

This Week's Specials

9/8/25 -9/12/25



Monday, September 8th, 2025

Philly Steak Sandwich served with Roasted Peppers & Mozzarella Cheese with Curly Fries- \$ 5.00

Tuesday, September 9th, 2025

Italian Herb Chicken With White Rice - \$4.00

Wednesday, September 10th, 2025

Tex-Mex Sloppy Joes on a Brioche Bun with Fried Curly Fries- \$4.50

Thursday, September 11th, 2025

Breaded Chicken Sandwich Dipped in Your Favorite Sauce with Fries With Your Choice Of Toppings Lettuce, Tomatoes, Onions, Pickles & Caesar Salad- \$6.50

Friday, September 12th, 2025

Taco Bar- Seasoned Beef with Your Choice of Salsas,

\$6 Meal Deal

**Any Dash Sub
Sandwich with Baked
Chips & Whole Fruit**

Quest Food prioritizes the health and wellness of our guests through chef-crafted recipes and scratch made cooking techniques using fresh, high-quality ingredients that are flavorful, wholesome, and responsibly sourced.



Dash Specials

**Grilled Chicken
Deluxe Wrap -\$5.00**

*Grilled Chicken
with Cheese,
Lettuce & Tomato in
a Tortilla*

**S'mores Cup -
\$4.00**

*Milk Chocolate
Pudding, Graham
Crackers, Mini
Marshmallows,*

WHERE TO FIND QUEST CHOICE OPTIONS:

DASH

DASH- DAILY

- Simple Ham & Cheese Sandwich with Choice of Toppings, Whole Fruit or Veggie Cup, Milk or Water
- Entrée Salad with Whole Fruit or Veggie Cup, Milk or Water

LUNCH

DASH-- MONDAY

- Beef & Cheese Sandwich with Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN- TUESDAY

- Italian Herb Chicken With White Rice. Whole Fruit or Veggie Cup, Milk or Water

PICANTE - WEDNESDAY

- Tex-Mex Sloppy Joe with Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN -THURSDAY

- Build Your Own Chicken Sandwich, Whole Fruit or Veggie Cup, Milk or Water

GRILL-FRIDAY

- Turkey, Bacon & Cheddar Panini , Whole Fruit or Veggie Cup, Milk or Water

CRUST- DAILY

- Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water
- Pasta With Your Choice of Sauce, Whole Fruit or Veggie Cup, Milk or Water

BEVERAGES

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water



LOOK FOR THE
QUEST CHOICE ICONS
IN THE CAFETERIA



A QUEST CHOICE
MEAL INCLUDES:

1

*Choice of Entrée
and a Side Dish*

2

*Fresh
Vegetable*

3

*Fresh
Fruit*

&

*½ Pint Milk or
16.9oz Bottled
Water*

This Week's Specials

9/15/25 – 9/19/25



Monday, September 15th, 2025

Chicken Garlic Broccoli Stir Fry with Vegetables served over Ramen Noodles -\$5.50

Tuesday, September 16th, 2025

Buffalo Chicken Tacos with Ranch Cole Slaw & Pickled Red Onions- \$6.50

Wednesday, September 17th, 2025

Burger Bar with Fries- Build Your Own Burger with 3 different types of Cheese, Lettuce, Tomatoes, Onions, Pickles, Ketchup Mustard & Mayo -\$5.00

Thursday, September 18th, 2025

Breaded Chicken Sandwich Dipped in Your Favorite Sauce with Fries With Your Choice Of Toppings Lettuce, Tomatoes, Onions, Pickles& Caesar Salad- \$6.50

Friday, September 19th, 2025

Pasta Bar- Your Choice between Spaghetti and Penne Pasta With Alfredo Sauce, Marinara Sauce, Parmesan Cheese, Broccoli, Roasted Peppers, And Garlic Bread.- \$5.00

\$5 Meal Deal

**Pizza Slice, Side
Salad, Fruit Cup &
Bottled Water or
Milk**

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Dash Features

Turkey Bacon Wrap-
\$4.50

*Turkey, Bacon,
Cheddar Cheese On a
Tortilla with Mayo*

Oreo Cheesecake Cup
\$4.00

*Crushed Oreos,
Whipped Cream, Cream
Cheese, & Chocolate
syrup*

WHERE TO FIND QUEST CHOICE OPTIONS:

DASH

DASH- DAILY

- Simple Turkey & Cheese Sandwich with Choice of Toppings, Whole Fruit or Veggie Cup, Milk or Water
- Entrée Salad with Whole Fruit or Veggie Cup, Milk or Water

LUNCH

DASH-- MONDAY

- Ham & Cheese Sandwich with Whole Fruit or Veggie Cup, Milk or Water

DASH- TUESDAY

- Deluxe Turkey Deli Sub with Whole Fruit or Veggie Cup, Milk or Water

DASH - WEDNESDAY

- Ham Deli Sub Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN -THURSDAY

- Build Your Own Chicken Sandwich, Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN-FRIDAY

- Pasta Bar with Whole Fruit or Veggie Cup, Milk or Water

CRUST- DAILY

- Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water
- Pasta with Your Choice of Sauce, Whole Fruit or Veggie Cup, Milk or Water

BEVERAGES

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water



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IN THE CAFETERIA



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MEAL INCLUDES:

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*Choice of Entrée
and a Side Dish*

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*Fresh
Vegetable*

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*Fresh
Fruit*

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*½ Pint Milk or
16.9oz Bottled
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A QUEST CHOICE MEAL INCLUDES:



LOOK FOR THE
QUEST CHOICE ICONS
IN THE CAFETERIA

1

*Choice of
Entrée and a
Side Dish*

2

*Fresh
Vegetable*

3

*Fresh
Fruit*

&

*½ Pint Milk or
16.9oz Bottled
Water*



QUESTFOOD
MANAGEMENT SERVICES



QUEST CHOICE PROGRAM:



ADDITIONAL PURCHASES

If a student wants to purchase any item outside of the Quest Choice program, they are permitted to do so through the school's dining account or with cash payment at check-out. When funds are added to the dining account, students will be able to access those funds by showing their student ID at check-out, and the cost of the additional item(s) will be automatically deducted from their account.

QUEST CHOICE SYMBOL

The Quest Choice symbol is used throughout serving areas so that students can easily identify the items included in the program, allowing them easy and discreet access to their meals. The Quest Choice symbol is featured next to qualifying items on menu signage at each station, and oftentimes next to the item itself on the serving line or pick-up location.

ABOUT QUEST FOOD MANAGEMENT SERVICES

Quest Food Management Services is a premier food service provider for schools throughout the Midwest. Quest is committed to using scratch made cooking techniques and fresh, high-quality ingredients to offer students nutritious meals that fuel their development and learning.

FOR MORE INFORMATION

If a student or caregiver is having difficulty understanding what is included in the Quest Choice program at their school, our dining team is available to provide further details. Students and caregivers can contact **Megan Gacek, Chef Manager** by email at megan.gacek@questfms.com or phone at 773-965-0142, or email QuestChoice@QuestFMS.com to request more information.