

Norwell Public Schools Arts/Wellness Dept.	Pacing Guide	Course/Grade: K-5 (SEL)
--	--------------	-------------------------

Month	Units/Lessons	Relevant Standards
<b>Year long</b>	<p>Calm Classroom, all grades daily            Responsive Classroom, all grades daily            Neurodiversity Week, all grades, third week of March annually            Student government collections/donation drives, all grades-year long</p> <p>Links:</p> <ul style="list-style-type: none"> <li>• Second Step <a href="#">Scope and Sequence</a></li> <li>• Second Step <a href="#">Framework Alignment</a></li> </ul>	<p><b>Practice 2</b>            Mental and Emotional Health 2.2.MH.2- 3</p> <p><b>Practice 3</b>            Mental and Emotional Health [2.3.MH.8], [5.3.MH.4]</p> <p><b>Practice 5</b>            Mental and Emotional Health 2.5.MH.7</p> <p><b>Practice 7</b>            Public, Community, and Environmental Health            2.7.CE.5</p>
<b>September</b>	<p><b>Teachers:</b></p> <ul style="list-style-type: none"> <li>• All grades: Second Step Bullying Prevention Unit- Intro</li> <li>• All grades: Second Step SEL- Lessons 1 and 2 (Growth Mindset and Goal-Setting Unit)</li> </ul> <p><b>Counselor:</b></p> <ul style="list-style-type: none"> <li>• All grades: Second Step Bullying Prevention Unit Lesson 1</li> </ul>	<p><b>Practice 2:</b> Personal Safety [2.2.PS.1, 2.2.PS.2];            Mental and Emotional Health 2.2.MH.1, 4-5; Physical Activity and Fitness 2.2.PF.1- 5]</p> <p>Mental and Emotional Health [5.2.MH.7, 10-12]</p> <p><b>Practice 3:</b> Healthy Relationships [2.3.HR.1];            Mental and Emotional Health [2.3.MH.6] and [5.3.MH. 2&amp;3]; Healthy Relationships [5.3.HR 1-5]</p> <p><b>Practice 5:</b> Mental and Emotional Health [2.5.MH.4; 2.5.MH.5, 2.5.MH.6]; [5.5.MH.2- 4]</p>
<b>October</b>	<p><b>Teachers:</b></p> <ul style="list-style-type: none"> <li>• All grades:Second Step Bullying Prevention Unit- Lesson 2</li> <li>• All grades: Second Step SEL- Lessons 3 and 4 (Growth Mindset and Goal-Setting Unit)</li> </ul>	<p><b>Practice 2:</b> Personal Safety [2.2.PS];            Mental and Emotional Health [5.2.MH.7], Mental and Emotional Health MH.1, Mental and Emotional Health MH.2 Self-Management and Goal Setting [5.2.10-12]</p> <p><b>Practice 3:</b> Healthy Relationships [2.3.HR] and [5.3.HR];</p>

		<p>Mental and Emotional Health [5.3.MH]</p> <p><b>Practice 5:</b> Mental and Emotional Health [2.5.MH]; [5.5.MH.2- 4]</p> <p><b>Practice 6</b> Physical Health and Hygiene 2.6.PH.3</p>
<b>November</b>	<p><b>Teachers:</b></p> <ul style="list-style-type: none"> <li>• All grades: Second Step Bullying Prevention Unit Lessons 3 and 4</li> <li>• All grades: Second Step SEL- Lesson 5 (Growth Mindset and Goal-Setting Unit)</li> </ul>	<p><b>Practice 2:</b> Personal Safety [2.2.PS.1- 2]; Mental and Emotional Health [5.2.MH.7]; Mental and Emotional Health MH.1;Mental and Emotional Health MH.2;Self-Management and Goal Setting [5.2.10-12]</p> <p><b>Practice 3:</b> Healthy Relationships [2.3.HR and [5.3.HR]; Mental and Emotional Health [5.3.MH.1 &amp; 5];</p> <p><b>Practice 5:</b> Mental and Emotional Health [2.5.MH]</p>
<b>December</b>	<p><b>Teacher:</b></p> <ul style="list-style-type: none"> <li>• All grades: Second Step SEL- Emotion Management Unit- Lessons 6 &amp; 7</li> </ul> <p><b>Counselor:</b></p> <ul style="list-style-type: none"> <li>• Kindergarten- read "I Said No" by Kimberly King</li> <li>• 4th grade- read "The Kid Trapper" by Julia Cook</li> <li>• 5th grade Vinal- Celebrating Differences</li> </ul>	<p><b>Practice 2</b> Personal Safety [2.2.PS.3- 7], [5.2.PS.6- 9]</p> <p><b>Practice 3</b> Mental and Emotional Health [5.3.MH. 1 &amp; 5] Healthy Relationships; [2.3.HR.2- 3]</p> <p><b>Practice 5</b> Mental and Emotional Health[2.5.MH.1- 7]</p>
<b>January</b>	<p><b>Teachers:</b></p> <ul style="list-style-type: none"> <li>• Second Step SEL- Emotion Management Unit- Lessons 8-10</li> <li>• K field trip to International Fair at Norwell High</li> </ul>	<p><b>Teachers:</b></p> <p><b>Practice 1:</b> Decision-making and Problem-solving. Nutrition and Balanced Eating [2.1.NE.6]</p> <p><b>Practice 2</b> [2.5.MH]; Healthy Relationships; Mental and Emotional Health 5.2MH 1-3, 5</p> <p><b>Practice 3</b> Healthy Relationships [5.3.HR.3]</p>

