

IN-SCHOOL AND ONLINE **Mental Health Services**

For Children Ages 1-5



Danielle McGrane, MSW, LCSW

Early Childhood Mental Health Therapist

Robbinsdale School Based Program

New Hope Early Learning Center Program

I provide play therapy, CBT, individual therapy and family therapy for children ages 1-5 years old and their families within the school setting. My approach to working with families and children is building a trusting relationship and create a safe place in the therapy setting.

OUR SERVICES

- Individual Therapy
- Family Therapy
- Group Therapy
- Play Therapy
- Trauma Treatment



SUPPORT FOR STUDENTS IMPACTED BY

LIFE CIRCUMSTANCES

- Moving or change of school
- Experiencing homelessness
- Separation and divorce
- Communication problems
- Problems at school and/or home
- Experiencing a traumatic event (abuse, major medical illness or injury, death of a loved one, natural disaster, accident, impacts of COVID-19 etc.)

CONCERNING THINKING, FEELING, OR BEHAVING

- Daily sadness, negative thinking, crying
- Frequent stress, worrying or ongoing fears
- Bothered by unwanted memories
- Changes to sleeping, eating, or energy
- Talk of suicide or giving up
- Frequent headaches or stomachaches
- Problems with behavior

For more information, please contact Vona Center for Mental Health at **763-225-4052** or online at **www.voamnwi.org/mh**

**Scan the QR code to
apply for services**

