AAC Guidance Scope and Sequence

The goals and objectives of this curriculum are designed to equip students with the knowledge, skills, and attitudes necessary for academic success, personal growth, and responsible citizenship from middle school through high school. Emphasizing a holistic approach, the curriculum integrates social-emotional learning with rigorous academic standards to foster self-awareness, effective communication, critical thinking, and resilience. Students will develop essential competencies such as goal setting, time management, digital responsibility, and leadership, while gaining practical knowledge about health, career exploration, and financial literacy. Through reflective practices and real-world applications, learners will be prepared to navigate the complexities of adolescence, make informed decisions, and plan proactively for their educational and career futures.

Q1	Q2	Q3	Q4
4th Grade			
-Demonstrate understanding of core values and articulate their importance in daily interactions. -Identify, name, and describe a range of emotions in self and others. -Express personal feelings by discussing experiences that evoke happiness or sadness. -Recognize and respect personal space boundaries in social settings. -Establish and maintain effective homework routines to support academic success. -Read aloud grade-level appropriate texts with expression and fluency. -Summarize key ideas from texts or multimedia presentations accurately and concisely.	-Collaborate effectively in group projects by contributing ideas and sharing tasks equitably. -Apply basic emotional regulation strategies, such as controlled breathing techniques. -Demonstrate awareness of positive self-talk and build self-confidence through reflective practices. -Understand failure as a learning opportunity and demonstrate resilience in challenging situations. -Develop empathy by engaging with stories that explore diverse perspectives and experiences. -Utilize simple coping strategies, including seeking support and taking purposeful breaks. -Use “I feel” statements and maintain mood journals to express emotions constructively.	-Employ basic note-taking skills, including identifying keywords, using drawings, and highlighting important information. -Participate in role-playing activities to practice friendly introductions and social greetings. -Practice turn-taking and active listening skills through structured games and activities. -Interpret tone of voice and facial expressions to enhance understanding of communication. -Resolve simple peer conflicts with adult guidance using effective communication strategies. -Demonstrate digital kindness by following basic rules for respectful commenting and online gaming interactions. -Create and use visual aids such as drawings and charts to support presentations.	-Reflect on personal aspirations and professional goals through drawings or verbal sharing. -Identify community helpers and describe their roles and contributions. -Engage in interactive activities to build knowledge of various professions. -Illustrate future career interests through self-portraits or creative drawings. -Develop and deliver mini-presentations, including show-and-tell and personal storytelling. -Participate in experiential learning by interacting with professionals through visits or multimedia resources.

5th Grade			
-Demonstrate understanding of core values and apply them to personal and social contexts. -Develop note-taking skills by extracting key information from videos and stories. -Exhibit empathy and self-awareness through activities promoting self-love. -Recognize and appreciate individual differences through inclusive activities that embrace diversity. -Explore the emotional and practical applications of artificial intelligence in communication. -Analyze verbal and non-verbal communication cues and their effects on interpersonal interactions. -Participate in group reading and shared storytelling to enhance oral fluency and comprehension.	-Practice gratitude through journaling and collaborative classroom activities. -Demonstrate active listening skills focused on understanding rather than reacting. -Identify bullying behaviors and develop strategies to prevent and address them. -Reflect on changing perspectives regarding failure and resilience. -Apply forgiveness and letting-go strategies to improve social relationships and emotional well-being. -Develop organizational skills to support academic success. -Understand the impact of nutrition and addictions on personal health.	-Practice respectful disagreement and constructive communication in group settings. -Engage in group decision-making processes through collaborative games and activities. -Demonstrate kindness and empathy in both online and offline social interactions. -Create visual aids such as posters to address problem-solving and conflict resolution. -Recognize and resist negative social behaviors such as exclusion and gossip. -Understand the importance of protecting personal information in social and digital contexts. -Respect personal space boundaries in social interactions.	-Develop presentation skills through mini-projects such as "A Day in the Life of..." vlogs. -Deliver simple oral presentations about family members' professions with appropriate permissions. -Practice expressing gratitude sincerely to others, focusing on strengths rather than faults. -Create visual representations of future workplaces to explore career aspirations. -Research various career options and present findings through guided independent projects. -Write reflective summaries about learning experiences and share them orally with peers.

6th Grade			
-Demonstrate effective social skills including making friends, setting personal boundaries, building refusal skills, initiating conversations, fostering group belonging, and resolving conflicts. -Understand and follow school routines and expectations related to sleep schedules, healthy eating, and responsible device use. - Students will describe basic concepts of artificial intelligence and demonstrate responsible, ethical use of AI tools in everyday learning activities. -Identify and interpret emotions through recognition of facial expressions and related physical changes. -Develop time management and organizational skills by prioritizing tasks, optimizing environmental settings, and maintaining concentration.	-Identify personal stressors and implement positive, proactive stress management techniques. -Apply active listening strategies and use assertive communication in social interactions. -Differentiate between verbal and non-verbal communication cues to enhance interpersonal understanding. -Analyze the concept of popularity and its influence on social relationships and behavior. -Implement proper sleep hygiene practices to support immune function, mental health, academic performance, and physical well-being.	-Articulate the importance of learning and its impact on personal growth. -Examine the influence of peer pressure and develop strategies to manage its effects. -Take personal responsibility for conduct and digital citizenship on online social platforms. -Utilize mnemonic devices and memory techniques to improve learning and information retention. -Explore and articulate personal interests, strengths, and hobbies to support self-awareness. -Build character and resilience by adopting a growth mindset when facing challenges.	-Recognize unhealthy habits such as excessive screen time and poor nutrition, and set realistic health and wellness goals. -Review principles of healthy decision-making to support overall well-being. -Investigate and understand various career options and pathways. -Learn foundational concepts of positive psychology to promote mental wellness. -Develop awareness of mental health issues including anxiety, depression, and addiction.
7th Grade			
-Demonstrate personal responsibility by taking ownership of actions and understanding their	-Understand adolescent brain development and its impact on behavior and learning.	-Apply problem-solving skills to identify issues and develop effective solutions.	-Identify and reflect on personal values, interests, and strengths to support self-awareness and goal setting.