		Mental and Emotional Health [5.3.MH.1 & 5]
<b>February</b>	<p><b>Teachers:</b></p> <ul style="list-style-type: none"> <li>• Second Step SEL- Empathy and Kindness Unit- Lessons 11 &amp; 12</li> </ul> <p><b>Counselor:</b></p> <ul style="list-style-type: none"> <li>• Kindergarten- Read “Judgmental Flower” by Julia Cook</li> <li>• 1st grade- read “All Kinds of Families” by Suzanna Lang</li> <li>• 2nd grade- Read “John’s Turn” by Marc Burnett</li> </ul>	<p><b>Practice 2</b></p> <p>Mental and Emotional Health [5.2.1- 3, 5, 8]</p> <p>Physical activity and fitness [5.2.PF.1]</p> <p>Mental and Emotional Health [5.2.MH 1-5, 8]</p> <p><b>Practice 3</b></p> <p>Healthy Relationships 2.3.HR.1-10]; Mental and Emotional Health 2.3.MH.1-7, 9] Healthy Relationships 5.3.HR.1-3</p> <p>Mental and Emotional Health [5.3.MH.1 &amp; 5]</p> <p><b>Practice 5</b></p> <p>Mental and Emotional Health [2.5.MH.8]</p> <p><b>Practice 7</b></p> <p>Public, Community, and Environmental Health [5.7.CE.7 -8]</p>
<b>March</b>	<p><b>Teacher:</b></p> <ul style="list-style-type: none"> <li>• Second Step SEL- Empathy and Kindness Unit- Lessons 13-15</li> </ul> <p><b>Counselor:</b></p> <ul style="list-style-type: none"> <li>• Kindergarten- read Julia Cook’s book “Hygiene You Stink”</li> <li>• Grade 4 “I Am” poems lesson from Kindness in the Classroom curriculum</li> </ul> <p><b>Technology Teacher:</b></p> <ul style="list-style-type: none"> <li>• How media impacts us</li> </ul>	<p><b>Practice 2</b></p> <p>Physical Health and Hygiene [2.2.PH 1 &amp; 3, 4]</p> <p><b>Practice 3</b></p> <p>Healthy Relationships 5.3HR 1-3;6-7</p> <p><b>Practice 5</b></p> <p>Mental and Emotional Health [5.5.MH.1]</p> <p><b>Practice 6</b></p> <p>Physical Health and Hygiene 2.6.PH.1-2]</p> <p><b>Practice 7</b></p> <p>Physical Health and Hygiene [2.7.PH.1-4]; Public, Community, and Environmental Health [5.7.CE.7 -8]</p>

<p><b>April</b></p>	<p><b>Teachers</b></p> <ul style="list-style-type: none"> <li>• Second Step SEL- Problem-Solving- Lessons 16 &amp; 17</li> </ul>	<p><b>Practice 5</b> Mental and Emotional Health 2.5.MH.8</p> <p><b>Practice 7</b> Public, Community, and Environmental Health [5.7.CE.7]</p>
<p><b>May</b></p>	<p><b>Teachers</b></p> <ul style="list-style-type: none"> <li>• Second Step SEL- Problem-Solving- Lessons 18-20</li> </ul> <p><b>Counselor/Nurse:</b></p> <ul style="list-style-type: none"> <li>• Grade 5: Puberty: the Wonder Years</li> <li>• Grade 5: Substance Use and Misuse lessons from <a href="https://www.ncesd.org/behavior-health/substance-abuse-prevention-grades-3-12/">https://www.ncesd.org/behavior-health/substance-abuse-prevention-grades-3-12/</a></li> </ul>	<p><b>Practice 2</b> Physical Health and Hygiene [2.2.PH 1 &amp; 3, 4]; [5.2.PH.1- 7]</p> <p><b>Practice 3</b> Substance Use and Misuse [5.3.SU (all)] Mental and emotional Health 5.3MH.2</p> <p><b>Practice 5</b> Mental and Emotional Health [5.5.MH.5- 6];</p> <p><b>Practice 6</b> Substance Use and Misuse [2.6.SU.1- 2]; Sexual Health [5.6.SH.1- 4, 6- 7]</p> <p><b>Practice 7</b> Public, Community, and Environmental Health [5.7.CE.7]</p>
<p><b>June</b></p>	<p><b>Counselor/Nurse:</b></p> <ul style="list-style-type: none"> <li>• Grade 5: Puberty: the Wonder Years</li> <li>• Grade 5: Substance Use and Misuse lessons</li> <li>• Read aloud “It Feels Good to be Yourself” to 5th grade</li> </ul> <p><b>Counselor:</b></p> <ul style="list-style-type: none"> <li>• Transitions to new classes/schools</li> </ul> <p><b>Kindergarten:</b></p> <ul style="list-style-type: none"> <li>• Field trip to Egypt Beach</li> </ul>	<p><b>Practice 3</b> Healthy Relationships [5.3.HR.9- 10]</p> <p><b>Practice 5</b> Mental and Emotional Health [5.5.MH.5 -6]</p> <p><b>Practice 6</b></p>

		<p>Substance Use and Misuse [2.6.SU.1- 2]; Sexual Health [5.6.SH.1- 4, 6- 7]</p> <p><b>Practice 7</b></p> <p>Public, Community, and Environmental Health [2.7.CE.1- 4]</p>
--	--	--