




HIGHLANDS ELEMENTARY LUNCH

PARENTS: SIGN UP HERE FOR LUNCH BUNCH PROGRAM



MAIN ENTRÉE

8/25/2025	8/26/2025	8/27/2025	8/28/2025	8/29/2025
	Hot dog on WG Bun & Bag of Chips OR Daily alternative Vegetable of the day Baked Beans Fresh Vegetable Choice Assorted Fruit Choice of Milk	Hamburger on WG Bun OR Daily alternative Vegetable of the day Potato Wedges Fresh Vegetable Choice Assorted Fruit Choice of Milk	Popcorn Chicken w/ WG Roll OR Daily alternative Vegetable of the day Mashed Potatoes/Corn Fresh Vegetable Choice Assorted Fruit Choice of Milk	Wild Mikes Pizza Slice OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choice Assorted Fruit Choice of Milk
9/1/2025	9/2/2025	9/3/2025	9/4/2025	9/5/2025
	Reg Chicken Patty on WG Bun OR Daily alternative Vegetable of the day Steamed Green Beans Fresh Vegetable Choice Assorted Fruit Choice of Milk	French Toast Sticks w/ Sausage Patty OR Daily alternative Vegetable of the day Hashbrown Fresh Vegetable Choice Assorted Fruit Choice of Milk	Chicken Nachos w/ Cheese OR Daily alternative Vegetable of the day Corn Fresh Vegetable Choice Assorted Fruit Choice of Milk	Calzones OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choice Assorted Fruit Choice of Milk
9/8/2025	9/9/2025	9/10/2025	9/11/2025	9/12/2025
Chicken Tenders (3) w/ WG Roll OR Daily alternative Vegetable of the day Steamed Green Beans Fresh Vegetable Choices Assorted Fruit Choice of Milk	WG Macaroni & Cheese 3/4C OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choices Assorted Fruit Choice of Milk	BBQ Chicken Sandwich on WG Bun OR Daily alternative Vegetable of the day French Fries Fresh Vegetable Choices Assorted Fruit Choice of Milk	Sweet n Sour Chicken w/ WG Rice OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choices Assorted Fruit Choice of Milk	NO LUNCH HALF DAY
9/15/2025	9/16/2025	9/17/2025	9/18/2025	9/19/2025
Meatballs (5) w/ WG Breadstick OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choice Assorted Fruit Choice of Milk	Hot Ham & Cheese on WG Pretzel Bun OR Daily alternative Vegetable of the day Steamed Green Beans Fresh Vegetable Choices Assorted Fruit Choice of Milk	Cheeseburger on WG Bun OR Daily alternative Vegetable of the day French Fries Fresh Vegetable Choices Assorted Fruit Choice of Milk	Walking Taco OR Daily alternative Vegetable of the day Black Beans Fresh Vegetable Choices Assorted Fruit Choice of Milk	Pizza Sticks w/ Marinara OR Daily alternative Vegetable of the day Steamed Cauliflower Fresh Vegetable Choices Assorted Fruit Choice of Milk
9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
Mini Ravioli w/ WG Roll OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choice Assorted Fruit Choice of Milk	Hot Dog with Cheese Sauce on WG Bun OR Daily alternative Vegetable of the day Baked Beans Fresh Vegetable Choices Assorted Fruit Choice of Milk	Grilled Chicken Sandwich on WG Bun OR Daily alternative Vegetable of the day Roasted Potatoes Fresh Vegetable Choices Assorted Fruit Choice of Milk	Chicken Walking Taco on Tostitos OR Daily alternative Vegetable of the day Steamed Corn Fresh Vegetable Choices Assorted Fruit Choice of Milk	Big Daddy Pizza Slice OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choices Assorted Fruit Choice of Milk

DAILY ALTERNATIVES

MONDAY- CHEESEY PULLAPART BREAD W/ MARINARA
 TUESDAY- WOW BUTTER OR PEANUT BUTTER & JELLY
 WEDNESDAY- CHEESEY PULLAPART BREAD W/ MARINARA
 THURSDAY- WOW BUTTER OR PEANUT BUTTER & JELLY
 FRIDAY- CHEESEY PULLAPART BREAD W/ MARINARA

DAILY ALTERNATIVE SALADS

GRILLED CHICKEN SALAD
 VEGETABLE SALAD



What is a Meal?
 Students must choose at least 3/5 components available. A minimum of 1/2 cup serving of fruit AND/OR a minimum of 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat alternative
 Grain/Bread
 Choice of Vegetable
 Choice of Fruit
 Choice of Milk: 1% white, FF white, FF chocolate, FF vanilla

****STUDENTS MAY TAKE UP TO 1 CUP FRUIT AND 1 CUP VEGETABLE BUT MUST CHOOSE MINIMALLY 1/2 CUP OF FRUIT OR VEGETABLE**

Weekly Vegetable Subgroups May Include:
 Dark Green: Spinach, broccoli, romaine, and spring salad
 Red/Orange: Carrots, Sweet Potatoes, tomatoes and red peppers
 Legumes: Beans
 Starchy: Potatoes, corn, peas, lima beans
 Other Vegetables: Celery, Cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

OFFER VS SERVE

HIGHLANDS HAS PARTNERED WITH



Harvest Valley Farms
FROM OUR FARM TO YOUR TABLE

RECIPES & RESOURCES FOUND HERE

FARM TO SCHOOL

"DIGGING DEEPER"



Food Service Director: foodservice@highlandschools.com

This institution is an equal opportunity provider and employer

Menu subject to change- Last minute changes could be necessary until further notice.