. (Education Code 49431)

Foods and beverages available through the district's food service program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease
2. Meet or exceed standards specified in law
3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits
4. Be served in age-appropriate portions
5. Be provided at no cost to students who request a meal

At the beginning of each school year, the Superintendent or designee shall communicate information related to the district's food service programs to the public through available means, including, but not limited to, the district's web site, social media, flyers, and school publications.

To encourage student participation in school meal programs, schools may offer multiple choices of food items within a meal service, provided all food items meet nutrition standards and all students are given an opportunity to select any food item.

Students shall be allowed adequate time and space to eat meals. (Education Code 49501.5)

To the extent possible, school, recess, and transportation schedules shall be designed to promote participation in school meal programs.

The Superintendent or designee shall periodically review the adequacy of school cafeterias and facilities for food preparation and consumption.

TUSD Adopted: 04.09.24

TUSD Revised: 08.26.25

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In accordance with the law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of foodborne hazards at each step of the preparation and service process.

**Legal Reference:**

**CALIFORNIA CODE OF REGULATIONS, TITLE 5:**

15510	Mandatory meals for needy students
15530-15535	Nutrition education
15550-15565	School lunch and breakfast programs
15575-15578	Requirements for foods and beverages outside of the federal meals program

**EDUCATION CODE:**

35182.5	Contracts for advertising
38080-38103	Cafeteria establishment and use
45103.5	Contracts for management consulting services; restrictions
48432.3	Voluntary enrollment in continuation education
49430-49434	Pupil Nutrition, Health, and Achievement Act of 2001
49490-49494	School breakfast and lunch programs
49501.5-49506	School meals
49510-49520	Nutrition
49530-49536	Child Nutrition Act
49540-49546	Childcare food program
49547-49548.3	Comprehensive nutrition services
49550.3-49562	Meals for needy students
49570	National School Lunch Act
51795-51798	School instructional gardens

**HEALTH AND SAFETY CODE:**

113700-114437	California Retail Code; sanitation and safety requirements
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**UNITED STATES CODE, TITLE 42:**

1751-1769j	School Lunch Program
1758b	Local wellness policy
1761	Summer Food Service Program and Seamless Summer Feeding Option
1769a	Fresh Fruit and Vegetable Program
1771-1793	Child Nutrition Act
1772	Special Milk Program
1773	School Breakfast Program

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CODE OF FEDERAL REGULATIONS, TITLE 7:

210.1-210.33	National School Lunch Program
215.1-215.18	Special Milk Program
220.2-220.22	National School Breakfast Program
245.1-245.13	Eligibility for free and reduced-price meals and free milk

**Management Resources:**

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Health Children Ready to Learn, January 2006

Professional Standards in the School Nutrition Programs, Management Bulletin SNP-13-2020, Updated January 2022

CALIFORNIA PROJECT LEAN PUBLICATION

Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006

CSBA PUBLICATIONS

Monitoring for Success: A Guide for Assessing and Strengthening Student Wellness Policies, 2012

Monitoring for Success: Student Wellness Policy Implementation Monitoring Report and Guide, 2008

Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. October 2007

Building Healthy Communities: A School Leader's Guide to Collaboration and Community Engagement, 2009

Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006

U.S. DEPARTMENT OF AGRICULTURE PUBLICATIONS

School Breakfast Toolkit

Civil Rights Compliance and Enforcement-Nutrition Programs and Activities, FNS Instruction 113-1, November 2005

Dietary Guidelines for Americans, 2020

Food Buying Guide for Child Nutrition Programs, May 2022

Fresh Fruit and Vegetable Program; Handbook for Schools, December 2010

Guidance for School Food Authorities; Developing a School Food Safety Program Based on the Process Approach to HACCP Principles, June 2005

WEB SITES

California Department of Food and Agriculture, Office of Farm to Fork

<https://cafarmtofork.cdfa.ca.gov>

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CSBA District and County Office of Education Legal Services:

<http://www.csba.org>

U.S. Department of Agriculture, Food and Nutrition Service:

<http://www.fns.usda.gov/cnd>

California Farm Bureau Federation:

<https://www.cfbf.com>

Nourish California:

<http://nourishca.org>

California Project LEAN (Leaders Encouraging Activity and Nutrition):

<http://californiaprojectlean.org>

Centers for Disease Control and Prevention:

<https://www.cdph.ca.gov>

California School Nutrition Association:

<https://calsna.org>

California Department of Education, School Nutrition

<https://www.cde.ca.gov/ls/nu/sn>

National Alliance for Nutrition and Activity

<https://www.cspinet.org/protecting-our-health/nutrition/national-alliance-nutrition-and-activity>

California Department of Public Health

<https://www.cdph.ca.gov>

California Healthy Kids Resource Center

<https://www.ccrcca.org/resources/family-resource-directory/item/california-healthy-kids-resource-center>

CSBA

<https://www.csba.org/#gsc.tab=0>