

**Lifestyles Referral Form: Rule III-4 Infraction
(Grades 6-12)
2025-2026**

Guilford County Schools' Mental Health Department coordinates the Lifestyles Program, a suspension alternative for students with a Rule III-4 infraction. GCS contracts with Alcohol and Drug Services (ADS) to teach the Lifestyles classes. Please follow these procedures to enroll students:

- **Administrator or designee** must send completed form in an encrypted email to [Kimberly Fields](#).
- **Parent/Guardian of students must contact Aileen Vazquez (ADS) at (336) 501-1373.**
- Classes are held in a live, virtual format in the evenings. (5:30pm – 7:30pm)
- Contact must be made within three (3) school days of signing this form to schedule an appointment to be evaluated and placed in the program.

Contact [Kimberly Fields](#), Substance Abuse Teacher Lead
at (336) 621-4044 with any questions.

Student's Name _____		Date _____	
School _____	Gender _____	Race _____	Grade _____ Age _____
Parent/Guardian's Name _____			
Parent Email Address _____			
Cell Phone _____		Work Phone _____	
Referred by _____		Title _____	
Student Offered Program ____ yes ____ no		Student agreed to participate ____ yes ____ no	
Reason for referral: Alcohol _____		Marijuana _____	Drug Paraphernalia _____
Other _____			
School-based point of contact for follow-up _____			

The undersigned student and parent(s)/guardian(s) agree to attend each session of the Lifestyles Program and to cooperate with the Lifestyles staff. Failure to meet these obligations will result in immediate implementation of disciplinary actions.

Student _____	Date _____
Parent/Guardian _____	Date _____
School Administrator _____	Date _____