consequences. -Set, monitor, and adjust academic and personal goals to support growth and achievement. -Maintain healthy routines encompassing diet, exercise, and sleep to promote overall well-being. -Identify and apply individual learning styles including visual, auditory, and kinesthetic modalities. -Acquire advanced study skills such as outlining, effective note-taking, and critical thinking. -Employ time management techniques to enhance productivity and meet deadlines.	-Develop coping strategies to manage stress and emotional challenges effectively. -Enhance communication skills for diverse social and academic contexts. -Recognize the effects of bullying and demonstrate upstander behaviors to promote a positive environment. -Identify signs and symptoms of anxiety and depression and understand the importance of mental health awareness. -Cultivate a positive self-image through self-reflection and affirmation. -Explore and articulate personal values, interests, and strengths to guide decision-making.	-Make informed decisions by evaluating risks and distinguishing between safe and unsafe choices. -Demonstrate responsible digital citizenship and online behavior. -Students will apply AI tools to support problem-solving and creative projects while analyzing the benefits, limitations, and ethical considerations of AI technologies. -Collaborate effectively in group settings by contributing constructively and respecting diverse perspectives. -Differentiate between jokes, flirting, and sexual harassment, and apply assertiveness skills to address inappropriate behavior.	-Explore a variety of career options to build awareness of potential pathways. -Connect personal interests and strengths to relevant career fields and opportunities. -Reflect on personal growth and learning throughout the year, articulating how experiences have influenced development through written expression. -Conduct research and apply critical thinking to analyze and synthesize information.
8th Grade			
-Demonstrate strategies to develop and sustain academic success through goal setting and effective study habits. -Conduct self-assessments to identify academic strengths and areas for growth. -Analyze the impact of healthy decisions regarding nutrition, sleep,	-Build and maintain trusting relationships with peers through effective communication and respect. -Apply conflict resolution strategies to address and resolve interpersonal disagreements constructively. -Develop resilience by adapting positively to challenges and setbacks. -Master emotional regulation	-Understand and develop leadership skills applicable in school and community contexts. -Identify roles and responsibilities that contribute positively to the community and society. -Recognize risks associated with mental illness and understand the importance of mental health	-Prepare for high school success by learning test-taking strategies, course selection processes, and graduation requirements. -Explore diverse career pathways and understand necessary education and training for those careers. -Examine the relationship between education, training, and career

exercise, and lifestyle on overall well-being and academic performance. -Articulate personal values and ethical principles to guide behavior and decision-making. -Students will critically evaluate AI-driven information, integrate AI tools to enhance academic work, and explore AI's influence on careers and society. -Foster collaboration and teamwork skills in group projects and community activities. -Promote cultural awareness and respect for diversity in school and community environments.	techniques to manage stress and maintain well-being. -Develop critical thinking and problem-solving skills to address complex academic and social challenges. -Practice effective time management and organizational skills to balance academic, social, and personal commitments. -Analyze stress management techniques and develop personalized coping strategies.	awareness. -Discuss the influence of peer pressure and cultivate healthy relationships, including safe online interactions. -Evaluate options and consequences to make informed decisions in academic, social, and personal contexts. -Engage in digital citizenship by demonstrating responsible and ethical use of technology.	opportunities. -Understand adult responsibilities including financial literacy, civic duties, and personal accountability. -Reflect on yearly learning experiences and articulate personal growth through written and oral expression. -Cultivate a growth mindset to embrace learning opportunities and persist through difficulties.
9th Grade			
-Demonstrate understanding of the high school academic system, including GPA calculation, Advanced Placement (AP), International Baccalaureate (IB) programs, graduation requirements, credits, and credit recovery options. -Apply stress and anxiety management techniques to address academic pressures and fear of failure. -Utilize organizational tools and strategies to track academic assignments and manage time	-Develop self-advocacy and conflict resolution skills to navigate academic and social challenges. -Understand college admission requirements, including standardized tests (SAT, ACT) and college entrance essays. -Enhance oral communication skills by developing eloquence and effective speech-giving techniques. -Adopt healthy coping mechanisms to manage personal and academic challenges.	-Analyze course selection and its impact on future career options and academic pathways. -Demonstrate personal responsibility for digital presence and online behavior. -Students will independently use advanced AI technologies to conduct research, solve complex problems, and advocate for ethical AI practices while considering societal impacts and career opportunities. -Cultivate leadership qualities and	-Explore college options and post-secondary pathways to inform educational planning. -Apply decision-making skills by evaluating risks, benefits, and consequences in academic and personal contexts. -Set long-term academic, career, and personal goals with actionable plans. -Create and maintain a comprehensive career portfolio including resume development, documentation of volunteer work, and extracurricular activities.

effectively. -Build self-confidence by developing academic and personal skills through reflection and practice.	-Participate in drug and alcohol awareness education to make informed health decisions.	personal accountability in academic and community settings. -Develop financial literacy skills, including saving, budgeting, and exploring scholarships for higher education.	