SHAC (School Health Advisory Council)

Annual Report 2024-2025

The Barbers Hill SHAC was organized in 2010. An application to join SHAC for 2024-25 was posted on the district website and applications were also distributed at Eagle Launch. Applications were received from previous members and new members were selected. The names were presented to Dr. Poole and the School Board at the October 28, 2024 board meeting. Members were approved and appointed. The total number of members is 14. Community member and nurse Makayla Smith was the Chair and Colleen Goundrey the Co-Chair with Jennifer Phillips assuming the Co-Chair position upon Colleen's retirement in December 2024. Scheduled meetings were held on November 4, January 27, March 24, and May 5.

November 4, 2024

The meeting opened with a guest speaker from Houston HIDTA (High Intensity Drug Trafficking Area), Wendell Campbell, Drug Intelligence Officer. Mr. Campbell spoke on Fentanyl and drug overdoses as well as the use and availability of Narcan.

Introductions were made and an overview of the SHAC policy, guidelines and terms for SHAC were discussed. By-Laws were read and approved for SY 2024-25.

The annual Health Fair was discussed briefly and more discussion will follow at the next meeting in regards to whether this is something we will participate in this year.

January 27, 2025

An overview of the employee wellness offerings was presented by Jennifer Phillips.

Results and responses to the vaping presentation that was presented to students grades 6-8 were discussed. Lesley Gershmel spoke on the student response.

Programs for 5th, 6th and 7th graders in regards to puberty, growth/development, sexual health and healthy lifestyle choices were discussed. These programs all require parents to opt-in for their student to participate. J. Phillips reported a 95% participation rate for the 5th grade program, and a 34% rate for the 6th and 7th grade programs. The SHAC discussed ways to improve the 6th and 7th grade percentage in the participation of the Aim for Success and Freedom to Succeed Programs. The program times and dates were provided to all SHAC members so that they would have the opportunity to view the program. J. Phillips will work

further on the delivery of the parent permission form and information to try and attain improved participation.

Briefly discussed the need to review the Triennial Assessment this school year. The assessment will be emailed out to all members for review prior to the next meeting.

The SHAC decided they will not be participating in the annual health fair this year. They had discussion on the purpose of participating and decided to revisit next school year.

March 24, 2025

J. Phillips presented an updated/revised opt-in google form for parents to complete for the Freedom to Succeed and Aim for Success programs for 6th and 7th graders. The SHAC agreed and thought it was appropriate and informative enough for parents. The goal is that this will increase the parent opt-in responses and more students will participate in the program. The decision was made to offer the parent presentation virtual instead of in person. Again, trying to increase parent knowledge and positive response. The times and links will be sent out to SHAC members so they can view the program.

In response to being compliant with HB 496, Stop the Bleed training is being offered to students in 7th-12th grades. It will take place March 25 at the HS. J. Phillips will teach the class and district nurses will assist with the skills portion as needed.

The triennial assessment of the district wellness policy was reviewed in detail. Changes were proposed to best fit our district's needs. The necessary revisions will be made and brought back to the May meeting for final approval.

May 5, 2025

J. Phillips gave updates that 277 employees participated in the recent ultrasounds offered by Elite Medical, and 30 employees took part in the MD Anderson Mammograms.

The triennial assessment has been completed. Copy given to all members to review prior to posting. All were in agreement to move forward with the final draft.

J. Phillips provided an update on the Youth Equipped to Succeed parent presentation last week. Parent participation improved using the virtual option. The number of opt-in's for the presentation has already shown an increase from previous years.

The current Fitness Fusion class attendance was discussed and some new options for next school year were mentioned.